



The **SPECTRUM**

**“Achieve the wisdom of knowledge of Truth
as this will enable you to wisely follow the Laws of The Creation.”**

— A Non-Profit Educational Corporation Dedicated To Bringing You The Truth —

VOLUME 2, NUMBER 2

NEWS REVIEW

\$ 4.50

JULY 4, 2000

The Ticking Time-Bomb

* *PROZAC* *

Prescription For Disaster

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Wisdom Books & Press Summer 2000 Catalog Insert

6/28/00 RICK MARTIN

“Fear and intimidation are the basic techniques by which the conspirators maintain their control over all aspects of our health care, as they ruthlessly crush any competitor who challenges their profits.”

— Eustace Mullins, *Murder By Injection: The Story Of The Medical Conspiracy Against America* (1988).

It's no secret that the power-elite-controlled pharmaceutical companies are making billions of dollars in profits every year. Never mind the trail of dead bodies that can only be called “acceptable losses” to those sitting in plush corporate office suites counting their profits. The saga of human suffering that accompanies these dangerous chemicals so freely dispensed by the medical establishment in today's “practice” of medicine is vast in scope and devastating in outcome.

(Please see **PROZAC** Prescription For Disaster, p.15)

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Update From Our Editor

The paper covering the full spectrum of news and information to help you to follow the First Law of The Creation. The Highest (First) Command of The Law of The Creation states: "Achieve the wisdom of knowledge of Truth, as this will enable you to wisely follow the Laws of The Creation." In other words, go forth and gain as much knowledge and experience as you can.

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We intend to offer, to the best of our ability, The Truth, however it comes to us, in order to allow you to make up your own mind and be able to make informed decisions about things that impact your daily life. We hope to broaden your choices and allow you to create for yourself a better world.

All manuscripts submitted must be either typewritten and double-spaced, or preferably on disk. If return is desired, a stamped self-addressed envelope is required. *The SPECTRUM* assumes no responsibility for unsolicited manuscripts.

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Several months ago we were invited to join the AMA. No, we haven't sold out to the medical police! This AMA is the American Media Association and we are honored and delighted to be a member of this group—even if we're more than a bit tardy in conveying that news to you.

In one sentence, the AMA stands for truth and responsibility in the media. Or as their own literature puts it:

"The American Media Association consists of a cross section of media organizations and journalists who have associated themselves for the purpose of supporting each other in the now dangerous occupation of resisting 'establishment' media moguls and powerful globalist interests, through publishing the Truth on various subjects and current affairs.

"AMA members generally consider themselves to be patriotic, God-fearing Americans who wish to warn their respective audience(s) of the clear and present danger to our liberty. Each publisher, journalist, and/or broadcaster has his or her own area of expertise and focus. Some concentrate on exposing the ongoing abuses of the federal government and its numerous alphabet-soup agencies, while others concentrate on law, taxes, health, or religious persecution. Some may have non-political agendas, focusing simply on the news of the day.

"Members' publications range from small, home-spun newsletters, to large-circulation weeklies, daily newspapers, or magazines.

"Editors, publishers, freelance journalists, researchers, talk radio and television hosts, Internet publishers, and even pastors and evangelists all grace our ranks."

Well, that says a mouthful. And I would offer that even if the focus is "simply" upon the news of the day, if reported honestly and with thoughtfulness, that alone HAS to bump into the purposely engineered ills and injustices overwhelming modern society. That is, if your intentions rest upon responsible journalism, it's just about impossible to avoid, from one angle or another, having to confront longstanding conspiracies against we-the-people!

Whether we look at the recent "retirement" of popular late-night talk-radio host Art Bell, or the raiding of the offices of, say, a small publication that may be printing a version of our Constitution containing the original (and

now conveniently missing) 13th Amendment (which said that nobody having a "Title of Nobility" may hold high public office; among other things, that means no lawyers in the government), sharing Truth can be a perilous pursuit. Or as the AMA states it:

"While not all have been 'branded' as members of the 'vast right-wing conspiracy', many AMA members are and have been the subjects of demonization, abuse, and/or attack by special interest groups and/or media organizations and particular government agencies.

"Their only crime is that of exercising their First Amendment right to freely publish their views and expose wrong-doing as they see fit....

"It is a sad commentary for our nation when so many pro-American, independent news-gathering and dissemination organizations and individual journalists feel it is NECESSARY to band together for their own survival and defense—but alas, it has become necessary; hence, the reason for this important association.

"We associate together as a matter of survival to save this nation, its laws and its moral ethics—and we do so in the name of God, for our posterity's Liberty."

Amen.

Next item on the agenda is to remind a large segment of you about renewal time. There is a general notice elsewhere in this issue of *The SPECTRUM*, and the address label on the envelope carrying your paper lets you know how many issues you have left. I only mention this subject here because a large number of you are at the end of a one-year subscription cycle if you've been aboard from the start.

There was a "happy accident" at the printer (Are there REALLY any accidents?!) when the last issue of *The SPECTRUM* was published. The result was the paper being printed on "50-pound offset" (heavier, whiter) paper. I only mention this here because we were startled by the number of you readers who commented about how much you liked the way the paper looks and feels and stores as a result of that paper stock. Of course it costs a bit more to print on that paper, and mailing the heavier papers raises postal costs some, but maybe it's worth it. This issue has been printed on the same high-quality paper. Please let us know what you think about this change.

— Dr. Edwin M. Young, Editor-In-Chief



The News Desk

7/1/00 DR. AL OVERHOLT

This message was posted to APFN Message Board (<http://www.INSIDETHEWEB.COM/mb1075995>), 22 May 2000: [quoting]

Subject: GUARD OFFICER LEAKS INFO ON AMERICAN DEATH CAMPS

Date: 22 May 2000, 11:54:52 -0600

From: Christopher Ruby, safetrek@mcn.net

American Death Camps

by Samuel Foster
(submitted by Nicky)

We live in strange times. Suffice it to say I am a captain (not my actual rank, but at least that) in the National Guard; but I can't tell you which state, as that information surely will be the quick road to my demise. I have faithfully served my country in Desert Storm and Panama, both events having nothing to do with the national security safety of this great country of ours.

My wife has the same disease I have, and the doctors are still telling me I have the flu. Does a flu last eight years? We'll get to that later. We both are under the age of forty, but we no longer look young.

Nothing can change my mind that my superiors—so-called officers and gentlemen—have murdered us.

One of my duties requires me to train, through rotation with other units, the ongoing guard staff of various clandestine prisons which many Americans and oversight committees do not know exist. These prisons, or "camps" as we call them, were built for no other purpose than for the common American taxpayer. I know. I helped build three of them.

Somewhere along the way, I have lost my soul in the process.

I know for a fact that this government of ours plans to turn America into a wasteland of proportions that stagger any imagination. It is the Pentagon's and Wall Street's ambition to create no less than a slave state by the year 2001. They will do it, too—with the media's help—because, in many ways, they have already succeeded in destroying our civil liberties and making the middle-class an ancient idea.

How can I say these things? From where do I speak?

A few years ago, I was called to a meeting in Fort Mead to join the augmenting of a unit which would report directly to FEMA in the event of national disasters. Did we discuss earthquakes, tornados, or flooding? Not on

your life. After obtaining several new written security clearances, and after having signed no less than eleven documents—all giving away my life and liberty should I ever speak out—I was let in on the following plan.

Before giving out the structure of this plan, I beg anyone who reads this document to share, with as many people as possible, what I consider our last, best chance to reverse the horrible course this country is going to take very soon. The outline is as I remember it, as everything was verbal; nothing was ever written down.

Troop movements, orders, and materiel were all coded with words that meant something other than what they were. For example, if we needed 150 new prison cells, we didn't call them prison cells; they became "Cfood units, CIV". Given a code sheet, we could then interpret and act upon any written order. Most were email in our net and were to be destroyed once the order was carried out. This was routine policy and is still in effect today.

1. Establish a network of prisons to deal with the estimated twenty million Americans who will not go along with the New America. This new country will no longer resemble the USA we all grew up in. It will be a dictatorship with institutionalized and mandated slave labor.

2. Schools will no longer teach actual history. The schools of the future will mainly be warehouses for the young. They will teach the party system: that family is dead, and that work is good. Discovering this point made me so violently ill I became incontinent.

3. Voting will be suspended. Many of us already know that the American vote is a sham. Officers above the rank of Major are well aware of who gives the orders in this country. Not the White House, but the CIA. The White House and its changing occupant are merely the visible servant of something much darker, and the President's sole purpose is to create laws which lower real income, create war states, and keep the military machine running with ever-expanding budgets. I know. I was there at many meetings where foreign policy was dictated by four-star Generals.

4. Gun owners will have their guns taken, by force if necessary, before many of the plan's points are made operational.

5. The enforcers of the plan will be NATO and UN forces, working in cooperation with the US military, and headed by the product from the Intel groups and FEMA.

6. Use the lists compiled by the FBI and NSA, and round-up all those men and women who have ever shown any inkling whatsoever in the *Constitution* or civil rights. This

especially includes gun owners and religious persons.

7. Using lists obtained from grocery stores and banks, individuals with income spent on stockpiling of goods will also be rounded up and their property absconded.

8. The teachings of Hinduism, Christianity, and Islam will be considered anti-American. Pastors, preachers, and holy men and women are to be rounded-up for "re-education".

9. The establishment of work colonies and the takeover of the media by the Pentagon.

10. Free trade of stocks will be frozen, and the assets of many individuals outright taken away.

11. The creation of mass crematoriums in Arizona, Texas, and Washington. The dead will no longer be buried, but will be sent to a place where they will be "cleansed".

12. The creation of a national police force with complete power. This point, as with many others, has already occurred, and the force is now 80% operational.

Friends, there is little more that I can say, except to give you my promise that I will constantly provide as much facts as possible to lead you to the truth. You want camp locations? I'll get them out. You want dates and places? I'll get them too.

God help us in our time of need. Sam.

[End quoting]

For several years now there has been a steady stream of credible reports concerning these "holding centers" being worked on or completed, usually in rural or remote locations. Like with the chemtrails issue that we reported new information on last month and again in this issue of *The SPECTRUM*, if just SOME of those who have had to "sell their soul" to make these projects run were to come forward and tell the truth about what they know, the New World Order's agenda of slavery would be on shaky ground.

ELEVEN DAYS—FOUR RIOTS— ANARCHISTS—BLACK PANTHERS— WHAT'S NEXT?

From *RUMOR MILL NEWS (RUMILLS)*, (<http://www.rumormillnews.com>), 6/21/00: [quoting]

ELEVEN DAYS—FOUR RIOTS— WHAT'S NEXT?

So much has happened in the last eleven days that it appears we are getting ready to see the long, hot summer of anarchy, rape, and race riots that *Rumor Mill News* sources have predicted.

Sunday, June 11:

WOMEN SEXUALLY ASSAULTED IN CENTRAL PARK

The current set of events started in New York's Central Park after a Puerto Rican parade. Over 40 women were attacked,

stripped, and sexually assaulted.

Friday, June 16:

NEW BLACK PANTHERS, IN FULL UNIFORM, CARRYING AK-47'S DEMONSTRATE IN HOUSTON

Next came the New Black Panthers who marched on a Republican meeting in Houston. They were in uniform and fully armed with AK-47s. They demanded that Texas reverse the death penalty for a prisoner on death row.

Monday, June 19:

ANARCHISTS RIOT IN OREGON

Then came the Anarchists who rioted in Oregon on the anniversary of another anarchist riot one year before.

Tuesday, June 20:

RIOT AFTER BASKETBALL GAME IN LOS ANGELES

The last incident in this current set of four occurred in Los Angeles where riots broke out after a basketball game.

Are these isolated incidents? Or is there something that draws all of these events together? Is there a shadow network of operatives who are "handling" each one of these events? Are these being orchestrated to divert our attention from other more important things, or are they being staged to bring on martial law and the takeover of the United States by a One World Government?

In December of 1999, *Rumor Mill News* placed a video on our Forum. It was called *Times Square Military Assault?* The video was a training video that was made to show operatives of a clandestine operations group, what the area in New York City looked like so they could better understand their mission.

Many people did not feel the video could be real. *Rumor Mill* was told that it was made in order to derail a race war that was going to be incited by the NWO in Times Square on New Year's Eve. Turning the races, the genders, and the economic classes against each other has been the plan of the NWO for over 50 years. They divide in order to conquer.

If the race war had been successfully launched, the United States would have been engulfed in riots of all types. Martial "rule" would have been imposed, United Nation troops would have been brought in to maintain the peace, and the America we knew would be history.

The event in Central Park 11 days ago, reminded me of the central theme of the Times Square Video. A White woman, who was a member of the special operations team, was scheduled to be stripped naked and raped by Black men.

This was the fuse that would ignite the race war. The race war would bring about martial law, which would allow the government to eliminate all the undesirables. After the undesirables are gone, the United States would be reformed under a One World Government.

As said before, this divide-and-conquer

scenario has been on the books for at least 50 years.

Are the events of the last 11 days precursors to even more violence? Will the Mexican border war erupt into a race war between Hispanics and Whites? Will the New Black Panthers create an incident that causes a race war? Even though these events have been planned for 50 years, can we somehow avert them? Or do we have to go through them in order to wake up and realize how good we have had it.

STRIPPED NAKED, VIDEO TAPED, AND RAPED

The above words were used by the women who were attacked in Central Park.

The husband of a French woman who was attacked told *Fox News*: "The marauders threw her down and stripped her naked."

Another victim, Anne Peyton Bryant—in an interview on *Fox News*, talked about the gang who threw her to the ground and tried to rip off her clothes. She said: "They got a White girl."

The following sentence is taken from the transcript of *Times Square Military Assault* video. Notice how similar it is to what was said by Anne Peyton Bryant and the French husband.

"OK, so our girl is gonna go and do her thing right here. She's jumped, she's stripped, and she's screamin' by 23:10."

The above was said by the commander of the operation. The team had a member who was a White girl. The Black members of the special operations group will attack her, strip her, and try to rape her. She will start screaming, just as the girls in Central Park started screaming.

It would be just like the NWO to stage a racial incident where a White woman is attacked by Black men in *Times Square*. This incident would be used to bring about planned chaos and martial law.

<<http://www.rumormillnews.com/cgi-bin/config.pl?read=449>>

Four events have just happened in the United States. Two were race or gender related, two appeared to be pure anarchy. Are these four events in eleven days mere coincidences, or do we have more coming?

<<http://www.rumormillnews.com/cgi-bin/config.pl?read=3724>>

Check the above Internet site for documentation of the above mentioned uprisings—and for the transcript of the *Times Square Video*. [End quoting]

We need to take into account what the officers who were to maintain control did after the riot started in Los Angeles: They were told to stay back and watch until they were ordered to move in. That is exactly what they did in the last huge riot in LA (Watts) and were told that is the wrong thing to do, but the cops on the line were deliberately told to do the same thing again. (According to the reports, the

officers were complaining about standing and watching instead of moving in.) Does this leave much doubt in anyone's mind what the intention was and how this probably was staged? How about this being a *WAG THE DOG* script as usual, but through help from the Lighted Ones it failed? And the same for the other 3 above? I have a definite feeling we are being helped from some good people or beings, otherwise we probably would be under martial law. I also feel that many more events will be attempted before this year is over.

CANADIAN FARMER IN
CRUCIAL GM FOOD WAR
WITH MONSANTO

From the INTERNET, <<http://sightings.com>>, 6/20/00: [quoting]

Environment News Service, SASKATOON, Saskatchewan (ENN)—On the Great Plains of Canada, farmer Percy Schmeiser has engaged in a David and Goliath battle which could save farmers and consumers around the world from a genetically modified food (GM) nightmare beyond anything they have experienced so far.

Farmer Schmeiser's fame in North America is guaranteed to cross the Atlantic as details of his epic tussle in Canada's Supreme Court with the GM seed company Monsanto builds up steam.

Monsanto has accused the farmer of "stealing" its rape oil super-seeds.

Schmeiser is counter-suing the giant American biotechnology company for about £4.2 million (US\$6.5 million) for polluting his GM-free farmland without his knowledge.

"If just one farmer in Britain or Europe gets one of these Monsanto rape oil seeds that invaded my land, there will be nobody who won't have contaminated crops in just a matter of years—whether they like it or not" said 69-year-old Schmeiser as his legal team confronted Monsanto's lawyers in the prairie city of Saskatoon.

The outcome of the landmark Schmeiser vs. Monsanto case could influence how much control biotechnology companies like Monsanto and Advanta—the Canadian company which this year inadvertently distributed genetically contaminated rapeseed oil in Europe—have over the world's food supply in this century.

"Farmers here are calling it a reign of terror" said Schmeiser as he recalled the bizarre chain of events which brought him into unyielding conflict with Monsanto.

The court battle has huge implications for farmers everywhere.

If Monsanto wins and Westminster eventually approves the commercial growing of GM crops, Roundup Ready canola may reach European shores intentionally.

It has already arrived accidentally, shipped by the Canadian company Advanta last month

mixed in with a shipment of traditional seeds. Farmers across Europe tore up crops grown from the Advanta seeds, some of the work paid for with government funds.

Schmeiser, who has grown rapeseed oil—known as Canola in the United States—on his 1,400 acres for 40 years, first detected trouble three summers ago. He sprayed the powerful Monsanto weed killer Roundup around electricity poles and in ditches on the borders of his farm. The herbicide killed all the weeds except for a thin scattering of rapeseed oil plants, which stubbornly refused to die.

Schmeiser had been crossbreeding his own rapeseed oil for more than 30 years, saving seeds from each year's harvest to replant his fields the following season, as farmers have done for thousands of years. Now, he wondered, had he accidentally created some kind of Frankenstein mutant? The same thing happened when he sprayed a trial strip 30 yards wide in the middle of one of his rapeseed oil fields near the hamlet of Bruno, Saskatchewan. Again, some of the plants refused to die.

Schmeiser mentioned his Frankenstein plants to neighboring farmers. Then private investigators arrived uninvited and snipped samples of his crops for DNA testing.

Some of the samples tested positive for a gene Monsanto had genetically engineered into rapeseed oil to produce an entirely new, high-yielding variety the company christened Roundup Ready Canola. The new gene, taken from a bacterium, enabled Roundup Ready Canola to survive Monsanto's flagship Roundup weed killer.

North American farmers were deeply impressed by the Monsanto breakthrough.

Roundup Ready Canola guaranteed increased profit margins because there was no longer any need for expensive herbicides. "Cleaner fields, higher yields" went the marketing slogan.

Some 20,000 farmers use the genetically modified rapeseed in Canada. But Monsanto, whose 210-acre complex near St. Louis is reputed to be the biggest biotechnology research center in the world, needed to recover the huge investment—an estimated £250 million (US\$387 million) over 10 years—it had put into developing Roundup Ready Canola.

So the company patented the new gene and required farmers who bought the seed to sign a technology-use agreement preventing them from saving or replanting the seed or selling it to others.

To get Roundup Ready Canola's advantages, farmers have to buy new seeds from Monsanto every year. The agreement also states they must destroy any leftover seeds each year and let Monsanto inspect their fields. Craig Evans, Monsanto's biotechnology manager, said the company has the legal right to enforce its patent because "the gene still belongs to Monsanto, and you need the

technology agreement to use the gene." In effect, Monsanto merely "leases" its seed.

"If we can't protect intellectual property, why would we make those investments?" Evans asked. "Twenty-thousand growers in Canada are watching us, and I want growers to know we are serious about protecting their interests." When Monsanto detected its gene in the samples taken from Schmeiser's fields, the company threw the book at him. Monsanto launched legal proceedings, accusing him of "stealing" its seeds and infringing its patent.

Monsanto demanded compensation to the entire value of Schmeiser's 1998 crop, plus punitive damages, court costs, and his signature on a non-disclosure agreement requiring him to stay silent about the affair. Monsanto considered the case critical if it hoped to protect its patent rights.

But the company had picked a dangerous man as an enemy. He had been Bruno's mayor for several years, a member of the Saskatchewan provincial parliament, and a hardy mountaineer who had made three attempts on Mount Everest.

He was outraged by Monsanto's behavior and countersued for £4.2 million (US\$6.5 million) for trespass, crop contamination, and defamation, accusing the company of "arrogant, high-handed, and shocking conduct and callous disregard for the environment."

Schmeiser said he had never bought Monsanto's seed. Far from being a criminal who wanted to profit from stolen technology, Schmeiser declared he was a victim of that technology invading his property and crops uninvited. It is impossible for the amount of genetically modified rapeseed found in Schmeiser's fields to have been wind-driven, Monsanto lawyer Roger Hughes said last week, during the first of what is expected to be a three-week trial.

"This was something that was unleashed into the environment and cannot be controlled" countered Schmeiser's lawyer, Terry Zakreski. "The widespread use of Monsanto's genetically modified seeds has let a genie out of a bottle."

Schmeiser, who has hired an armed guard since counter-suing, says pollen from Monsanto's Roundup Ready Canola is all over the place. Some 75% of rapeseed oil on the prairies is grown from GM seed.

"The seed blows in the wind (from other farms) and cross-pollinates" Schmeiser said. "I suspect it blew onto my land from a neighbor who planted Monsanto seeds so close to my fields that there wasn't even a fence line in between. Or maybe from the big clouds of Canola seed I've watched blowing off loaded trucks passing my farm at harvest time.

"I think Monsanto is trying to make an example of me because other farmers have found unwanted GM seeds on their land" he added. "But I didn't watch my grandparents clear the land and build this farm just to have

the profits taken over by a big multinational corporation." [End quoting]

This is an aspect of GM seed coercion tactics that the likes of Monsanto did not anticipate. While the GM pushers try to get all the farmers to use their products—and sign away the farmers' freedom and livelihoods in the process—these pushers did not anticipate that Mother Nature might spread around the seeds and cause the GM control plan to backfire. This courageous farmer deserves all the support that can be directed his way.

"INTRUSIVE"

CALIFORNIA BILL PERMITS

From the INTERNET, <<http://sightings.com>>, 6/15/00: [quoting]

INTERROGATION OF CHILDREN

by Lawrence Morahan

CNS Senior Staff Writer, (CNSNews.com)

Protests by parents and civil rights groups are forcing changes in legislation passed by the California Assembly that seeks to permit the interrogation of children by pediatricians on such politically-charged subjects as whether their parents own handguns and what sort of television programs they watch.

The bill, authored by Representative Darrell Steinberg (D-Sacramento) and passed by one vote last month, will be made "less intrusive" before it goes to the state Senate committee on Health and Human Services.

The bill adopted recommendations by the American Academy of Pediatrics in a policy statement that advises pediatricians to screen children for risk factors indicating violence.

Under the bill, the AAP guidelines would be used by the Child Health and Disability Prevention program, which is administered by county governments for poor families under the supervision of the state Department of Health Services.

Passage of the bill caused an uproar after civil rights groups noted it would allow pediatricians to ask children as young as five whether their family had a history of mental illness, domestic violence, drug use, and whether the parents were unemployed or divorced.

The bill also sought to permit doctors to ask the child if his or her parents owned a handgun or whether the child had been exposed to violence, either directly in the family or indirectly through movies or TV.

"The impact of this bill on our privacy is frightening" a local resident wrote to the *Sacramento Bee* newspaper after learning about the possible impact of the bill.

"Interrogating children about their parents was a ploy much favored in Nazi Germany. It's obscene to consider such tactics in a free, democratic society—even in the name of 'doing good'" wrote another.

"This type of invasion of the family will

interfere with trust between parents and health-care providers" said yet another. "It would be confusing for the children who may not understand that what they say could cause their separation from their parents."

Steinberg claimed that people were reading into the bill what was not there and announced he would amend the legislation. An "entirely different" version of the legislation would be published in about 10 days, his office said.

"Children were never going to be the subject of questioning, and we are going to clarify that in the bill" a spokeswoman for Steinberg said Wednesday. "Our intent was to give parents additional tools to try and help their children if they have issues of concern."

Steinberg made a commitment when the bill came off the Assembly floor that he would amend it to make sure it wasn't intrusive or overly broad, and to clarify "the misconception that doctors would be talking to children about things, which was never the case" the spokeswoman said. Doctors would only be talking confidentially to parents, she said.

But even in amended form, the legislation opens the door to violations of privacy protected by the *Constitution*, legal watchdog groups report.

"All [Steinberg] is doing is taking the particular and making it more general" said Brad Dacus, president of the Sacramento-based Pacific Justice Institute, a non-profit organization that defends religious and family rights. Dacus' watchdog group is monitoring the bill's progress. "You're still opening the door for questioning of the children" he said.

Dacus sees the bill as another attempt by legislators to broaden the government's authority over the family. The current system rewards local governments with federal dollars for every child it registers in its Child Protective Services system, he said. An example of this abuse is the fact that one Sacramento county registered a 400% increase in the number of children in its books over the past 10 years, he said.

The overwhelming majority of parents that will be affected by the bill come from a lower income bracket, and they "will be more easily intimidated by the government agency and may even be lured to give information to the agency they would not normally give in the hope they would qualify for the services" Dacus said.

"The bottom line is (that) state and local governments have no business engaging in these kinds of fish-hunting expeditions to find kids who are the age of five or six that are allegedly mentally ill" Dacus said.

Depending on the final wording, "we may end up challenging it in the courts on constitutional grounds as an invasion of family privacy. We're really alarmed" Dacus added. [End quoting]

So many different avenues are being exploited to attempt to control the public and

eliminate basic freedoms. Notice how enticing monetary incentives for local governments are built into the federal legislation.

GUN CONTROL EQUALS GENOCIDE

From *RUMOR MILL NEWS (RUMILLS)*, (<http://www.rumormillnews.com>), 6/19/00: [quoting]

Paul Harvey's Comment On The Second Amendment

Before you read this think about when the time comes when they outlaw your fishing boat because it doesn't meet emission standards or they confiscate your golf clubs because they create ozone when compressing that round sphere.

The point is, it begins somewhere and will end when they have you backed in the corner. Lead shot or steel.

HISTORY

Are you considering backing gun control laws? Do you think that because you may not own a gun, the rights guaranteed by the *Second Amendment* don't matter?

CONSIDER THIS:

In 1929 the Soviet Union established gun control. From 1929 to 1953, approximately 20 million dissidents, unable to defend themselves, were rounded up and exterminated.

In 1911, Turkey established gun control. From 1915-1917, 1.5 million Armenians, unable to defend themselves, were rounded up and exterminated.

Germany established gun control in 1938 and from 1939 to 1945, 13 million Jews, gypsies, homosexuals, the mentally ill, and others, who were unable to defend themselves, were rounded up and exterminated.

China established gun control in 1935. From 1948 to 1952, 20 million political dissidents, unable to defend themselves, were rounded up and exterminated.

Guatemala established gun control in 1964. From 1964 to 1981, 100,000 Mayan Indians, unable to defend themselves, were rounded up and exterminated.

Uganda established gun control in 1970. From 1971 to 1979, 300,000 Christians, unable to defend themselves, were rounded up and exterminated.

Cambodia established gun control in 1956. From 1975 to 1977, one million "educated" people, unable to defend themselves, were rounded up and exterminated.

That places total victims who lost their lives because of gun control at approximately 56 million in the last century. Since we should learn from the mistakes of history, the next time someone talks in favor of gun control, find out which group of citizens they wish to have exterminated.

It has now been 12 months since gun

owners in Australia were forced to surrender 640,381 personal firearms to be destroyed, a program costing the government more than \$500 million dollars. The results Australia-wide: homicides are up 3.2%; assaults are up 8%; and armed robberies are up 44%. In that country's state of Victoria, homicides with firearms are up 300%.

Over the previous 25 years, figures show a steady decrease in armed robberies and Australian politicians are on the spot and at a loss to explain how no improvement in "safety" has been observed after such monumental effort and expense was successfully expended in "ridding society of guns".

It's time to state it plainly: Guns in the hands of honest citizens save lives and property and, yes, gun-control laws only affect the law-abiding citizens. Take action before it's too late; write or call your delegation.

If you are naive enough to think "It'll never happen here" you will also believe that when the "agents of cleansing" come knocking on YOUR door that they "are here to help you". [End quoting]

Does that not say it all? Go back and re-read Charlton Heston's Harvard speech, printed back in our January 2000 issue of *The SPECTRUM*, for a superb refresher course on the larger picture here.

VETERANS VINDICATED

From *THE SPOTLIGHT*, 6/19/00: [quoting]

A \$3 million Pentagon-sponsored study shows significant brain damage in Gulf War veterans due to exposure to low levels of nerve gas.

Researchers at the University of Texas Southwestern Medical Center found that N-acetyl-aspartate (NAA), a vital brain chemical necessary for the good health of brain neurons, was 25% lower in the sick veterans studied. NAA is considered a dramatic indicator of brain cell health, researchers noted. More than 15% of the 697,000 troops who served in the war have complained about mysterious chronic symptoms, such as memory loss, depression, and insomnia. The Pentagon discounted the complaints and later claimed that psychological stress was the cause. [End quoting]

Slowly the truth comes out after many of these veterans and families have suffered years of pain and many have died. A superb movie you can rent from, say, Blockbuster on this subject is the ironically titled *Thanks Of A Grateful Nation* which came about as close to telling the truth as was possible and still get made.

CLINTON'S WAR ON THE MILITARY: THE ANTHRAX VACCINE SCANDALS

From *THE McALVANEY INTELLIGENCE ADVISOR* (P.O. Box 84904, Phoenix, AZ

85071), 6/00: [quoting]

It is no secret that Bill Clinton has done massive damage to the U.S. military—cutting its size by over 52% to its lowest level since 1938; and, as General Albion Knight said, dramatically “weakening it physically, mentally, and spiritually”.

Given Clinton’s long-term hatred for the U.S. military and his long-term love for America’s enemies (Russia, China, Cuba, etc.), it should be no surprise that he has done everything in his power to demoralize and destroy the U.S. military. The forced anthrax inoculation of 2.4 million members of the U.S. armed services is his latest effort to demoralize and weaken our military.

As Phyllis Schlafly (head of the Eagle Forum) wrote in March 2000: [quoting]

It wasn’t just idle words when Bill Clinton said he ‘loathed’ the military. He has damaged U.S. Armed Services in so many ways that it’s no wonder morale, recruitment, and retention levels are at all-time lows. Clinton has used the military to indulge in social experimentation to appease the feminists and gays, and in interventionist experimentation to please his globalist friends. He has also ordered medical experimentation through compulsory anthrax vaccination.

It adds up to a shocking betrayal of the men and women in the U.S. Armed Services. Since the Pentagon is in denial and cover-up, we can thank *CBS 60 Minutes* for its February 6, 2000 exposé of the case of Major Sonnie Bates and thank Rep. Christopher Shay’s (R-CT) Subcommittee on National Security of the House Government Reform Committee for its scathing report on the vaccine, released February 17, 2000 (www.house.gov/reform/Ins) and reported in the *New York Times* 2/18/00.

Clinton responded to Congressional hearings by issuing Executive Order 13139 on September 30, 1999. It denies servicemen the right to refuse experimental vaccines that are “not yet approved by the FDA for its intended use”, language that obviously covers the anthrax vaccine.

The *60 Minutes* segment was a sympathetic portrayal of Major Bates, a 14-year decorated pilot and the highest ranking of some 300 servicemen who have been punished for refusing the vaccine, with penalties from prison to bad-conduct discharge to “correctional custody”. The Pentagon then reduced the threat to court-martial Bates to a lesser punishment.

More than 1,000 servicemen with exemplary records are awaiting trial on a felony charge of refusing to take the anthrax shot. Hundreds more, including dozens of pilots described as “the cream of the crop”, have left the services. Congressional testimony indicated that, for every one who reported vaccine reactions, three others did not report them because they feared that it would be a career

killer.

The lengthy report of the Shays Subcommittee concludes that the anthrax policy “lacks an essential element in a medical program: trust”. The Pentagon’s “absolutist declarations, heavy-handed propaganda, and ad hominum attacks” against those who question the policy are seen as another chapter in a long history of “military, medical malfeasance” that includes lies about nuclear testing, Agent Orange, and Gulf War drugs and vaccines.

The long-term effects of the anthrax vaccine have never been studied, but the immediate reactions include autoimmune disorders, lesions, rashes, memory lapses, thyroid problems, blurred vision, inability to drive or read, crippling bone-joint pain, loss of concentration, and chronic fatigue. The military has reacted by calling those so affected as liars, whiners, hypochondriacs, malingerers, hysterical, depressed, or in need of counseling. [McAlvaney note: Very similar to the attacks they launched at the 200,000 sick victims of Gulf War Illness.]

The Shay’s report states that the anthrax vaccine is based on old (1950s-era) medical technology, a “dangerously narrow scientific and medical foundation”. Currently, the “safety of the vaccine is not being monitored adequately”. A newly built anthrax vaccine plant failed its FDA safety inspection on December 13, 1999 (*Washington Post*, 12/14/99).

According to the Shay’s report, even the “efficacy of the vaccine against biological warfare is uncertain. The vaccine was approved for protection against cutaneous (under the skin) infection in an occupational setting, not for use as mass protection against weaponized, aerosolized anthrax”, which is how an enemy would use anthrax.

The sole and exclusive manufacturer of the anthrax vaccine, BioPort of Lansing, Michigan, has been cited repeatedly by the FDA for quality deficiencies. It not only has a checkered safety record, but also a checkered financial history.

The anthrax vaccine was originally produced by Michigan Biologics Products Institute. It was taken over in September 1998 by BioPort Corporation, a new company created by Intervac L.L.C., in which former Joint Chiefs Chairman Admiral William J. Crowe owned 22.5% of the stock, even though he hadn’t invested a penny (ABCNEWS.com, 3-12-99).

The very next month, BioPort was awarded a Department of Defense (DOD) contract valued at \$25.7 million to produce anthrax vaccine. Crowe will be remembered as the former Joint Chiefs Chairman who endorsed Bill Clinton for President in 1992 and gave Clinton “cover” when his draft record was under attack.

On August 5, 1999, the DOD agreed to pay

BioPort nearly double the price specified in the contract: \$49.8 million instead of \$25.7 million, including advance payments of \$18.7 million. DOD also indemnified MBPJ/BioPort against all liability from adverse reactions because, according to Army Secretary Louis Caldera, the vaccine involves: “unusually hazardous risks associated with the potential for adverse reactions in some recipients and the possibility that the desired immunological effect will not be obtained by all recipients”.

It is particularly dangerous to require all service women to receive the anthrax shots since the Centers for Disease Control has warned that pregnant women should not be vaccinated: “because it is not known whether the anthrax vaccine can cause fetal harm” (www.cdc.gov/ncidod/dbmld/diseaseinfo/anthrax_g.htm). Most military women are of childbearing age and at least 10% are pregnant at any one time.

The mandatory anthrax vaccination of 2.4 million members of the Armed Services should be terminated immediately. And all those who have had the courage to speak out against this policy, which doesn’t pass the common-sense test, should be restored to duty and their convictions and punishment expunged from their records. [End of Schlafly article.]

These inoculations, like the experimental Gulf War vaccines forcibly administered to all of our troops, have the potential of making our entire armed forces sick, or of severely weakening them before future conflicts. The first to be forced to take these “experimental” anthrax inoculations should be the Commander and Chief of the U.S. Armed Forces—Bill Clinton.

Many of our best and brightest young people, who might otherwise seek careers in the U.S. military (this writer’s son included), are avoiding same because of these forced experimental inoculations. Bill Clinton and his Marxist friends have found yet another way to undermine and weaken the U.S. military. Is this, as General Knight suggests, what a Marxist president would do? [End quoting]

What better way for the so-called “elite” controllers to “level the playing field” for a One World Government than by covertly weakening the defensive capabilities of a strong and potentially independent nation like the United States?

INTERNATIONAL RECTIFIER
ANNOUNCES NEW GENERATION OF
POWER CHIPS

Breakthrough In
Electronic Motor Control
Could Turn Electricity Shortage Into Surplus

From the INTERNET, 6/22/00: [quoting]
Los Angeles-based International Rectifier (NYSE:IRF—news) today announced a new

generation of power chips that can reduce electricity consumption in a wide range of home appliances and industrial motors.

According to the Electric Power Research Institute, motors account for over half the energy consumed in the U.S. With energy savings as great as 50%, these power chips offer huge potential to relieve a power grid that is already falling short of peak summer demand.

These chips—called power integrated circuits—combine integrated circuit (IC) “brain” with power “brawn”. Maytag has already adopted the archetype chip for their proprietary product family, which substantially cuts energy use and improves performance in its Neptune washers.

During the next 12 months, Electrolux, Frigidaire, and other major appliance manufacturers plan to use the new generation of these chips in their most advanced home appliances. Market leaders in factory automation and other industrial applications are adopting the same proprietary IR technology to improve performance and cut electricity consumption.

Most standard motors run full-on or off, with no ability to change speed or torque. International Rectifier’s proprietary new chips make it possible to vary the speed and action of the motor to wash clothes more gently, control refrigerator and air conditioner temperatures more precisely, and gain versatility in leading-edge manufacturing plants.

International Rectifier’s new IC chips represent the latest advancements in a technology called power management. “Power management breaks electrical power into small packets of electricity and then efficiently delivers exactly the type of power the end product needs, exactly when it needs it” explained David Tam, Vice President of Power Integrated Circuits for International Rectifier:

“IR is applying the latest advancements in power technology to motors. We are integrating more and more functions into a single analog power IC that makes motors more versatile, more reliable, and far more energy-efficient. And the greater level of integration makes the technology more cost-effective for mass-market applications.”

As major manufacturers worldwide adopt this new technology, household appliances could eventually house more semiconductors than a typical home office does today. Advancements in power management chips offer the potential to recoup much of the approximately \$70 billion of electricity wasted every year by inefficient motors.

[End quoting]

This is helpful but I have an uneasy feeling that they’ll charge enough extra for their products, by the time they get into your hands, that you’ll be prepaying any savings in your electric bill to the motor and appliance

manufacturers for a few years.

And what kind of a step in progress is this compared to the “free energy” devices being purposely hidden from public awareness to satisfy the greed of those who wish to maintain their great profits with current technology? We could have automobiles (or other gasoline engines) that get well over 200 miles to the gallon—but who wins and who loses if such engines are allowed?

CLINTON LOOKING TO BUY A HOME IN ENGLAND

I have read that Clinton is looking at homes in England and the possibility that he will use it mainly to escape possible prosecution for his illegal actions while president of the US.

TESLA, AT 78, BARES NEW “DEATH BEAM”!

From the INTERNET, 6/23/00: [quoting]

Invention Powerful Enough To Destroy 10,000 Planes 250 Miles Away, He Asserts

Defensive Weapon Only

Scientist, In Interview, Tells Of Apparatus That He Says Will Kill Without Trace

Nikola Tesla, father of modern methods of generation and distribution of electrical energy, who was 78 years old yesterday, announced a new invention, or inventions, which he said, he considered the most important of the 700 made by him so far.

He has perfected a method and apparatus, Dr. Tesla said yesterday in an interview at the Hotel New Yorker, which will send concentrated beams of particles through the free air of such tremendous energy that they will bring down a fleet of 10,000 enemy airplanes at a distance of 250 miles from a defending nation’s border and will cause armies of millions to drop dead in their tracks.

[End quoting]

This was over 55 years ago. Can you just imagine the technology that the so-called “elite” have now?

For those of you who don’t yet know who this man was: He was one of the greatest geniuses ever on this planet and the power elite broke him, discredited him, left him penniless, and finally had him killed to shut him up after they stole all of his knowledge and patents. They also removed most information about Tesla from the libraries and schools so you would not learn about him, and then gave several other inventors credit for many of Tesla’s inventions, particularly Marconi (radio) and Edison (electric power generation and

distribution).

LARRY NICHOLS BEATEN

From *FREE AMERICAN NEWSMAGAZINE*, 6/2000: [quoting]

In what appears to be a staple of the current Administration, outspoken Clinton critic and talk show host, Larry Nichols, was beaten with a baseball bat by unknown assailants at his home in Conway, Arkansas.

Best known for his appearance on the video *Clinton Chronicles*, Larry Nichols has appeared on innumerable talk shows and finally got one of his own, on WWCR 12.160 short wave, daily at 10 a.m. central time.

An unknown Hispanic knocked on his door, telling him that he thought he had run over Larry’s pet dog. When Larry rushed outside to see, he was set upon by two men wielding baseball bats. He was struck many times about the body and suffered 7 broken ribs and other contusions.

Police had no leads and Larry was unable to see his attackers clearly.

The absence of firearms leads to the speculation that Clinton had sent some of his kinder, gentler anti-gun folk to do his dirty work. This was obviously a message to Nichols, who has endured at least eight of these type of attacks over the eight years that Clinton has been in office.

Nichols has just completed a book about Clinton’s methods which he says are destroying America. Nichols says that Clinton’s “circle of power” will maintain its grip on this country if they are not stopped.

Obviously, his message hit a nerve.

[End quoting]

Each time such an event as this occurs, it only causes MORE attention to be focused upon whatever is trying to be stopped from reaching public awareness. Another example was Richard Hoagland’s “heart attack” about a year ago now. In the aftermath, that only brought forth an even larger groundswell of support for him and interest in what his research team has been discovering about space exploration, and Mars in particular, that NASA and NASA’s bosses did not want the public to know about.

FAMED COLUMNIST SAYS SOUTH AFRICA REGRESSING TO JUNGLE STATUS

From *FREE AMERICAN NEWSMAGAZINE*, 6/2000: [quoting]

By Ross Benson in Johannesburg.

I have seen cities abandoned in war. This is the first city I have ever seen abandoned to the barbarians in a time of peace.

That South Africa is still in one piece is a tribute to this moral force, but this is not a country where it is safe to stand on a street

corner eating fruit or watching games of chance, no matter where you are—and certainly not if you happen to be White.

“What kind of government is it that could allow this to happen?” asks Troy Leon, leader of the predominantly White Democratic Party—which, against all expectations, took nearly 10% of the vote in the April general election to become the official opposition.

“Just look at those figures.”

You do, and you remember them as you stroll through the botanical gardens or walk along the seafronts of Cape Town and Durban.

They create the kind of fear that has you leaping at shadows and climbing out of bed in the middle of the night to check, yet again, that you have double-locked the door.

If you live here, you make sure the first payments you make every month are to the “armed response” security firm that guards your house. But whatever precautions you take, they’re never enough.

Thapelo Mofokeng, who runs his own transport company and drove me into Soweto, tried to add up the number of his friends who had been mugged. He lost count.

Two women a mutual friend asked me to look up were not receiving visitors when I got here. They are still recovering after being robbed and badly beaten in their home.

You cannot have dinner with a politician or businessman without being regaled with the horror stories that are driving 7000 highly qualified doctors, lawyers, and business people out of the country every year.

As Pieter Meyer, one of the security men who accompanied me, remarks: “It isn’t something you read in the papers or hear about on the television news any more. It’s happening to your friends, your brother, his wife, your sister, your mother.”

Even though Meyer carries a gun, he knows it could happen to him. In Mandela’s “Rainbow Nation” the dream is running blood red.

Nowhere is that brought home more forcefully than in Johannesburg. Built on the largest seam of gold ever discovered, this was once the richest city in Africa. A gleaming steel and glass citadel rising out of the brown ocean of the veldt, it was a testament to the economic power of the White community that built it, but also an example of what can be achieved by hard work and individual enterprise.

The skyscrapers are still there, but the people who gave them life and prosperity have gone, driven out by the hordes of squatters, beggars, and illegal traders who bought Mandela’s promise of “a better life for all”—and demanded instant delivery.

Barbeques made of old oil cans blaze in the marble foyers of what used to be the headquarters of banks and airlines. There are goats tethered in hallways. Corrugated-iron huts have sprung up on the once manicured lawns.

This is not an environment in which any respectable business person, whether they be Black or White, can live or work—and most have fled.

The Carlton Hotel, where I used to stay, has closed and sold all its contents. The Holiday Inn is a deserted fortress, its 800 empty rooms protected by reinforced steel shutters.

South African Airways, that international symbol of pride, has decamped to the comparative safety of the suburbs. The Stock Exchange plans to follow suit, and there has even been talk of the mining companies, which built this town, going the same way. The Supreme Court is still here, but the muggers who prowl the alleyways leading to it aren’t open to appeal; that has helped ease the backlog of cases.

It gets worse at night. As dusk falls, the streets begin filling with prostitutes and criminals pushing drugs, and pills that turn a Black skin White—before eventually killing you, if AIDS hasn’t claimed you first. Up to 10% of the population carry the virus and three-quarters of the health budget will soon be spent on treating the incurable.

You can hear the occasional sound of gunfire rolling down from Hillbrow—by cruel coincidence, Johannesburg’s first integrated neighborhood.

The police keep promising to move in and clean up the place. They never do, but it probably wouldn’t make any difference. The minister in charge of so-called security recently admitted to parliament that a policeman is three times more likely to commit a serious crime than an average member of the public.

“The Government doesn’t understand the concept of opposition” Troy Leon says. “They want everyone to be ‘on side’. If you criticize them, and we do, vigorously, they call you neo-Nazi racists.” [End quoting]

This is also happening right here in the “land of the free”. Will we see and respond before it gets as bad as Africa?

DEATH BY PRESCRIPTION DRUGS

From *The Bob Livingston Letter*, 3/00: [quoting]

The dictionary term is iatrogenic death. This means death induced in a patient by a physician’s activity, manner, or therapy, according to the *American Heritage Dictionary*.

Our society has many contradictions and quirks, but they don’t seem to bother us.

The politicians want gun confiscation while they purposely overlook 250,000 deaths a year at the hands of the medical establishment’s drug deaths. All the wars in history and all gun deaths are no match for drug deaths. And I don’t mean illegal drugs. I mean prescription drugs.

If we were sane, we would say this is nothing but mass murder. It makes gun control

the biggest hypocrisy on Earth.

In fact, many serious crimes are committed by victims of Prozac, Luvox, Solof or Paxil.

Prescription drugs can turn people into monsters. If people would read the inserts of the everyday drugs that they are taking they would run from doctors. These inserts tell you the high risk, but who reads anymore?

Many people are dead by prescriptions. Seniors beware! Fraud, deceit and murder are legal in America. [End quoting]

Maybe we should have included the above article as part of our Front Page story?

FDA USES LEGAL PLOY UPHOLDS BAN ON NUTRIENT

From *THE SPOTLIGHT*, by Don Harkins, 5/22/00: [quoting]

The “Federal Death Agency” continues to play games while thousands are denied a cheap and effective treatment for neurological disorders.

The Food and Drug Administration (FDA) has filed motions in Florida federal court to prevent Jay Kimball of Discovery And Experimental Development Inc., from defending the legal status of the nutritive plant product, Liquid Deprenyl Citrate (LDC). The federal agency is prosecuting the Florida medical products developer for marketing LDC as an over-the-counter dietary supplement rather than as a prescription drug.

“The government anticipates that defendant Kimball will seek to introduce evidence at trial that deprenyl meets the statutory definition of a dietary supplement. Furthermore, the government anticipates that Kimball will assert that because deprenyl meets that definition it is not a ‘drug’ and a ‘prescription drug’ as charged” stated FDA attorneys in a motion heard April 27. Curiously, in the very next statement the FDA admits that the terms, “dietary supplement” or “nutrient” and “drug” are not mutually exclusive.

“In a complete about-face, the government files motions with the Tampa federal court asserting that LDC is both a drug and a dietary supplement. The government then asks the court to preclude us from admitting any evidence that would support our claims that LDC should be classified as a dietary supplement by law” commented Kimball.

The FDA has been persecuting Kimball since 1990 when his small medical products company became the first to successfully stabilize selegiline in a manner that has produced zero reported negative side effects after thousands of applications.

The FDA justifies its persecution of people who use certain products based upon “intent”.

The FDA attorneys went on to cite several court rulings that determine a substance to be a dietary supplement or a drug based on the application and not on the chemical

composition of the substance in question.

“If an item fits the statutory definition found at 21 U.S.C. 321(g) (1), as a product intended for use ‘in the diagnosis, cure, mitigation, treatment or prevention of disease in man...’ irrespective of whether it also meets the definition of a dietary supplement, it is a drug” FDA attorneys argue.

In other words, if you use ordinary table salt to enhance athletic performance, then table salt is a dietary supplement. If you place table salt into capsules because you wish to use salt to cure your cancer, according to the FDA, table salt is to be considered a drug.

The method of action for LDC is not disputed by the FDA.

As we age, the body’s ability to produce dopamine decreases. Aging is, among other things, a direct result of diminished dopamine production. The manifestation of degenerative diseases such as Parkinson’s disease, Alzheimer’s disease, multiple sclerosis and cancer are also the result of the body’s inability to produce adequate amounts of dopamine which provides for bodily systems to maintain peak performance, repair damage, and resist disease. Natural selegeline derived from the ephedra plant is absorbed into the body where it promotes the body’s ability to produce dopamine. LDC, in essence, boosts the body’s immune response so that it can begin repairing the ravages of degenerative diseases.

“Since the court allowed the FDA to enforce a ban on the use of LDC last fall, the quality of life has been dramatically reduced in thousands of people” said Kimball. “The ban is currently killing many people afflicted with Parkinson’s disease. We know of one death already.”

Since 1991, Kimball has been jailed twice. FDA agents and their state and local law enforcement deputies have raided his home and office on four occasions. Kimball and his company have suffered numerous other ultimately frivolous and malicious persecutions and investigations. [End quoting]

The pressure is on to close down all true healing professionals—those who are not under the control of the drug companies and their many brainwashing facilities also known as medical schools. But the wall continues to crumble for these would-be controllers as more and more people are fed up with the medical establishment and more and more people are actively seeking alternative healing modalities. Just look at the statistics of those who are injured or killed because of prescription drugs and you have more than enough reason to turn toward a more sane avenue for healing. For example:

ARE DOCTORS MORE DANGEROUS THAN GUN OWNERS??

From *The Bob Livingston Letter*, 5/00:

[quoting]

Brett Axton of Rock Mountain Roosters in Colorado, forwarded copy from an article in the *Seattle Washington Post Intelligencer* concerning accidental deaths caused by physicians. The original statistics were compiled by Laura Key.

Mr. Axton wrote: “This triggered a chain of thought that resulted in the person cruising the web (not me) for doing some statistics and doing a few calculations.

- Number of physicians in the US: 700,000.
- Accidental drug deaths per year: 120,000.
- Number of gun owners in the US: 80,000,000.
- Number of accidental gun deaths per year (all age groups): 1,500.
- therefore, doctors are approximately 9,000 times more dangerous than gun owners.”

Steve Daley sent information from the January-February *American Handgunner*. It contained similar information that the odds are 4:1 that you will die while being treated by a doctor versus a gunshot wound. (1 million Americans are injured in hospitals every year, of which 180,000 die, versus 40,000 deaths a year from gunshots.)

A 1998 study published in the *Journal Of The American Medical Association (JAMA)* estimated that 106,000 HOSPITAL patients die, and 2.2 million are injured each year by adverse reactions to prescription drugs. Within the GENERAL population, tens of thousands of people are hurt or killed each year by drugs that are supposed to HEAL them. Patients should never assume that drugs prescribed by a doctor or dispensed by a pharmacy are SAFE.

December 1999, was NOT a good month for doctors. On December 13, 1999 a Senate health subcommittee opened hearings on a report that medical errors kill between 44,000 and 98,000 hospitalized Americans every year.

The Institute of Medicine recommended an end to medicine’s “culture of secrecy” about the problem. One of the Institute of Medicine’s recommendations is that a mandatory national reporting system be established, so that experts can seek out patterns of problems and take action.

The American Medical Association (AMA) opposes such a system, saying doctors will continue to keep mistakes secret if they fear discussing them can lead to punishment or lawsuits. Dr. Nancy Dickey (former president of AMA) said if consumers see data on mistakes, they must be put in context: “Take, for example, that some of the best hospitals get sued because they care for the sickest patients, those most likely to die.”

A study published in the December 2, 1999, *Annals Of Internal Medicine* looked at a policy in effect since 1987 at the Veterans Affairs Medical Center in Lexington, KY. The policy calls for “full disclosure to patients who are injured either accidentally or through medical

negligence”. Dr. Steve S. Kraman, hospital Chief of Staff, said: “This diminishes the anger and desire for revenge that often motivate patients’ litigation.”

He added that plaintiffs’ attorneys become more willing to negotiate a settlement without trying to punish the institution with a big verdict. Arthur Levin, director of the New York City-based Center for Medical Consumers said: “It flies in the face of the perception of most healthcare providers who think ‘My God, if I admit my error, I’m a dead duck in the courtroom’—I think it’s a very healthy move.” Quoted from: *Wildlife Harvest*, February 2000. [End quoting]

Do we need any more data?

BIG BROTHER’S PLAN BACKFIRES ON LOCAL OFFICIALS

From *THE SPOTLIGHT*, 6/5/00: [quoting]

Cameras set up at stoplights to catch drivers who run redlights exposed more than the speeders. It uncovered some real discrepancies with the traffic laws.

By F.C. Blahut

Has the police department in your town installed cameras at certain key intersections to catch people running red lights?

It’s the latest trend. Vienna, VA, a Washington, D.C. suburb, is typical. Or is it? And is that good?

Sold to the public as a two-pronged effort—an attack on reckless drivers and scofflaws and a safety measure to reduce accidents—the idea is the darling of the mainstream media.

In Vienna, Va., the town installed cameras to enforce traffic laws at three of its 13 signalized intersections late last year

Enter the National Motorists Association (NMA), which discovered some interesting statistics.

In 1997, there were 100 redlight citations issued for the entire year. After eight months of camera enforcement at only three intersections, approximately 2,357 citations had been issued. Were the cops really missing that many red light runners?

The figures alarmed NMA member Gene Quinn, according to the *National Motorists Association News* (May/June 2000).

In January, Quinn began measuring the yellow-light time (cops and traffic-control like the term “amber”, but the hoi polloi still say “yellow”) given drivers at the intersections with cameras and without.

CHECK THE LAW

Then he checked the engineering codes and the Virginia state laws relating to yellow-light time. He discovered that 33% of the intersections measured, including one photo-enforced intersection, failed to give even the minimum yellow-light time needed to make a so-called “safe” stop.

None of the intersections provided the

minimum yellow-light time required for safe passage and clearance of the intersection.

As of May, the yellow-light time provided to drivers was still below the minimum required by state law, says the NMA.

Quinn contacted his town's officials and they have promised to do something about the timing. But will they be returning the fines paid by uninformed motorists? Not yet. Quinn contacted the NMA and enlisted the aid of other interested motorists in his area and they have been measuring the timing of yellow lights against state laws. The results are not encouraging.

So far, says the NMA: "All of the intersections measured have failed to provide the minimum yellow-light time required for a vehicle to make safe passage and clearance of an intersection and many fail to provide sufficient yellow light time to stop."

According to Virginia law—and probably the law in your state—drivers are entitled to the yellow-light time to accomplish both of these tasks.

If you've been cited for running a red light, you might want to check the timing of the yellow light, says the NMA.

Even local officials have to obey the law. [End quoting]

One point the above article does not emphasize is just how much of a cash cow these new automated systems are for the towns who employ them. Just like the incentives dangled at state and local levels to push federal programs of a dubious nature, the revenue aspect is luring more and more of these systems into Everytown USA—while we get used to "big brother" watching us in more and more ways. Which leads to the following:

"GRADUAL HABITUATION"
HOW WE ARE ALLOWING
OURSELVES TO BE TURNED
INTO SLAVES

From Ken McCarthy, Brasscheck, <ken@brasscheck.com>, 5-27-00: [quoting]

"What happened was the gradual habituation of the people, little by little, to being governed by surprise, to receiving decisions deliberated in secret, to believing that the situation was so complicated that the government had to act on information which the people could not understand, or so dangerous that, even if people could understand it, it could not be released because of national security. The crises and reforms (real reforms too) so occupied the people that they did not see the slow motion underneath, of the whole process of government growing remoter and remoter.

To live in the process is absolutely not to notice it—please try to believe me—unless one has a much greater degree of political awareness, acuity, than most of us ever had

occasion to develop. Each step was so small, so inconsequential, so well explained or, on occasion, 'regretted' but necessary.

Believe me, this is true. Each act, each occasion is worse than the last, but only a little worse. You wait for the next and the next. You wait for one shocking occasion, thinking that others, when such a shock comes, will join you in resisting somehow.

Suddenly it all comes down, all at once. You see what you are, what you have done or, more accurately, what you haven't done (for that was all that was required of most of us: that we did nothing)... You remember everything now, and your heart breaks. Too late. You are compromised beyond repair."

A German professor describing the coming of fascism. From *They Thought They Were Free* by Milton Mayer, a stunning and chilling account of ordinary people in extraordinary times. [End quoting]

To top it off, every time someone would try to warn the people, the so-called "elite" controllers trained the masses of people to call them scaremongers or threaten them or their family or worse. So then the people started keeping their mouths shut, afraid of being hurt mentally or physically.

The only thing the people have going for them is if a large enough group WAKE UP before the crooks drop the final noose around our whole society. WITH GOD'S HELP WE CAN AND WILL DO IT!

MORE INTERESTING WEB SITES

<<http://esona.com>>, How to combat electromagnetic frequencies.

<<http://www.chetday.com>>

<<http://sites.netscape.net/gussnzl/links>>

<<http://sightings.com/general2/marsaa3.htm>>

<<http://paranormal.tqn.com/science/paranormal/msub10.htm>>

<http://seismo.ethz.ch/redpuma/redpuma_ami_list.html> excellent list of latest earthquakes.

RECENT EARTHQUAKES

Many large earthquakes are happening over the globe that the regular news media are "failing" to tell you about. The period of June 17-23 shows at least 28 above 5.0M, at least 6 above 6.0 M, 1 at 7.8M. Due to a number of coinciding events, the first half of July is a particularly stressful period as far as possible earthquake activity goes.

NEVER FALL FOR THESE SCAMS!

From the INTERNET, <para-discuss@tje.net>, 5/26/00: [quoting]

I'm sure some of you may have seen this before. If so, it doesn't hurt to offer it again. To be aware is to be alive!

Life, Liberty, Property —Ric

This notice was posted on JCPenney's e-mail this morning:

To all Female Associates:

Recently, on *Inside Edition*, there was an article about several new scams to abduct women:

1. In one, a man comes up to a woman in a mall or shopping center and asks if she likes pizza. When she says she does, he offers her \$10,000 to shoot a commercial for pizza, but they need to go outside where the lighting is better. When the woman goes out of the mall, she is abducted and assaulted.

2. Another ploy is where a very nicely dressed man asks a woman if she would be in a Public Service announcement to discourage drug use. The man explains that they don't want professional actors or celebrities; they want the average woman and/or mother to do this. Once she leaves the mall, she is a victim.

3. The third ploy, and the most successful, happens when a very frantic man comes running into the mall and asks a woman to please help him, his baby is not breathing. She runs out of the mall following him and also becomes a victim.

These have been happening in well-lit parking areas, in daylight, as well as nighttime, all over the country. The abductor usually uses a van to abduct the woman.

Inside Edition set up a test in a mall and 10 out of 15 women went out of the mall on the Pizza scam and the PSA scam. All of them went out of the mall on the Baby scam.

Please pass this along to your friends and family. Now that it has been shown on nationwide TV, there are bound to be copycats of this. The third one, I think, is the scariest. You might resist pizza or becoming a commercial celebrity, but who would be able to resist a frantic father asking for help for his child?

A woman was shopping at the Tuttle Mall in Columbus. She came out to her car and saw she had a flat. She got her jack and spare out of the trunk. A man in a business suit came up and started to help her. When the tire had been replaced, he asked for a ride to his car on the opposite side of the mall.

Feeling uncomfortable about doing this, she stalled for a while, but he kept pressing her. She finally asked why he was on this side of the mall if his car was on the other side. He claimed he had been talking to friends.

Still uncomfortable, she told him that she had just remembered something that she had forgotten to pick up in the mall and she left him and went back inside the mall. She reported the incident to the mall security and they went out to her car. The man was nowhere in sight.

Opening her trunk, she discovered a briefcase the man had set inside while helping her with her tire. Inside the briefcase were a rope and a butcher knife. When she took the

tire to be fixed, the mechanic informed her that there was nothing wrong with her tire, that it was flat because the air had been let out of it.

PLEASE BE SAFE AND NOT SORRY!

ALWAYS BE ALERT AND USE YOUR HEAD!

PASS THIS ALONG TO EVERY WOMAN YOU KNOW. [End quoting]

WHO ARE THE REAL TERRORISTS?

From *THE IDAHO OBSERVER*, 6/00: [quoting]

In a letter sent to *The Washington Post*, a letter which the paper still has yet to run, Dr. Norbert Bikales compares last April's police-state abduction of Elian Gonzales to a similar event he experienced in a Berlin apartment more than 60 years ago—when the Nazis came to his house and took his father and brother away.

“But unlike the Clinton-Reno goons who first gained admittance by breaking down the door” Dr. Bikales says, “even the Gestapo men who came that night rang the door bell, wore no masks, spoke quietly, and did not remove their sidearms from their holsters.

“They carried sidearms, not automatic weapons. The SS Luger was, after all, a pistol.

“Whenever it is convenient, government and the dominant media refer to Nazi Germany and the [*so called*] Holocaust as a reminder of how evil and horrible people can be toward one another. Funny they never compare Hitler's SS to U.S. federal agents whose behavior of late makes the SS appear as choirboys.” [End quoting]

Many people were so shocked by what they saw on television at the time of the Elian Gonzales abduction and raid that they are in a state of denial. Meanwhile, most of the rest have been properly conditioned by the violence of modern movies to simply accept what happened as a fact of life. Go back and re-read our outlay on this case in the May 2000 issue of *The SPECTRUM* for a number of events that did not make it to the news reports and which add important layers to the intrigue puzzle.

TWO-WAY MIRRORS

From the INTERNET, <para-discuss@tje.net>, 6/4/00: [quoting]

How to determine if a mirror is 2-way or not. (Not a joke!)

Not to scare you, but to make you aware. This was passed on by a policewoman who travels all over the US and gives seminars and techniques for business women.

HOW TO DETECT A 2-WAY MIRROR

When we visit toilets, bathrooms, hotel rooms, changing rooms, etc., how many of you know for sure that the seemingly ordinary mirror hanging on the wall is a real mirror, or

actually a 2-way mirror where “they” can see you, but you can't see them?

There have been many cases of people installing 2-way mirrors in female changing rooms. It is very difficult to positively identify the surface by just looking at it.

So, how do we determine with any amount of certainty what type of mirror we are looking at? Just conduct this simple test: Place the tip of your fingernail against the reflective surface, and if there is a GAP between your fingernail and the image of the nail, then it is a GENUINE mirror. However, if your fingernail DIRECTLY TOUCHES the image of your nail, then BEWARE, FOR IT IS [*likely*] A 2-WAY MIRROR.

So remember, every time you see a mirror, do the “fingernail test”. It doesn't cost you anything. It is simple to do, and it might save you from peeping toms!

Remember: “No space, leave the place!” Ladies: Share this with your girlfriends. Men: Share this with your wives, daughters, girlfriends, or any woman you care about.

I thought this was worth passing along.

—Connie [End quoting]

This is probably a good rule of thumb to keep in mind. What you are really checking for is whether the mirror is coated with reflective material on the front surface or on the other side of the thickness of glass, called a “rear-surface reflecting” mirror. However, from an optical engineering point of view, there is nothing to stop the manufacture of a 2-way mirror with a semitransparent coating applied to the REAR surface of the mirror, which would pass the fingernail test. Thus the policelady's test is helpful but not certain.

A SIMPLE SMILE

From the INTERNET, <para-discuss@tje.net>, 6/1/00: [quoting]

I know this woman and she's that honest.

—Charles Beaudry

Such a blessing. I just had to pass it along!

I am a mother of three (ages 14, 12, 3) and have recently completed my college degree. The last class I had to take was Sociology. The teacher was absolutely inspiring with the qualities that I wish every human being had been graced with. Her last project of the term was called “Smile”.

The class was asked to go out and smile at three people and document their reactions. I am a very friendly person and always smile at everyone and say hello anyway, so, I thought, this would be a piece of cake, literally.

Soon after we were assigned the project, my husband, youngest son, and I went out to McDonald's one crisp March morning. It was just our way of sharing special playtime with our son. We were standing in line, waiting to be served, when all of a sudden everyone around us began to back away, and then even

my husband did.

I did not move an inch; an overwhelming feeling of panic welled up inside of me as I turned to see why they had moved. As I turned around I smelled a horrible “dirty body” smell, and there, standing behind me, were two poor homeless men. As I looked down at the short gentleman, close to me, he was “smiling”. His beautiful sky-blue eyes were full of God's Light as he searched for acceptance.

He said “Good day!” as he counted the few coins he had been clutching. The second man fumbled with his hands as he stood behind his friend. I realized the second man was mentally deficient and the blue-eyed gentleman was his salvation. I held my tears as I stood there with them.

The young lady at the counter asked him what they wanted. He said “Coffee is all, Miss” because that was all they could afford. (If they wanted to sit in the restaurant and warm up, they had to buy something. He just wanted to be warm.) Then I really felt it—the compulsion was so great I almost reached out and embraced the little man with the blue eyes. That is when I noticed all eyes in the restaurant were set on me, judging my every action.

I smiled and asked the young lady behind the counter to give me two more breakfast meals on a separate tray. I then walked around the corner to the table that the men had chosen as a resting spot. I put the tray on the table and laid my hand on the blue-eyed gentleman's cold hand. He looked up at me with tears in his eyes and said “Thank you!” I leaned over, began to pat his hand and said “I did not do this for you. God is here working through me to give you hope.” I started to cry as I walked away to join my husband and son.

When I sat down, my husband smiled at me and said “That is why God gave you to me, honey. To give me hope.” We held hands for a moment and, at that time, we knew that only because of the Grace that we had been given were we able to, but we are believers. That day showed me the pure Light of God's sweet love.

I returned to college, on the last evening of class, with this story in hand. I turned in “my project” and the instructor read it. Then she looked up at me and said “Can I share this?” I slowly nodded as she got the attention of the class. She began to read and that is when I knew that we, as human beings and being part of God, share this need to heal people and be healed. In my own way I had touched the people at McDonald's, my husband, son, instructor, and every soul who shared the classroom on the last night I spent as a college student.

I graduated with one of the biggest lessons I would ever learn: UNCONDITIONAL ACCEPTANCE.

Much love and compassion is sent to each and every person who may read this and learn

how to *LOVE PEOPLE AND USE THINGS—NOT LOVE THINGS AND USE PEOPLE.*

If you think this story has touched you in any way, please send this to everyone you know. Here is an Angel sent to watch over you. An Angel wrote: Many people will walk in and out of your life, but only true friends will leave footprints in your heart.

[End quoting]

How often COULD we act as the arms and legs of angels if only we open our hearts to what's really important in life. For instance:

TIME TO REFLECT ON THE IMPORTANT THINGS IN LIFE!

Contributed by ONE OF OUR STAFF, 6/25/00: [quoting]

This is so true!

Learning:

I've learned that having a child fall asleep in your arms is one of the most peaceful feelings in the world;

- that being kind is more important than being right;

- that you should never say no to a gift from a child;

- that I can always pray for someone when I don't have the strength to help him in some other way;

- that no matter how serious your life requires you to be, everyone needs a friend to act goofy with;

- that sometimes all a person needs is a hand to hold and a heart to understand;

- that life is like a roll of toilet paper—the closer it gets to the end, the faster it goes;

- that money doesn't buy class;

- that under everyone's hard shell is someone who wants to be appreciated and loved;

- that to ignore the facts does not change the facts;

- that when you plan to get even with someone, you are only letting that person continue to hurt you;

- that love, not time, heals all wounds;

- that everyone you meet deserves to be greeted with a smile;

- that life is tough, but I'm tougher;
- that opportunities are never lost—someone will take the ones you miss;

- that when you harbor bitterness, happiness will dock elsewhere;

- that one should keep his words both soft and tender, because tomorrow he may have to eat them;

- that a smile is an inexpensive way to improve your looks;

- that I can't choose how I feel, but I can choose what I do about it;

- that when your newly born grandchild holds your little finger in his little fist, that you're hooked for life;

- that everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it;

- that I have a wealth of good friends, and my life would be a terrible place to live without them. [End quoting]

Not a bad list of guidelines for happiness, is it?!

HAVANA LOOKS TO REACH GOALS WITH ELIAN CASE

From *THE DAILY NEWS*, Los Angeles, for 6/30/00: [quoting]

"At Last in the Fatherland!" declared the front page headline in the official newspaper *Granma*, above pictures of Elian Gonzales stepping off the plane and being swept up in a relative's arms, an emotional end to the seven-month custody battle that captivated this nation. Despite the triumphal headline, the newspaper quickly reminded readers that the child's return was just the beginning of renewed efforts by Cuban officials who want to see an end to the trade embargo. They contend that the embargo and other policies weaken their economy and encourage people, such as Elian's mother, to risk their lives at sea while seeking political asylum elsewhere.

For those reasons, the Cuban government plans to continue the public rallies and televised discussions that provided a daily political play-by-play during the Elian custody battle, including a rally in Mantanillo, where 200,000 people are expected.

Foreign officials based in Havana see the continuing campaign as an attempt to tap into the Cuban public's overwhelming support for Elian's return in the hope of rekindling a revolutionary ardor that had cooled in recent years, especially among young Cubans who were not yet born during the Cuban revolution. They said the battle over Elian was the perfect issue and opportunity for President Fidel Castro to

restore his appeal.

"He got himself front and center before the country on a daily basis" said one foreign official. "He re-established himself in his image as the sole leader in Cuba who still has the oomph and fire to carry on the revolution. He got an issue through which he could mobilize the youth, who are his audience and a group that he had not had effective outreach to before."

It is not clear whether, or how, the Cuban leader will be able to sustain his new appeal in the coming months. Some people said they had tired of the government-sponsored rallies for Elian that took them away from work and home. Many said they simply wanted the boy home with his family. And other Cubans said they would now like to see something else on television besides the hours-long talks about the ills of American society.

"Politics is politics" said Maria Gonzales, who was shopping at a Havana market. "Human feelings should not be mixed up with that."

Yet Thursday's Cuban newspapers were filled not only with praise for Elian and his father, Juan Miguel Gonzales, but also for the many youths and students who attended the countless public rallies organized by the government. While insisting the government would not trot out the child as a symbol, the official newspaper made clear Elian's importance to a battle that it said must continue "immediately and without a truce".

"We have to enjoy internally the conquest of reuniting the boy with his family" one article said. "Ahead of us is the challenge that no new Elians continue to appear."

Already, the huge billboards with Elian's face have been replaced by others that call for the United States to end its Cuban Adjustment Act, which grants political asylum to Cubans who reach U.S. soil. But while the emotional custody battle strongly affected many Cubans, these more abstract policy issues now being tackled by the Cuban government may not have the same resonance.

"Elian's story was so visual with this child and his father" said one foreign official. "Can you keep that up with the Cuban Adjustment Act without any such visuals? It will be difficult."

Elian's case was a godsend for the Cuban government, which had spent much of 1999 stepping away from the openings of previous years and taking a harder line to restore public order and to crack down on dissidents. During a summit meeting of Spanish-speaking nations last November, Cuban officials cringed when many visiting dignitaries went out of their way to visit several dissidents. [End quoting]

Does anybody need a better example of a "WAG THE DOG" orchestrated script to advance a calculated psycho-political agenda?

This is the latest update on the long article

The Idaho Observer

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we ran on this story in the May 2000 issue. Go back and re-read that compilation of news (you didn't find on the controlled media outlets) in order to better appreciate just how contrived a situation it has been.

You can bet your life that the politicians and news hounds will make as much "hay" as possible from this in the future—as already stated above.

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October 1999, page 41

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* PROZAC *

Prescription For Disaster

[Continued from Front Page]

This is a story that carries as much outrage as tragedy. We first presented the tip of this iceberg back in the September 1999 issue of *The SPECTRUM* and made a mental note to return to the matter in more depth when the opportunity became possible to do so. On May 31, I was able to have the distinct privilege of speaking with Dr. Ann Blake Tracy, a courageous expert on the subject of Prozac and related SSRIs (selective serotonin reuptake inhibitors, also known as “serotonin boosters”), the so-called new “antidepressants” that are sweeping across America and the globe. What you will learn from her experience and research is not what you are likely to hear through normal media channels. At times we laugh during the interview—but not so much because of any matters of humor, though often irony runs deep. Rather, laughter can be a “safety relief valve” when the implications of what we are discussing are so far past what used to be normal human decency standards that the only other option is to cry—and get mad.

But first I must ramp-up to the interview with several items of important background information which are like pieces of a large puzzle. Longtime readers of this publication already know about the demoralization and depopulation agendas of the so-called “elite” controllers who have long been busy

orchestrating their New World Order of refined slavery and mind control of the mostly asleep and receptive public. It is THAT larger picture in which the subject of Prozac and its many clones fit ever so “perfectly” like ticking time-bombs just waiting to explode.

Prozac, the world’s best-selling antidepressant, on the market since 1988, makes a cool \$7 million a day for its manufacturer, Eli Lilly and Company. In a May 7 article appearing in *The Boston Globe*, Leah R. Garnett writes: “By the end of last year, more than 35 million people worldwide were using the drug, which provided Lilly with more than 25% of its \$10 billion in 1999 revenue.” Prozac is reportedly the third best selling drug in the country. And let’s not forget to mention the tidbit that, according to longtime researcher Eustace Mullins, former president George Bush and vice-president Dan Quayle are major stockholders in the Lilly Company.

“The public is being misinformed about the precision of these selective serotonin reuptake inhibitors.” —Candace B. Pert, Research Professor, Georgetown University Medical Center, Washington.

“Never before Prozac has a medication been so misrepresented by so many people for so long in the absence of adequate data.” —Dr. Mantosh Dewan and Dr. Prakash Masand, Department of Psychiatry, State University of New York, *Journal Of Family Practice*, Vol. 33, No. 3, 1991.

Zoloft, a Prozac clone, is closing the gap with 1999 sales of \$2.1 billion. The total number of prescriptions for SSRIs worldwide, comprising a number of Prozac clones, according to *The Boston Globe*, has now peaked 84 million. According to a recently aired 20/20 program, SSRIs constitute a \$6 billion-a-year industry.

In an editorial appearing in *The Boston Globe* on May 15, we read: “While the drug companies and the US Food and Drug Administration have a system for maintaining an adverse-event database, doctors are not required to report the serious problems patients have with a drug. As a result, there are distinct limitations in the system to track bad reactions and then add new warnings on the drug’s label

or withdraw it altogether. Public Citizen, a watchdog group in Washington, DC, reports that actual surveys of medical records turn up 10 times as many drug reactions as are reported voluntarily by doctors.”

While these SSRI pharmaceutical manufacturers have succeeded in being relatively legally “bullet-proof”, usually by throwing unlimited funds and countless law-firms into the fray, there is a hole in the dike: Lilly’s 14-year patent on Prozac is about to expire. In a recent patent application filed by Lilly for a “new and improved Prozac” called R-fluoxetine (U.S. Patent no. 5,708,035), they say that the new drug will decrease such side-effects as: “headaches, anxiety and insomnia, and also inner restlessness (akathisia), suicidal thoughts and self-mutilation.” What more of an admission of “guilt” could one ask for? Further, Judge Kay, in the United States District Court for the District of Hawaii, in Civil case no. 95-00185 ACK, Susan K. Forsyth vs. Eli Lilly and Company, recently found scientifically reliable, legally admissible evidence linking Prozac to suicide.

Dr. David Healy, an expert on the brain’s serotonin system and the director of the North Wales Department of Psychological Medicine at the University of Wales, estimates that: “Probably 50,000 people have committed suicide on Prozac since its launch.”

In an article titled “Spiral Of Violence Blamed On Prozac”, written by Anthony Browne, Health Editor for *The Observer*, we read: “In the US, the widespread use of antidepressants and easy availability of guns is thought to be responsible for mass killings. Eric Harris, 18, from Columbine High School in Colorado, who last year shot 12 fellow students and a teacher, had been taking Luvox, similar to Prozac. In 1998, Kip Kinkel, 14, killed his parents before going on a shooting spree at his high school in Springfield, Oregon, killing two and injuring 22. He took Prozac.”

Dr. Ann Tracy spares no strong words when it comes to warning about these serotonin boosting antidepressants. To gain a better perspective on the vast devastation brought on by these new SSRI medications, let’s turn now to an article written by Dr. Tracy on this lethal subject. And we must remember, also, as with any court proceeding, to look at the BODY OF EVIDENCE, taken as a whole. Then, once you have done this, reach your own conclusions.

THE AFTERMATH

Concerning Prozac, Zoloft, Paxil, Luvox, Effexor, Serzone, Celexa, Fen-Phen, Redux, Merida, Anafranil, etc.

by ANN BLAKE TRACY, Ph.D.

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Sciences, with an emphasis in Psychology, has specialized for 10 years in adverse reactions to serotonergic medications. She is the executive director of the International Coalition for Drug Awareness (www.drugawareness.org) and author of the book *PROZAC: PANACEA OR PANDORA?*

Warning: It should be noted that a gradual tapering off of medications is the safest withdrawal method to avoid serious withdrawal effects.

(Often there is the terrible withdrawal associated with the SSRIs. Unless patients are warned to come very slowly off these drugs by shaving minuscule amounts off their pills each day, as opposed to cutting them in half or taking a pill every other day, they can go into terrible withdrawal which is generally delayed several months. This withdrawal includes bouts of overwhelming depression, terrible insomnia and fatigue, and can include life-threatening physical effects, psychosis, or violent outbursts.)

Note: Keep in mind that these drugs are all serotonergic agents and clones or “copy cat” drugs of Prozac—the first SSRI antidepressant introduced to the market in America. Basically what applies to one, applies to the others. For instance, we have more data out on Prozac because it has been around longer, but as the mode of action is the same for all of these meds, the effects will be the same for the other drugs on this list as it is for Prozac. If we are discussing one drug, similar effects would be expected from any other company’s version of the drug. In fact, it would be more honest to give them the titles of Prozac #1, Prozac #2, Prozac #3, etc., rather than the brand names they have been given—from the second clone, Zoloft, to the latest Prozac clone, Celexa. My concern is that each new SSRI introduced seems to be a little stronger on serotonin reuptake and therefore potentially more dangerous. And the all-too-common practice of going from one SSRI to another blocks additional receptors and magnifies the harmful

effects of these medications.

It is crucial to learn that, according to medical research, the theory behind this group of drugs is invalid. Known as serotonin reuptake inhibitors, they are designed to block serotonin in the brain, thereby increasing brain levels of this neurotransmitter. Yet for three decades researchers have been intensely interested in serotonin because LSD and PCP produce their psychedelic effects by mimicking serotonin. Elevated serotonin is found in: psychosis or schizophrenia, mood disorders, organic brain disease, mental retardation, autism and Alzheimer’s. Low levels of the metabolism of serotonin (which also produces high serotonin) are found in those with: depression, anxiety, suicide, violence, arson, substance abuse, insomnia, violent nightmares, impulsive behavior, reckless driving, exhibitionism, hostility, argumentative behavior, etc. The drugs increase serotonin and decrease the metabolism of serotonin leading to any and all of the above results.

This information is extremely crucial for patients and physicians to learn as soon as possible. We have a high rate of use of these drugs nationwide. Raising serotonin and lowering the metabolism of serotonin in such a large number of people can produce very serious, widespread, and long term problems for all of society.

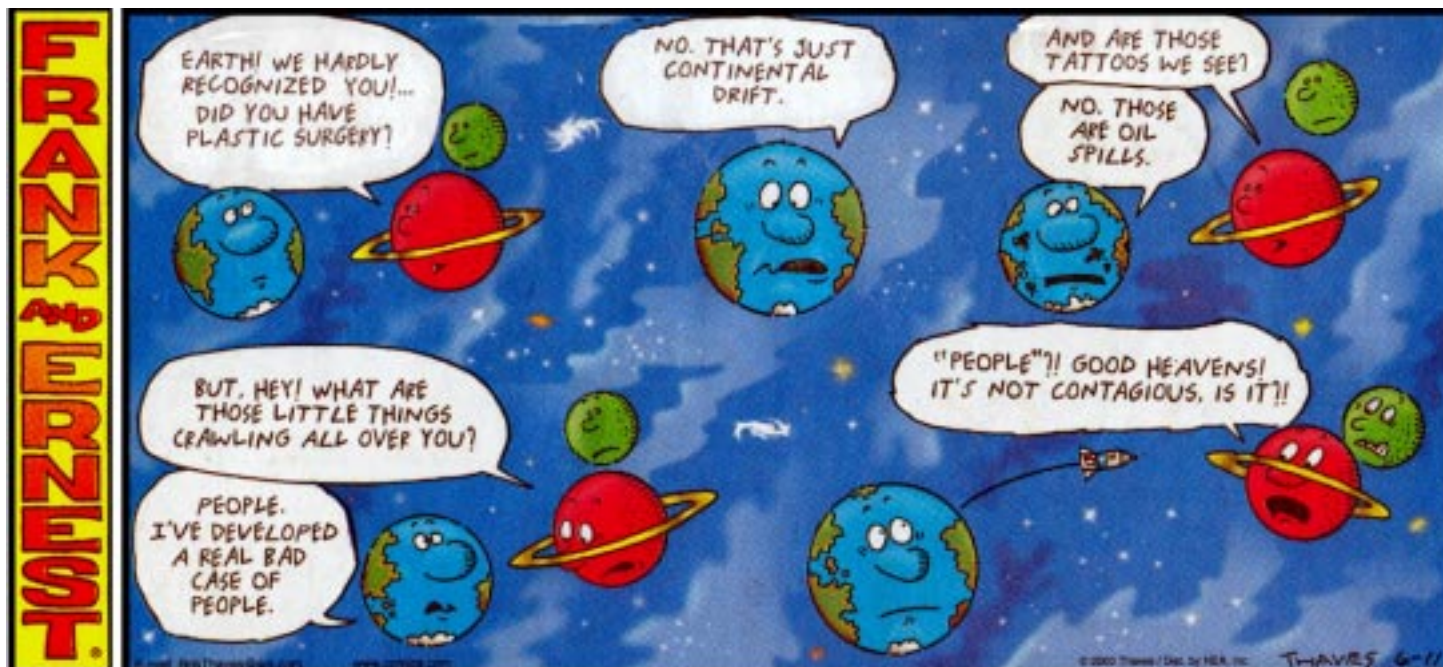
So why are we now, in the '90s, being told that increased serotonin is good for us? Is it because it is good for the pocketbooks of the manufacturers? One manufacturer is running full-page newspaper and magazine ads and half-hour TV infomercials to bring in over \$7 million daily, while on the other hand they are settling Prozac suicide cases for huge amounts of money in exchange for silence from victims’ families on the details of those settlements. The silence in the court cases insures that the drug will be allowed to finish out its patent time, thus bringing in the highest possible profits for the company.

They know that with \$7 million coming in

daily, they can afford to settle a large number of lawsuits and still come out “smelling like a rose” financially. Eli Lilly has been sued for Prozac-related deaths in numerous state and federal courts with most of these cases being settled or dismissed—many were dismissed due to the unethical manipulation of the Wesbecker verdict (see Time Line for details).

We have witnessed no decrease in suicide, but increases in murder/suicide, suicide, unwed pregnancies, domestic violence, manic depression, MS, hypoglycemia, diabetes, bankruptcies, divorce, mothers (parents) killing children, road rage, school shootings, cancer, chronic fatigue syndrome, and fibromyalgia since these serotonergic drugs have become so popular and I relate it directly to the effects of these drugs.

The death toll has continued to climb drastically since I wrote *Prozac: Panacea Or Pandora?* Some of the cases you may be familiar with are: Mr. and Mrs. Phil Hartman (Zoloft); Prozac was found in the van of Mark Barton, the Atlanta day-trader who recently killed his family and others in a shooting spree before taking his own life; Neal Furrow, an LA Jewish school shooting was reported to have been court ordered to be on Prozac along with several other medications; the Salt Lake Family History Library shooting; school shootings in Littleton, Colorado (Luvox), in Atlanta, Georgia and Springfield, Oregon (Prozac), and Caldwell, Idaho; another boy in Pocatello, ID in 1998 who, in seizure activity from Zoloft, had a standoff at the school; 15-year-old Chris Shanahan (Paxil) in Rigby, ID who out of the blue killed a woman; the shooting at the lottery in Connecticut last spring by Matthew Beck (Luvox) that left five dead in a murder/suicide; the New York City subway bombing by Edward Leary (Prozac); little 10-year-old Timmy (Prozac) in southern Florida; Nick Mansies (Paxil) in New Jersey who was convicted of killing a little boy who was selling cookies door-to-door; in Orange County, CA Dana Sue Gray (Paxil) who co-workers described as a very caring nurse killed several elderly people; officer Stephen Christian (Prozac), one of the finest officers on the Dallas police force, who ran into a police substation shooting at fellow officers and was killed; 13-year-old Chris Fetters (Prozac) in Iowa who killed her favorite aunt; David Rothman (Prozac) killed two co-workers and himself at the Department of Agriculture in Inglewood, CA; Williams Evans (Zoloft) shot one co-worker at the Ohio Bureau of Employment Services before shooting himself in Columbus, OH; Winatchee, WA where 43 people were wrongfully imprisoned in a false accusation of sexual abuse “witch



hunt” fury started by a child under the influence of Prozac and Paxil; Christopher Vasquez (Zoloft) killed Michael McMorrow in Central Park; Megan Hogg (Prozac) duct-taped the mouths and noses of her three little girls and took a handful of pills; Vera Espinoza (Prozac) in Randolph, VT shot her small son and daughter before shooting herself; an elderly man (Prozac) in Layton, UT axed his wife and daughter to death; Margaret Kastanis (Prozac) used a knife and hammer to kill her three children before stabbing herself to death; an elderly man (Paxil) in Dallas, TX strangled his wife before shooting himself twice in the chest; Larramie Huntzinger (Zoloft) blacked out and ran his car into three young girls killing two in Salt Lake City, UT; Mary Hinkelman (Prozac), a nurse in Baroda, MI shot her two small daughters and her sister before shooting herself; Lisa Fox (Prozac) shot her small son and her dog before shooting herself in Brighton, MI; Debi Louselle (Zoloft) shot her daughter and then herself in Salt Lake City, UT; a father in Wyoming shot his wife, daughter, and baby granddaughter, then himself after only days on Paxil; a mother (Prozac) in Pleasant Grove, UT killed her 17-year-old son with a sledge hammer while he slept, before she attempted suicide, by drinking Drano; Larry Butzz, a superintendent of schools in Ames, IA shot his wife, son, and daughter before shooting himself.

Many cases pending in court are not mentioned. This is only a handful of MANY, MANY more cases—there would not be room for anything else if I continued listing the cases.

A few additional famous victims: Princess Di (Prozac) and Dodi Fayed, via their driver Henri Paul (Prozac); Monica Lewinsky (Prozac, Zoloft, Effexor, Serzone and Phen-Fen); Chris Farley (Prozac); Pres. Clinton’s ex-partner Jim McDougal (Prozac); Abby Hoffman (Prozac); Del Shannon (Prozac); Danielle Steele’s son (Prozac); INXS singer Michael Hutchence (Prozac); Sarah, Dutchess of York (Phen-Fen).

The latest figures show Prozac has about 44,000 adverse reports filed with the FDA. Out of those reports there are about 2500 deaths, with the large majority of them linked to suicide or violence.

The suicide statistics relating to women are shocking. According to the Centers for Disease Control, there are about 30,000 suicides yearly in the United States. Out of those, about 6,000 are women—a ratio of about 4.3 to 1, male to female. About twice as many women as men are treated for depression, demonstrating that generally men are more than 8 times as lethal in their suicidal gestures as women.

Women were known to use less lethal means until the SSRI antidepressants hit the market. But on Prozac and Paxil, women committed 40% of the suicides—many were strikingly violent and clearly leaving no means for rescue. (Remember that, because Prozac

was the first of this group of drugs, its track record gives us a vision of what is to come with other serotonergic antidepressants, especially when they are so powerful in the reuptake of serotonin.)

TIME LINE OF CRITICAL INFORMATION DISCOVERED SINCE THE BOOK

Note: Any documents beginning with PZ are Lilly documents on Prozac which have been ferreted out by attorneys and are now being used in lawsuits against the drug company. (Christian vs. Eli Lilly, by Vickery & Waldner, Houston, TX)

- Mid 1950s: Dr. Felix Sulman began his research on those who suffer from high serotonin levels because of an inability to metabolize serotonin. He found that serotonin is a stress neuro-hormone leading even rabbits, the most docile of creatures, to be aggressive. He coined the term “serotonin irritation syndrome.” He found that those who were unable to break down serotonin would have increased levels. They “were in effect being poisoned by the serotonin produced by their own bodies. The irritation victims suffered from migraines, hot flashes, irritability, sleeplessness, pains around the heart, difficulty in breathing, a worsening of bronchial complaints, irrational tension and anxiety...horrifying nightmares. It also caused volunteers to sleep badly—that is, always on the edge of consciousness so that they were not properly rested—and to wake after only a few hours of sleep.” (This is known as sleep apnea.) He also found it caused pregnant women to abort.

- October, 1977; Slater, et.al., *Inhibition Of REM Sleep By Fluoxetine, A Specific Inhibitor Of Serotonin Uptake*, [Editor’s note: This is from a law case; the specific reference is unknown at this time.] at p. 385: Prozac was found to affect sleep habits, specifically to suppress deep sleep, which the scientists call REM (rapid eye movement) sleep in cats. By the fourth day of drug treatment the cats receiving the larger doses, which had been friendly for years, began to growl and hiss. After cessation of the drug treatment the cats returned to their usual friendly behavior in a week or two; those on the higher doses recovered more slowly.

- 1977 (PZ 1298 1999): “A total of six dogs from the high-dose group were removed from treatment...due to severe occurrences of either aggressive behavior, ataxia, or anorexia.”

- July 31, 1978 (PZ1061 1025-28, July 31, 1978): Human subjects began to be used by Lilly in controlled clinical trials. The first group of patients showed no improvement in their depression, but there were a “large number of reports of adverse reactions”. The first human to receive Prozac experienced “dystonia

resembling an extrapyramidal reaction”—an uncontrollable, Parkinson-like shaking or trembling.

- July 23, 1979 (PZ 1297 969): The clinical studies in depression showed that “some patients have converted from severe depression to agitation within a few days; in one case the agitation was marked and the patient had to be taken off the drug. In future studies the use of benzodiazepines to control the agitation will be permitted.”

- August 3, 1979: The clinical trials excluded patients who had serious suicidal risk (e.g. control #001519, IND Protocol No. 14, August 3, 1979; PZI 135 695, July 2, 1986 memorandum of Dr. Wernicke).

- December 17, 1984; (PZ 65 449, report of Lilly to FDA): Lilly reported to the FDA that benzodiazepines and other sedatives were given with Prozac throughout the clinical trials. This was to help offset the stimulant effect of the drug. In a memorandum of Lilly scientist Charles Beasley (PZ 5412007-08) issues of “agitation vs. sedation” and concomitant sedative medications like benzodiazepines (to control the agitation) are discussed. Concerns are that agitation in a suicidal patient can induce suicide.

- March 3, 1986: Lilly controlled the flow of information to the FDA and decided that suicide data on Prozac should not be evaluated: “In the safety-update for the FDA the number of suicides and suicide attempts will not be especially evaluated” (PZ 879 1966, March 3, 1986 telex).

- September 12, 1986: German BGA very concerned with the risk of suicide and ultimately approved Prozac on the condition that physicians be warned of the risk of suicide and told to consider using sedatives and closely monitor patients (PZ 878 1383, report of Lilly consultant Pohlmeier; PZ 2467 299, September 12, 1986). Lilly actually warned physicians in Germany and other countries that this measure “can be necessary” to minimize the risk of suicide (PZ 1341 402, December 6, 1989 German warning; PZ 2469 490).

- February 7, 1990: In response to the Harvard study, Teicher, et al., Lilly’s top scientist, Leigh Thompson, told his fellow executives that “Lilly can go down the tubes if we lose Prozac” (PZ 1941 827, February 7, 1990). In the ensuing months Dr. Thompson spoke frequently with his principal FDA regulator about the issue, once at 6:15 in the morning (PZ 391 1959, July 18, 1990). Lilly later described the man as “our defender” (PZ 1941 2256, September 12, 1990).

- May 29, 1990: Lilly added “suicidal ideation” in the section dealing with post-marketing reports (PZ883 562, July 26, 1990 memorandum).

- September 14, 1990: Contrary to the advice of his staff, Dr. Thompson told the Eli Lilly Board of Directors that suicide and hostile

acts were probably caused by the patients' underlying disorders rather than Prozac (PZ542 2101, September 14, 1990; PZ4002 889, Board Minutes). The staff was concerned because they knew that this issue was never studied during the clinical trials.

- September 11, 1990: Note from Dr. Bruce Stadel, Chief of the Epidemiology Branch, attaching an analysis done by Dr. David Graham, Section Chief within the Epidemiology Branch, of Lilly's July 17, 1990 submission to the FDA on the Prozac/suicidality/violence issue. The following factors were (a) brought to the attention of those in the higher echelons of the FDA, but (b) ignored, discounted, or "trashed" by them: (#1) Lilly's analysis improperly excluded 76 out of 97 suicides; as Dr. Stadel expressed it: "it is inappropriate in a safety analysis to exclude such a large proportion of cases"; (#2) Lilly admitted that its clinical trials "were not designed for the prospective evaluation of suicidality" and that "in these trials, patients with current suicidal ideation were excluded"; (#3) Lilly admitted that the HAMD-3 rating scale it used to assess suicidality in clinical trials was inadequate, and that Lilly's statements about violence only demonstrated "how great under-reporting is" and that "the actual data showed a higher percentage of treatment-emergent suicidality among fluoxetine (2.9%) than tricyclic (0.8%) patients...[which percentage] was similar to that reported by Teicher."

- July 1, 1992: A study led by Dr. Lome Brandes of the Manitoba Institute of Cell Biology in Winnipeg, Canada was published in *Cancer Research* linking the two most popular anti-depressants, Elavil and Prozac, to cancer.

- 1993: A study headed by Edward Domino showed LSD flashbacks and LSD reactions induced by Prozac.

- June 9, 1994: *The New York Review Of Books* article by Dr. Sherwin Nuland slams Peter Kramer for pushing Prozac in his book *Listening To Prozac*. He pointed out that all docs are taught in med school this little poem about serotonin: "This man was addicted to moanin', confusion, edema, and groanin', intestinal rushes, great tricolored blushes, and died from too much serotonin." He listed constriction of lungs and intestines, diarrhea, wheezing, flushing, mental confusion, tightening of bronchioles, and lessening conscious control over behavior from increases in serotonin. "Moreover . . . it is still too early to arrive at a reliable estimate of possible dangers that may appear in the long term" and 15% dropped out of the clinical trials on Prozac because of adverse reactions. He also discussed the similarity of serotonin to the psychedelics like LSD and PCP.

- November, 1994: Krysiel JH, Webb E, Cooney N, et al., "Specificity Of Ethanol-like Effects Elicited In Serotonergic and

Noradrenergic Mechanisms," *Archives Of General Psychiatry*, Vol. 51, Issue 11, pgs 898-911, 1994, demonstrated that an increase in brain levels of either of two neurotransmitters, serotonin or noradrenalin, produces: (#1) a craving for alcohol, (#2) anger, (#3) anxiety. They found this to be especially true for those who have a history of alcoholism. An increase in serotonin, in turn, increases noradrenalin. Numerous reports have been made by reformed alcoholics who are being "driven" to alcohol again after being prescribed a serotonergic drug. And many other patients who had no previous history of alcoholism have continued to report an "overwhelming compulsion" to drink while using these drugs.

A few personal accounts:

(#1) A young woman, a recovering alcoholic, reported that during the eight-month period she had been using Prozac, she found it necessary to attend AA meetings every day in order to fight off the strong compulsions to begin drinking again.

(#2) In the southeastern United States, a middle-aged psychologist, also a recovering alcoholic, after being prescribed Prozac, found herself needing to attend AA meetings morning, noon, and night to keep from destroying the sobriety she had achieved.

(#3) A young father, who was Mormon and had never before in his life used alcohol, found himself drinking Ever Clear and exhibiting bizarre as well as violent behavior, after being prescribed Prozac and Ritalin.

(#4) A young mother, who had never used alcohol before, began drinking large amounts within weeks of being prescribed Prozac and quickly found herself committed to a mental institution due to the psychotic behavior that resulted. Added to her Prozac prescription were anti-psychotic meds and electric shock treatments. She then began to experience seizures and was started on anti-seizure meds.

(#5) A concerned neighbor reported her friend was drinking straight Vodka on a regular basis after being prescribed Zoloft.

(#6) A daughter reported her father, sober for 15 years, began drinking again on Prozac.

- December, 1994: "Not guilty" verdict on Wesbecker wrongful death suit against Lilly's Prozac.

- Treatment emergent suicidality with Prozac has been demonstrated to be two to three times higher than any other anti-depressant (Jick, et al., *Antidepressants And Suicide*).

- May, 1995: Judge John Potter who presided over the Wesbecker case filed documents to demand that Lilly be forced to disclose the secret deal they made with the plaintiffs to withhold very damaging evidence in exchange for settlement. In his pleading to the court Potter stated: "**Lilly sought to buy not just the verdict, but the court's judgment as well.**"

Potter accused Lilly of "giving the verdict the widest possible publicity" accompanied by the claim that Lilly had "proven in a court of law that Prozac was safe". Furious with Lilly's attempt to turn his courtroom into an advertising agency for Prozac, he claims his motion reflects "the court's duty to protect the integrity of the judicial system". He believes, as do prominent legal ethicists, that a full and open disclosure of the terms of the settlement is a **necessary public safety issue**.

- July, 1997: Mayo Clinic found that the increased serotonin, which produces blood clotting, was causing a gummy, glossy substance to build up on heart valves. Dr. Heidi Connolly, with the Divisions of Cardiovascular Diseases and Internal Medicine, who headed the study stated: "We do know that fenfluramine and phentermine (Fen-Phen) alter the way the brain chemical serotonin is metabolized, and serotonin that circulates in the blood can cause valve injury." Fenfluramine produces a rapid release of serotonin, inhibits serotonin reuptake, and may also have receptor agonist activity. The study's revelations should send a loud and very clear warning throughout the medical community concerning all serotonergic medications.

- August 25, 1997: Letter to Dr. Tracy: "I caught the last part of your presentation on Radio Station KEX, Portland, while flipping through the dial last night. I was flabbergasted to hear you speak of the horrible potential side-effects from Prozac, which I have been taking for approximately four years, particularly since I have been diagnosed recently with cardiomyalgia, severe artery disease, congestive heart failure, and also fibromyalgia. (I was a very 'well' person prior to taking the Prozac and am now exhausted all the time, with horrible aching joints and considerable pain and a massive heart problem.)" The adverse cardiovascular effects from Prozac—the one drug in this class of drugs out long enough to have somewhat of a track record—are listed in the drug information sheet put out by the manufacturer. The "frequent" effects listed are hemorrhage and hypertension. The "infrequent" effects include very serious adverse effects: congestive heart failure, myocardial infarct, tachycardia, angina pectoris, arrhythmia, hypotension, migraine syncope, and vascular headache.

- September, 1997: Redux and Phen-Fen were pulled from the market.

- October 20, 1997: Dr. Candace Pert, Research Professor at Georgetown University Medical Center, past head of the brain chemistry department at the National Institute of Health, and author of the new book *Molecules Of Emotion*, sounded an alarm in *TIME*, October 20. She stated: "I am alarmed at the monster that Johns Hopkins neuroscientist Solomon Snyder and I created when we discovered the simple binding assay for drug

receptors 25 years ago. Prozac and other antidepressant serotonin-receptor-active compounds may also cause cardiovascular problems in some susceptible people after long-term use, *which has become common practice despite the lack of safety studies.*"

As we are being led to believe these drugs produce effects only in the brain, Dr. Pert accuses the medical profession of oversimplifying the action of these drugs and adds that "the public is being misinformed about the precision of these selective serotonin-uptake inhibitors". It is critical that both physicians and patients be made aware of these adverse *physical* reactions. She points out that the medical profession not only oversimplifies the action of these drugs in the brain, but "ignores the body as if it exists merely to carry the head around!" And that "these molecules of emotion regulate every aspect of our *physiology*." The *body* plays a very significant role in how we feel and act the way we do. This fact can no longer be ignored.

- Serotonin and serotonin receptors exist throughout the body, as well as the brain, and every aspect of the body's physiology is affected by these serotonergic medications. In fact, approximately 90% of the body's serotonin is produced in the intestinal tract. According to Dr. Michael Gershon of New York's Columbia Presbyterian, this is the reason why Prozac produces so many gastrointestinal side-effects.

- March, 1998: Two new studies published; one shows that Prozac so strongly inhibits one particular serotonin receptor that this produces both obesity and seizures, the other study discusses the blockage of muscle and neuronal nicotinic acetylcholine receptors indicating interactions between the serotonergic and cholinergic systems in the central nervous system.

- April, 1998: Our next generation of guinea pigs. One month before, a 15-year-old on Prozac, Kip Kinkel, in Springfield OR, killed his parents and two classmates. The American Psychiatric Association and the American Academy of Pediatric Psychiatrists asked the FDA to consider the serotonergic antidepressants for use in children as young as two, and drugs for anxiety, aggression, and manic depression in **babies ONLY one month old!** The use of Prozac among young children, ages 6-12, has increased an alarming 400% from 1995 (51,000 new prescriptions) to 1996 (203,000 new prescriptions).

- June, 1999: *Clinical Psychiatry News* reported that Dr. Malcolm Bowers, a psychiatrist at Yale, has found that physicians are not paying enough attention to patient factors that could make initiation of SSRIs dangerous. He found that "SSRI-induced psychosis has accounted for 8% of all general hospital psychiatric admissions over a recent

14-month period." And "What is surprising is that this particular group of side effects is really underplayed." (The 8% figure represents over 150,000 SSRI-induced psychotic breaks per year!!!!!!)

- Warning: Children so often get coughs and colds, yet using a cough or cold medication with dextromethorphan could cause the serotonin syndrome, a very serious and potentially fatal adverse reaction and/or produce PCP reactions.

- Serotonin syndrome remains an often misdiagnosed or unrecognized fatal reaction due to the medical profession being so uninformed about this drug-induced disorder.

- Developing brains are far more vulnerable than adult brains, and brain damage generally becomes more apparent after the brain is fully developed, rather than immediately. Increases in cortisol produce brain damage, while medical research shows that one single 30 mg dose of Prozac **DOUBLES** the level of cortisol. This drastic increase in cortisol causes a multitude of serious physical reactions including impairment of linear growth, as well as impairing the development and regeneration of the liver, kidneys, muscles, etc.

In light of so many unspeakable tragedies, I have grown weary of all the silly philosophical discussions we have heard since Kramer's *Listening To Prozac* came out. Patients are dying or having their health destroyed mentally as well as physically.

When do we begin to discuss the very serious physical side-effects associated with high levels of serotonin?

These patients and their families are frantically searching for answers while this research sits right under our noses and could easily be made available to them. The widespread use of Prozac and its clones is not a statement of either their safety or their effectiveness. It is a statement about the effectiveness of an infinite marketing budget and incredible advertising campaign!

These drugs have very serious physical side-effects, as well as dangerous psychiatric side-effects. To prevent further tragedy, this medical research must be acknowledged and addressed in headline news without delay, rather than remain buried in seldom read medical research documents as has been the case in the past with other mind-altering medications, once thought to be safe, which were subsequently prohibited by law, such as LSD, PCP, cocaine, etc.

- October 1998 note from a British nurse: "I started having bad reactions.... October 1996 I found Prozac to be causing joint and muscle pain itself...signs of Cushing's Syndrome.... I was very pro-Prozac until last October and wouldn't have listened to anything said against it until I got problems. Thought it was saving my life, while all the time it was insidiously and slowly killing me!

"When I first heard about your book on the Internet, I was interested but quite skeptical. However, since reading it and having suffered so many problems with Prozac, I have come to the conclusion that the book is brilliant, and a lifeline as far as I am concerned. I tried to fault the research and reasoning, but could not and still can't.

"I would like to extend my thanks to you for your heroic stance on this enormously important issue. I have tremendous respect and admiration for your hard work, determination, and courage in pursuing this subject so vigorously, against so much powerful opposition, for the benefit of people like me. Your integrity puts many, if not most, doctors and psychiatrists to shame. It is reassuring to find that there are a few people who are prepared to fight for the truth, for the benefit of mankind."

* * *

We are actively discouraged from thinking constructively and questioningly, and once an individual has accepted the numb acquiescence so encouraged, an insidiously vicious circle has successfully been promoted. Another rather convenient result of such a situation is that people who don't think constructively and questioningly don't even realize it.

—Michael Timothy, *The Anti-Intellectual Ethic*

THE CIA, SANDOZ, LSD AND THE MIND CONTROL AGENDA

To put the issue of Prozac into its proper context in the Larger Picture, we must take a moment to turn back the clock to Eustace Mullins' classic work: *Murder By Injection: The Story Of The Medical Conspiracy Against America* from which I extracted the Front Page quote which sets the tone at the beginning of this entire article.

We read from Eustace's classic and formidable 1988 research volume:

[Quoting]

The CIA drug story begins in 1943, when the organization was still known as the OSS. A Dr. Albert Hofmann was experimenting in the Sandoz Laboratories in Switzerland (Sandoz was then controlled by the Warburg [*money and banking*] family). Although Sandoz has been manufacturing a substance known as LSD, or lysergic acid, since 1938, it had only been used in experiments and monkeys. A later form of this substance, LSD-25, produced amazing psychotropic effects, as Dr. Hofmann accidentally discovered, when he absorbed a small quantity of rye fungus, the base for the drug, while he was working. This happened during August of 1943, at the height of the Second World War. Dr. Hofmann later reported: "There surged upon me an uninterrupted stream of fantastic images of

extraordinary plasticity and vividness and accompanied by an intense kaleidoscopic-like play of colors.... I thought I was dying or going crazy.”

This was the first “trip”, the precursor of millions of such experiences by drug cultists. By 1958, Dr. Hofmann had expanded his interests to Mexican mushrooms and mescaline, both of which then became very popular among leading bankers in New York, and among prominent Hollywood personalities.

At the time of the discovery of LSD, Allen Dulles was posted in Switzerland, as though by precognition. It was under his leadership that the CIA became transformed into the foremost operation of Dope, Inc. He was then engaged in various activities with officials of the Nazi regime. To this day, no one has been able to ascertain whether he was trying to preserve the Hitler regime, or to overthrow it. The most likely assumption is that he was trying to preserve it to a point, lest the war end too soon for the profit-minded munitions makers, but at the same time to prevent any sort of victorious ending for his Nazi cohorts.

The notes of Gotterdammerung had already been sounded. Dulles' association with the Hitler regime went back to a fateful meeting in Cologne in 1933, when he and his brother, John Foster Dulles, assured Hitler the money would be forthcoming to guarantee the fruition of his goals as he had set them forth in *Mein Kampf*. Allen Dulles later became a director of the Schroder Bank, which handled Hitler's personal bank account. Interestingly enough, no one has ever been able to trace one cent of Hitler's considerable personal fortune, which he had received from the sale of his books and other income. Unlike his opponent, Franklin D. Roosevelt, Hitler had no trust fund from his mother (the proceeds from the China opium trade).

Dulles, as an international spymaster, would probably have been aware of Dr. Hofmann's experiments. After he had returned to the United States and became director of the newly created CIA, Dulles ordered 10 kg of LSD from Sandoz, the stated purpose being “for use in drug experiments with animals and human beings”. As there are some 10,000 doses per gram, this meant that Dulles ordered one hundred million doses of LSD.

Meanwhile, a Dr. Timothy Leary had been hired by the National Institute of Health to experiment with psychedelic drugs, including LSD. Leary had already been forced to resign from West Point, and was later fired from the faculty of Harvard, perhaps the only person who could say this.

Leary's NIH study was financed by a grant from the Uris Foundation of New York City. It continued from 1953 to 1956, when it was moved to the U.S. Public Health Service, the experiments going on until 1958, and also at HEW from 1956 to 1963. A CIA memo dated

November 1, 1963 featured glowing accounts of the work of Dr. Leary and his associate, Dr. Richard Alpert, who also was later fired from the staff of Harvard.

They invented the turn-on, tune-in, drop-out movement which incapacitated the youth of America for an entire generation. The movement, in which the CIA always had a proprietary interest, was given academic status when it was launched from the ivy-covered halls of Harvard by Leary and his group. After their forced departure from Harvard, they were ensconced in a million-dollar estate in New York by the wealthy Mellon heir, Tommy Hitchcock. Their movement swept over the campuses of American universities and destroyed the educational opportunities for thousands of American youths.

A later governmental investigation of the CIA, which was chaired, naturally enough, by Nelson Rockefeller, made this comment in its *Rockefeller Report* to the President on CIA activities: “Beginning in the late '40s, the CIA began to study the properties of certain behavior-influencing drugs.... All the records concerning the program were ordered destroyed in 1973, including a total of 152 separate files. CIA also contracted with the then Bureau of Narcotics to have mind-influencing drugs given to unwitting subjects in ‘normal life-settings’.”

The above referred to several unfortunate incidents, in which CIA employees, who had been given doses of LSD without their knowledge, committed suicide under its malign influence. The families of these victims learned many years later of the true circumstances of these “suicides” and successfully sued the government to obtain financial settlements.

Of the various CIA projects, the most notorious was MK-Ultra. These programs were supervised by another prototype of the “mad doctor”, a Dr. Sidney Gottlieb. Despite the havoc wrought by his activities, Dr. Gottlieb was never brought to trial. Indeed, the then director of the CIA, Richard Helms, made certain that all records of the MK-Ultra operation were destroyed during his last days in office, leaving Dr. Gottlieb immune from prosecution.

Dr. Gottlieb, who has been described by observers as “a pharmaceutical Dr. Strangelove”, envisioned dosing entire populations with hallucinogenic drugs.

[End quoting]

BETTER LIVING THOUGH CHEMISTRY?

We now turn to Dr. Tracy's book *PROZAC: PANACEA OR PANDORA?* for the next piece of important background information before starting the interview:

[Quoting]

A large portion of this information [*in her book*] on the CIA and LSD was reported at the

Annual Meeting of the American Academy of Neurology in 1990 by Drs. Robert F. Ulrich and Bernard M. Patten in a presentation entitled *The Rise, Decline, And Fall Of LSD*. LSD's developer was Albert Hoffman. Drs. Ulrich and Patten related that “Hofmann himself suspects that the materialistic American life-style and resultant feelings of alienation from Nature and lack of a meaningful philosophy of life drew people” to LSD. He “favored the potential uses of LSD, stating that if people learned to use the drug more wisely under the proper conditions, in medicinal practice, and in association with meditation, it could become a ‘wonder child’.” (Keep in mind that this is a drug known to twist every perception we possess as humans and was first marketed to chemically induce psychosis.) These two doctors reacted to Hofmann's opinion by stating: “We now know that will never happen. LSD was part of an era of crazy faith in better living through chemistry.”

Only three years after this presentation was made to the nation's neurologists, this “crazy faith in better living through chemistry” they expected to never happen again is exactly what Dr. Peter Kramer's new book, *Listening To Prozac: A Psychiatrist Explores Antidepressant Drugs And The Remaking Of The Self*, is rehashing for us. It would be interesting to learn how Drs. Ulrich and Patten feel about Dr. Kramer's suggestion that we create a better living through the chemistry of Lilly's latest “wonder drug” Prozac. In fact, it would be interesting to know if Dr. Kramer himself recognizes himself that he is proposing, once again, Hofmann's philosophies. As we proceed further [*in the book*] and take a closer look at the similarities in action which these two drugs, Prozac and LSD, have within the brain, you will see why it is so curious that such similar arguments have been raised to justify the use of these two Lilly progenies.

[End quoting]

ELI LILLY AND COMPANY: A CLOSER LOOK

Let's take a little detour for a moment to look at this company responsible for Prozac.

Eli Lilly and Company is a global, high technology company founded by Colonel Eli Lilly in 1876 in Indianapolis, Indiana. Lilly currently employs more than 31,000 people worldwide, and markets its medicines in 179 countries.

The Chairman of the Board, President, and Chief Executive Officer for Eli Lilly is Sidney Taurel. Let's take a look at who sits on the Board of this powerful pharmaceutical company.

• **Sidney Taurel, Chairman, President, CEO:** Sidney Taurel, 51, a director since 1991, has been the company's CEO since July 1998, and Chairman of the Board since January 1999.

He joined the Company in 1971 and held management positions in the company's operations in Brazil and Europe. Mr. Taurel served as President of Eli Lilly International Corporation from 1986 until 1991, as Executive Vice President of the company from 1993 until 1996, and as President and Chief Operating Officer of the company from 1996 until July 1998. He is a director of ITT Industries, Inc., and The McGraw-Hill Companies, Inc., a member of the Board of Overseers of the Columbia Business School, and a trustee of the Indianapolis Museum of Art.

• **Charles E. Golden, Executive Vice President & Chief Financial Officer:** Mr. Golden, 53, has been a director since 1996, joined the company as Executive Vice President and Chief Financial Officer in 1996. Prior to joining the Company, he served as Vice President of General Motors Corporation (GM), and Chairman and Managing Director of Vauxhall Motors Limited, a subsidiary of GM in the United Kingdom, from 1993 to 1996. Mr. Golden joined GM in 1970 and held a number of executive positions in that company's domestic and international operations. Mr. Golden is a director of Clarian Health Partners, a trustee of the Indianapolis Museum of Art, a member of the U.S. advisory board of INSEAD, and a member of the National Advisory Board of Chase Manhattan Corporation.

• **Kenneth L. Lay, Ph.D., Chairman of the Board, CEO, Enron Corp:** Kenneth L. Lay, 57, a director (with Lilly) since 1993, has served Enron Corp. as Chairman of the Board since 1985. He joined Enron as President and Chief Operating Officer in 1985. Prior to joining Enron, he served as Chairman and Chief Executive Officer of Houston Natural Gas, and as President, Chief Operating Officer, and a director of Transco Energy Company. Mr. Lay is a director of Compaq Computer Corporation, EOTT Energy Corp., Azurix Corp., and Trust Company of the West.

• **Alva O. Way, Chairman of the Board, IBJ Whitehall Bank & Trust Company:** Mr. Way, 70, a director since 1980, became Chairman of the Board of IBJ Whitehall Bank & Trust Company in 1986. He also serves as a director of and consultant to Schroeder p.l.c., London, and related companies. Mr. Way previously served as President of both The Travelers Corporation and American Express Company, and served in executive positions with General Electric Company. He is a director of Gould, Inc., and Ryder Systems, Inc. Mr. Way also serves as a member of the Board of Fellows and Chancellor Emeritus of Brown University.

• **Steven C. Beering, M.D., President, Purdue University:** Dr. Beering, 67, a director since 1983, has served as President of Purdue University since 1983. He served as Dean of the Indiana University School of Medicine and

Director of the Indiana University Medical Center from 1974 until 1983. Dr. Beering is a fellow of the American College of Physicians and the Royal Society of Medicine and a member of the National Academy of Sciences Institute of Medicine. He is a director of American United Life Insurance Company, Arvin Industries, Inc., Veridian Corporation, and NiSource, Inc. Dr. Beering is the past national chairman of the Association of American Universities.

• **Franklyn G. Prendergast, M.D., Ph.D., Edmond and Marion Guggenheim Professor of Biochemistry and Molecular Biology, Mayo Medical School, and Director, Mayo Clinic Cancer Center:** Dr. Prendergast, 54, a director since 1995, is engaged in medical research and has held several other teaching positions at the Mayo Medical School since 1975. Dr. Prendergast serves on the Board of Trustees of the Mayo Foundation and its Executive Committee.

• **Kathi P. Seifert, Executive Vice President, Kimberly-Clark Corporation:** Mrs. Seifert, 50, a director since 1995, joined Kimberly-Clark in 1978 and has served in several capacities in connection with both the domestic and international marketing of consumer products. Mrs. Seifert is a director of the Aid Association for Lutherans, ThedaCare Health Group, and the Fox Cities Performing Arts Center. She also is a member of the Chancellor's Advisory Board of the University of Wisconsin, Oshkosh.

• **Alfred G. Gilman, M.D., Ph.D. Regental Professor and Chairman, Department of Pharmacology, The University of Texas Southwestern Medical Center (since 1981):** Dr. Gilman, 58, a director since 1995, has held the Raymond and Ellen Willie Distinguished Chair in Molecular Neuropharmacology at the university since 1987 and was named a Regental Professor in 1995. Dr. Gilman was on the faculty of the University of Virginia School of Medicine from 1971 until 1981, where he was named a Professor of Pharmacology in 1977. He is a director of Regeneron Pharmaceuticals, Inc. Dr. Gilman was a recipient of the Nobel Prize in Physiology or Medicine in 1994.

• **Karen N. Horn, Ph.D., Managing Director, Marsh Private Client Services, Marsh, Inc. (since 1999):** Mrs. Horn, 56, a director since 1987, prior to joining Marsh, was Managing Director and Head of International Private Banking at Bankers Trust Company; Chairman of the Board, Bank One, Cleveland, N.A.; President of the Federal Reserve Bank of Cleveland; Treasurer of Bell of Pennsylvania; and Vice President of First National Bank of Boston. Mrs. Horn is a director of TRW, Inc. She also serves as director of Delta Capital Management (the U.S./Russia Investment Fund), a Presidential appointment.

• **August M. Watanabe, M.D., Executive**

Vice President, Science & Technology (since 1996): Dr. Watanabe, 58, has been a director since 1994. Prior to joining the company, he was on the faculty of the Indiana University School of Medicine from 1972 to 1990. He joined the company in 1990 as Vice President of Lilly Research Laboratories and was named Group Vice President of Lilly Research Laboratories in 1992. He was appointed a Vice President of the company and elected to the Board of Directors in 1994. He is a fellow of the American College of Physicians and the American College of Cardiology, a director of the Indiana University Foundation, the Regenstrief Institute for Health Care, and the Indiana Symphony Society, and a member of the Board of Visitors of Wheaton College.

THE CIA, ELI LILLY, & LSD

The connection between Prozac and LSD is not likely a coincidental happening. It would seem like a huge, horrible joke to have a covert agenda to "turn on" large segments of the population if the facts of the matter were not as they are. Let's return for a moment to Dr. Tracy's book *PROZAC: PANACEA OR PANDORA?*:

[Quoting]

The CIA had a real heyday with LSD research. In 1953, as they turned a hopeful eye to LSD, their secret project focusing on chemical warfare and mind control, MK-Ultra, was born—a project which would not be known to the public for many years to come. They were initially funded \$300,000 for investigation of several drugs from cocaine to nicotine. The Agency considered LSD to be of such promise that in November 1953 they sent two men with a black bag containing \$240,000 (80% of their funds) in cash to Switzerland to buy up Sandoz's entire supply of LSD. They were authorized to purchase an unbelievable amount of 10 kilos—100 million doses. Much to their surprise they discovered that Sandoz's total output of LSD since its discovery in 1943 was only forty grams, not quite two ounces. After negotiations Sandoz agreed to supply the CIA with 100 grams of LSD every week and also to notify them of anyone else who was ordering the drug.

The CIA then turned to Eli Lilly, the makers of Prozac, who had previously introduced heroin and methadone to their products list, as a domestic source for LSD. They proposed that Lilly develop a synthetic LSD since the natural source of LSD, ergot fungus, was difficult to cultivate. A company memo dated October 26, 1954 by Eli Lilly to then CIA head Allen Dulles announced that they had been able to bypass the need for ergot fungus in processing the drug and had come up with an LSD made solely from synthetic sources.

They went on to suggest that with this

breakthrough in mass production that “in a matter of months LSD would be available in tonnage quantities”. Lilly also went on to state that they were continuing their research to develop a “covert use” of LSD. (*Acid Dreams*)

The following December *TIME* magazine reported that LSD “may actually help psychiatrists clear up mental illness”. It was also promoted as a cure for alcoholism and as an “aid in facilitating psychoanalysis”. In fact, the LSD advertising campaign now has an all too familiar ring as we recognize many of the same claims Lilly has been making for Prozac over the last six years. *The Merck Directory* lists Lilly as obtaining two patents on LSD just two months after the *TIME* article hit the press. Lilly offered to supply unlimited amounts of LSD to the CIA, and in a memo to Agency head, Allen Dulles, pointed out, this “meant that LSD could finally be taken seriously as a chemical warfare agent.”

* * *

What debt we owe to those who introduced us to the wonders of LSD. The pharmaceuticals have given us one dangerous and highly addictive psychoactive prescription drug after another: heroin, methadone, cocaine, LSD, the amphetamines and methamphetamines, steroids, PCP, qualudes, ecstasy, etc., etc., etc. The list goes on and on and has not stopped yet. Once these drugs have been released to the public for medicinal purposes, how do we ever control their use?

Education as to their effects appears to be our only hope. If we can understand what we are doing to ourselves and the cost involved to each of us, personally, and then to society as a whole, perhaps we will see the insanity behind our reaching out so rapidly and with such trust, devouring each new drug as fast as they offer one more.

This memory of past mistakes with these previous drugs, which time and experience have proven to be extremely dangerous, should warn us of impending problems in the future and instill a far more cautious approach to our use of prescription drugs, especially new ones. Learning from past mistakes is one of our most important reasons for the keeping of records and studying history, because learning from the mistakes of others is far less painful than learning from one’s own mistakes.

Yet have we really learned anything from these devastatingly disastrous mistakes in our past with such seriously mind-altering, highly addictive drugs—drugs which in the beginning were thought to be “safe”? How long can it take us to learn that, once out there, it takes lots of time and red tape to remove them from the market? And even after they are removed, stopping their illegal use, once a large population has become addicted to them, is

next to impossible.

Although these drugs have caused some of the most terribly violent and destructive behavior known to man, it does not appear to be the case that we have learned our lesson on drugs and their effects as yet. We jump to try all the new ones as they are candy coated and dangled in front of us on our television sets, in magazines, in newspapers, etc., etc.—yes, even by the doctors we are trusting with our lives.

* * *

And the reason we must pose the question about Prozac being the LSD of the ’90s is at the least threefold. Number one, it is patented and manufactured by the same pharmaceutical company who gave us LSD, Eli Lilly. Number two, the advertising campaign and promotional push for the two drugs has been extremely similar. Number three, the target in the brain for both Prozac and LSD is the neurotransmitter, serotonin, and both act as enhancers of serotonin; that is, they both raise the level of serotonin.

[End quoting]

Remember the Larger Picture of mind control of the masses in order to keep the sheep docile and readily susceptible to the will of the so-called “elite” controllers—whether that will be broadcast via conventional mass media modalities, such as radio and television, or “implanted” through more covert electromagnetic mechanisms.

And with that food for thought as background, let us begin a most astonishing interview.

AN INTERVIEW WITH AUTHOR ANN BLAKE TRACY, PH.D.

Martin: First of all, let me say your book is fantastic! I knew it was good when I got it, but I didn’t know how good until I actually started reading it—really, really informative. I can’t believe all the information about drug reactions on different drugs you have in there. You really crammed a lot into a fantastic package for people. Really good job!

Dr. Tracy: Well, I hear that all the time. I hear doctors tell me that I put fifteen books together into one.

Martin: Oh, yes, it’s just amazing. I’ve read a lot of pharmacological information over the years. In the late ’70s, I worked for two years at the Drug Detoxification Unit of the Haight-Ashbury Free Medical Clinic.

Dr. Tracy: Really?

Martin: There was a doctor of pharmacology there who I was fortunate enough to take some pharmacology classes from. So, I have a little background on the subject. When I was reading through the book, I was just very appreciative of the information that you’re sharing with people, and I know the

value of it.

There’s a lot of talk about Prozac and related drugs. Let’s begin this conversation with an in-depth examination of a much misunderstood and mostly overlooked subject: serotonin levels within the human body.

Now, I have a string of questions on serotonin. I’ll give them to you up front, then I’ll give them to you one at a time, if you need them—but just so you can see where I’m going: Why is serotonin so important? What is serotonin turnover? What is serotonin reuptake? What is serotonin irritation syndrome? What is 5HT and what about the 5HTP supplement? What is the correlation between serotonin and LSD? And serotonin levels being out of whack, let’s just hit that subject. And now I’m going to shut-up and you can inform us. (*laughter*)

Dr. Tracy: (*laughter*) Just take off, huh? (*laughter*) Ok, some of this is going to be a review, then, since you’re printing my article, *The Aftermath* [*back a few pages as part of the introductory material preceding this interview*].

Martin: Yes.

Dr. Tracy: What people need to understand about serotonin is that, what they have heard in the news for the last decade is completely the opposite of the truth. Serotonin is not something so beneficial that you need to be increasing it in every way possible throughout the system, and in the brain.

Dr. Felix Sulman, in the mid-’50s, found that serotonin is a stress neurohormone. He found that it would lead even rabbits, the most docile of creatures, to be aggressive. He also found in his research that there were individuals who, because of problems in their own systems, were unable to break-down serotonin.

Keep in mind that WHAT these most popular drugs that we are discussing do—they impair the metabolism [*breakdown*] of serotonin, and in doing so, increase the levels of serotonin in the body.

Serotonin Irritation Syndrome is what Dr. Sulman coined to describe what these individuals were going through. He said that these individuals were, in effect, being poisoned by the serotonin produced by their own bodies.

Because of that inability to metabolize the serotonin, and it building up to high levels, he said that these victims suffered from migraines, hot-flashes, difficulty breathing, bronchial complaints, sleeplessness, pains around the heart, irritability, tension and anxiety that would come out of nowhere, and horrifying nightmares.

Those volunteers who subjected themselves to increases of serotonin would find that—and he would inject them with it—he found that they would sleep badly, they were always on the edge of consciousness, so that they were not properly rested; and they would awake after only a few hours of sleep, basically sleep

apnea.

He also found that it would cause pregnant women to abort, because one of the original uses of serotonin was to induce labor. You get constriction of the muscles, constriction of the bronchial tubes, constriction of arteries and blood vessels. You need to keep in mind that at least 90% of the serotonin in the system is found in the intestinal tract, and it's purpose there is to cause the intestines to constrict and expel what is there.

We need to keep in mind that is what we're doing when we increase serotonin, we are producing all these effects. And when you read through the side-effects listed on these new serotonergic medications, you will find all of these things listed as side-effects.

Well, I wonder why?

Another thing to keep in mind is that, right about the same time that Dr. Sulman was doing his research on serotonin, a drug that became very popular among those who were looking for mind-control substances was LSD. It became the drug of choice for the CIA.

They were so excited about LSD that they used 80% of their initial budget, when they were first formed, to go to Switzerland to buy-up all the LSD that Sandoz Pharmaceutical Company had available. Unfortunately, they found that they only had an ounce or two, and not enough to do what they intended to do with mind control.

They came back to the United States and went directly to Eli Lilly Pharmaceutical Company and asked them to produce a synthetic form of LSD, so that they would then have it in sufficient quantities to use as a mind-control agent. And, Lilly did patent their LSD in 1956, and Eli Lilly, later, gave us Prozac.

Martin: What was their LSD patented under? What was the brand name?

Dr. Tracy: You know, I don't know. I think it was only given a number. I don't think they got to the point of giving it a name. If they did, I don't know. But anyway, let's go on.

People need to understand that the effect of LSD, and PCP as well, is an increase of serotonin and decrease of serotonin metabolism, exactly the same condition that existed in the individuals that Dr. Sulman was diagnosing as having Serotonin Irritation Syndrome. Chemically, LSD and PCP could produce this same effect that his patients were suffering from. Also, the new anti-depressants, drugs like Fen-Phen and Redux, increase serotonin while they decrease the metabolism of serotonin.

Martin: What is 5HT? And what about the 5HTP supplement?

Dr. Tracy: 5HTP increases serotonin. Whether or not it decreases the metabolism of serotonin, I am not aware of that. But we do know that it does produce an increase of serotonin by providing the precursors of

serotonin. We do have many reports of adverse effects from that, as well.

This whole serotonin frenzy has just exploded in the public to such an extent that it has spilled over, even into the health industry. We've gone mad with serotonin. "Serotonin Madness" is a perfect term!

Martin: What happens when serotonin levels are extremely high in people?

Dr. Tracy: We know, through medical research over the last 50 years, that an increase in serotonin is found in psychosis or schizophrenia, mania, mood disorders which include depression, anxiety, organic brain disease, mental retardation, autism, and Alzheimer's. These are all conditions in which we find elevated serotonin. Anorexia is also a condition where we find high serotonin levels.

And yet, when we look at low levels of serotonin metabolism, which, of course, we know produces the high serotonin, we find this in depression, anxiety, suicide, especially violent suicide and repeated suicide attempts, violent crime, arson, substance abuse including compulsions for alcohol and other drugs, insomnia—very violent nightmares, impulsive behavior, reckless driving like road-rage, exhibitionism, hostility, argumentative behavior.

That's why I call them the "divorce pills", these new drugs, because when you're producing argumentative behavior and all of these other things, the hostilities, the impulsive behaviors, it certainly is not conducive to any kind of relationship. And patients who go on these medications often begin to cut-off relations with all of their friends, their family. It's very tragic when you look at just the death that comes of various relationships throughout our society.

Martin: I read, online on your site, the article from May 15 from *The Boston Globe*, and in there it says that there are 84 million prescriptions a year for SSRIs (antidepressants)! Is that right?

Dr. Tracy: Whew. Wow, I hope not, but probably not far off at all.

Martin: This affects a huge number of people. If we're talking about behavior dysfunction, which is what we're talking about with elevated serotonin levels, the impact on society is HUGE!

Dr. Tracy: Yes, it is. Now you see why I have devoted the last 10 years to nothing but educating the public about this—because ten years ago I saw TODAY and said "Oh, my gosh, it could never get that bad. Surely, we will wake up to this serotonin madness before then." But we haven't. And you don't want to see what I see for the NEXT 10 years, if we don't!

Martin: I would imagine that what you see—and don't even want to say you see—is: a radical increase in road-rage, in murders, in acting-out with violent rages in the work-place, in the home, and probably increased divorce

rates—basically a breakdown of society.

Dr. Tracy: Right. Not to even mention the physical effects for many of these individuals if they stay on the drugs any length of time at all. They could end up on disability, physical disability, as well as mental, but many with physical disabilities. The rate of diabetes has gone up drastically, here in the state of Utah, where we use 3 times more of these types of medications than anywhere else in the nation.

Martin: And why do you think that is?

Dr. Tracy: I think it is a combination of different things. We have more doctors, per capita, and they have to be doing something.

Martin: (laughter)

Dr. Tracy: We also have a very high rate of diabetes in the state of Utah, and that is, of course, because we consume more sugar than any other state. When you look at the fact that we have a very high diabetic rate, it should follow that we have a very high hypoglycemic rate, which is the beginning stages of the pancreas breaking down. The pancreatic function begins to break down and manifests itself as hypoglycemia.

One of your main symptoms of hypoglycemia is depression, and also mood-swings. So, when you look at that, it's easy to see why a doctor would take just a couple of minutes to write-out a prescription for Prozac, or Zoloft, or Paxil, or one of these new anti-depressants, instead of taking an hour or two that it would take to explain to a patient how they need to change their eating habits, and completely change their life-style, actually, to take care of the serious problem of hypoglycemia.

I think that is probably why Utah's use of these drugs has become so high.

Martin: Nutritionally, or in terms of vitamins, supplements, or herbs, what are some good things to boost the pancreas, to rebuild the pancreatic function?

Dr. Tracy: There is a combination of herbs that I know Dr. John Christopher has on the market, that he calls Panc-Tea, and he has all of the herbs in that combination that are beneficial to rebuilding the pancreas.

[Editor's note: Dr. John Christopher may be reached by writing to: Dr. Christopher's Original Formulas, 1195 Spring Creek Place, Springville, UT 84663, or by calling: 1-800-453-1406 or 1-801-489-8787; fax: 1-801-489-7207. Dr. Christopher's website address is: www.drchristopher.com—although you will find that the products section is temporarily under reconstruction.]

And another thing that's good for the pancreas, you should say, is the Omega-3 oil, like flax-seed oil.

What is most important to remember with hypoglycemia, and with pancreatic malfunction, is that the first organ hit by any chemical that comes into the body is the pancreas. So, of

course, protecting the pancreas, staying away from chemicals, is of utmost importance; staying away from sugar, which is a chemical because it is so completely processed that the nutrient level is pretty much absent by the time they're finished. Staying away from sugar is extremely important, and staying away from any stimulants is very important for healthy pancreatic function.

And of course, your extremely processed, very refined, white flour products will also turn to sugar quickly in the system. Those are the things that are very important to avoid in protecting pancreatic function, and restoring pancreatic function. And, also, what is very, very important is to keep the blood-sugar level up, and to keep it normal. Patients, generally, should be eating every 2 or 3 hours—eat small amounts every 2 or 3 hours.

Martin: Before we talk about bringing the serotonin levels back into balance, this would, actually, be considered a tangent, but because it affects so many people in America, also—let's talk about the combination of coffee and white sugar. What does that do to the body?

Dr. Tracy: Of course, any time you're using multiple stimulants, together, it's going to have a more damaging effect on the system. As I go through in my book and explain, it is this constant forcing of ourselves beyond the ability that we have provided with nutrients, beyond the energy level that we have provided with nutrients, it's that forcing us beyond that's leading us to the point where we just collapse, and feel like we need an even stronger stimulant, like one of these antidepressants. The opposite of a depressant, of course, is a stimulant!

And we go on to these more deadly, dangerous, very powerful stimulants to keep us going. It's like kicking a nearly dead horse. It's not fair to ourselves; it's not fair to our children that we push into these situations; it's not fair to employees that bosses are forcing them beyond their capabilities. We're using ourselves up before our time, and that's basically what is wrong when we reach for so many stimulants in our lives.

Martin: Well, even people leaning on over-the-counter pain medications, like Excedrin, for example. When you combine acetaminophen, aspirin, and caffeine—100 mg of caffeine, or whatever—that's a powerful combination, those three drugs together, just in simple, over-the-counter medication. God knows how many people reach for that.

Dr. Tracy: People have no idea what they are doing with drugs, whether it's over-the-counter or prescription. It's absolutely amazing.

I just lost my aunt who was like a mother to me. We were very, very close. And last year, I had mentioned to her, when I found out that she was using high-blood pressure medication, that I would feel better if she would get off of

the high-blood pressure medication. I told her that she was aware of many natural alternatives to that, and that I felt there was absolutely no need for her to be taking the high-blood pressure medication.

I didn't push the issue with her. I wish, now, I would have, because the day before New Year's, her doctor called in a prescription for her for Amoxicillin, because she had been suffering from flu symptoms but was almost over the flu; and she mentioned this to the pharmacist when she called to see about picking up that prescription, that she thought she was having a sinus headache. The pharmacist, who should have known better, threw-in a sample of Tylenol Sinus Allergy for her to take for her sinus headache.

It only took TWO PILLS to kill her. She was dead within hours.

Martin: Was it a synergistic reaction?

Dr. Tracy: You cannot take antihistamines with beta-blockers, because you produce strokes. She had 3 in a row. So, we need to start paying attention to what we are doing with over-the-counter medications.

For instance, with these serotonergic medications, patients and many doctors seem to be completely unaware that you cannot, should not, be mixing over-the-counter cough syrups and cold medications that have dextromethorphan in them. Anything with dextromethorphan can produce a synergistic effect and produce Serotonin Syndrome, which is a condition where the serotonin gets so high that it can kill a patient within a 24-hour period. It can be fatal.

I had one young teen-age girl, she was just 14, who had been put on Paxil, and after a nightmarish year on the drug, her mother found my book and began to, slowly, help her daughter come down off of this drug. Well, unbeknownst to the mother, she somehow had missed that cough is listed as a side-effect of these serotonergic anti-depressants, because one of the things that serotonin does, remember, is constrict the bronchial tubes, so you're producing the cough in the patient.

In not realizing that it was just a side-effect to the Paxil, the mother went down and got cold medications and cough medications, over-the-counter, that had dextromethorphan in them. On the second day of giving her those cold and cough medications, this 14-year-old tore her schoolroom apart, ripped it up from one end to the other.

The school, of course, called the mother. The mother ran to the school and, in a panic, called me, saying "Oh, my gosh, please can you help me? This is what's happened to my daughter." We took her to the emergency room.

It was obvious her blood-sugar had dropped drastically, from this effect of the serotonin increase, so we gave her, of course, some juice to bring her blood-sugar back up, as she was

rushed to the emergency room and checked. It is just a terrible tragedy that individuals are completely unaware of this aspect of mixing certain things.

When are we going to realize that drugs mean poison, and that there are many synergistic effects of mixing various poisons together?

Martin: This is the \$10,000 question; well, this is one of them, but this is an important one, I feel. If you know that your serotonin levels are out of whack, and it is safe to say that it's out of whack for a lot of people in America, what is the most effective way to properly regulate these levels back to a balanced state within the body? Are there any specific nutrients or vitamins to regain serotonin balance?

Dr. Tracy: That is something I've spent 10 years searching for, is how to overcome the effects, once this has happened. We do know that there are things that can help to increase the metabolism of serotonin, so that those high levels come down.

We know that sunshine helps to increase the metabolism. Garlic is something that is supposed to help in increasing the metabolism of serotonin. Of course, supporting liver functions, so that the liver is functioning as it should, will help to increase the metabolism of serotonin. As far as finding what does, we don't know yet. It seems to me that Noni juice seems to help, from what I have seen with patients using the Noni juice.

Martin: From Hawaii?

Dr. Tracy: Right. But the one thing that we've found that's most important is for these individuals to rebuild their system with lots of good nutrition, and good vitamin therapy, and good organic vitamins, so that you're not introducing more chemicals into a body that, at this point, is completely overwhelmed and very chemically sensitive.

Martin: Let's talk about people who are on multiple medications, or just on Prozac. You mentioned the importance, in your book, of gradual withdrawal, as opposed to sudden withdrawal. What are some examples that you could give our readers? What has happened, that are very public examples, when someone just tries to go cold-turkey off these antidepressants?

Dr. Tracy: That's not a pretty picture; that's not a pretty picture. Going cold-turkey is probably the most dangerous thing that anyone on these drugs can do. Coming off of the drugs too quickly is the biggest mistake patients make. Especially once they discover how dangerous the drugs are, they are inclined to come off of the drugs far too quickly, which is tragic, because the results are very dangerous, and also self-defeating because the key to getting off of these drugs and staying off of the drugs, and doing so faithfully, is to taper, extremely slowly, down off of the

drugs.

The body needs a chance to readjust all of its hormonal levels, all of the other chemical levels, neurotransmitter levels throughout the brain and throughout the body. You don't want to jerk the carpet right out from under you by going cold-turkey off of a medication that your body has adjusted to. And patients just don't stop and think about that.

The one very public example of what can happen when you drop off one of these drugs cold-turkey is Eric Harris in the Columbine shooting, the ringleader in the Columbine shooting. Eric mentioned that he was going to drop off the Luvox he was taking—which was Prozac-clone number 4, I believe. He was going to drop off his antidepressant to “fuel the rage” is how he put it. And we now have medical studies talking about the rage that comes from missing even one pill when you're on these medications. So, if you can throw someone into an uncontrollable rage through their cold-turkey withdrawal, I think anyone can understand why that would be so dangerous.

Martin: Well, obviously the pharmaceutical industry has come so far in the last hundred years that it stretches the imagination to think that these effects are not only known, up-front, but in fact, intentional. And if we talk about intentional production on this kind of massive level, and on this kind of massive mind-control and population manipulation, it is so diabolical that it is beyond scary.

That was a statement. Was there a question in there? *(laughter)*

Dr. Tracy: *(laughter)* I'm not sure. Read through it again.

Martin: I didn't read it, I just thought it.

Let's talk about our favorite people, Eli Lilly. *(laughter)*

Dr. Tracy: *(laughter)*

Martin: A couple of things about Eli Lilly. First of all, they have been unbelievably successful in their legal defenses, to date.

Dr. Tracy: If you call that success.

Martin: Let's talk about their new patent blunder, and what that could mean for concerned Prozac victims, out there in readerland?

Dr. Tracy: It was quite a revelation to find that they actually included, on their application for a patent on their “new, improved Prozac” that the reason why the new, improved Prozac needs to be approved, to extend their patent another 14 years—which, of course, means a lot to Eli Lilly. They're making \$7 million a day on Prozac. So, sit down, do your math, and see what an extra 14 years is going to do for them. Vested interest? You bet.

The reason why the FDA needs to approve this “new, improved Prozac”, to bring in the \$7 million a day, at least, for the next 14 years for Eli Lilly, is because the new, improved Prozac lacks many of the symptoms and side-effects

brought on by the old Prozac. Where have we heard that before?

“This one doesn't have the side-effects....” Anyway, those side-effects are things like insomnia, self-mutilation, suicidal thoughts, and akathisia. Akathisia is the Greek term meaning you can't sit still. It's an agitated state that is believed to lead individuals to murder and suicide. **In stating this in their patent application, it's actually admitting that the Prozac they've already had out on the market for the last 12+ years DOES produce those things!**

That IS the implication, and that is why *The Boston Globe* exposed this, through their investigative report, and then went on to show what has been coming out in the court cases that have been filed over the last several years, and settled in secret over as many years.

They knew that all of these side effects were there from even before the drug was approved, which happened once before with a drug that they put on the market for arthritis. They were charged criminally, in 1985, for the drug Oraflex. They were charged, criminally, in the deaths of 139 patients, I believe. What happened was, the drug Oraflex had already been introduced in Europe.

Lilly knew that patients were dying there, and that, of course, these deaths were linked to the use of Oraflex. They did not disclose that to the FDA, as the FDA considered approving the drug here in America. And in a very short period of time, I believe it was only 3 months on the market, there had been reports of between 130 and 139 deaths. So, Lilly was charged criminally for those deaths, and ended up with—are you ready for this? A whopping \$20,000 fine!

Keep in mind this is the same drug company that is bringing in \$7 million a day, just on one of their drugs, Prozac.

Martin: Not even a slap on the wrist.

Dr. Tracy: No.

Martin: What is the Wesbecker verdict?

Dr. Tracy: A farse. *(laughter)* Are you going to print that?

Martin: Of course I will.

Dr. Tracy: Shall we go over the Wesbecker case first?

Martin: Sure. I want to take the time remaining and use it the best way we can.

Dr. Tracy: Then let's go from the little Oraflex fiasco that we've just discussed right into the Wesbecker case.

The Oraflex information is very important for the public to become aware of because that IS the information that Eli Lilly was so adamant not be disclosed to the jury in the Wesbecker case.

The Wesbecker case was the first Prozac case to go to court. It was the first high profile, murder/suicide case that ever hit the courts, here in America. Joseph Wesbecker worked at the Standard Gravure Corporation (in

Kentucky). This was a printing company, and though he had recently been prescribed Prozac, after being prescribed Prozac he became very agitated, became delusional, was beginning to think that one of his bosses at work was making him perform oral sex on him in front of other workers—just completely bizarre types of thoughts he was having, but he felt that Prozac was helping him to remember what had happened.

So, his psychiatrist immediately jotted down in his notes that he felt that Prozac was the cause for this drastic change in his patient, and recommended to his patient that he come off of the drug. Only two days later did Joseph Wesbecker go into his place of work and he shot 20 people, I believe, which resulted in 8 deaths. He killed 7 co-workers and himself.

When that case went to court, I think Eli Lilly knew that they had to put everything into this case that they had. All stops were pulled. And when the plaintiff finally got permission from the judge to introduce the evidence to the jury about the Oraflex situation with Eli Lilly, that had happened just a few years before, both the plaintiffs and the defendants called for recess.

During that time we now know that a settlement agreement was reached between Lilly and the plaintiffs. But, part of that settlement agreement was that both parties would go back into court, no further evidence would be presented against Lilly, including the Oraflex information that they just received permission to introduce. And that they did.

After adjourning to reach the settlement, they went back into the courtroom and the plaintiffs told the judge that they had no further evidence to introduce, which he thought was very strange because he had just given them permission to do what they had wanted to do from the beginning, which was introduce the Oraflex information. And when the jury went in to make their decision, they of course went without any of the evidence that they needed to hear, and they came back and by a very slim margin found Lilly to be not guilty in this terrible murder/suicide situation.

After that, the way the public found out what happened was that the judge wasn't born yesterday. He figured out what was going on and was irate that his courtroom had been used as a marketing ploy by Eli Lilly—because they, of course, went on national television using this case to say: “Our drugs have been vindicated. Prozac was found not guilty. We have gone head-to-head with our accusers and have been found ‘not guilty’.”

Martin: And this is the so-called Wesbecker verdict?

Dr. Tracy: That is the Wesbecker verdict.

And they're still using it today, as evidence that there's no problem with their drug Prozac, even though it cost them about \$50 million dollars. That is what investigators have

determined the amount was. Both sides have refused to disclose the amount, but in some court documents involving divorce of some of the individual plaintiffs, figures had to be disclosed. And that's an approximate figure, that it is close to \$50 million dollars that Eli Lilly paid out.

But you need to understand how beneficial that was to them because there were, approximately, 140 lawsuits waiting in the wings to go to court, at the time this happened. Most of those, if not all of those, were dismissed as the individuals, of course, lost faith that any justice could be found in a courtroom. So, how much did they save on all those cases?

Martin: Are there any law firms you're aware of, currently, who are going head-to-head with Lilly?

Dr. Tracy: Oh, yeah.

Martin: Are there any you could recommend?

Dr. Tracy: Andy Vickery of Vickery & Waldner. The address is: Vickery & Waldner, The American Tower, 2929 Allen Parkway, Suite 2410, Houston, TX 77019; phone: 1-713-526-1100; fax: 1-713-523-5939; email to info@justiceseekers.com and they have a www.justiceseekers.com website.

They were the lead attorneys for Phil Hartman.

Martin: Now, apparently there is a class-action suit that's just been filed against the producers of Ritalin?

Dr. Tracy: So I've heard. I don't know too much about it, but I have heard that.

Martin: Is there anything you care to say about Ritalin while we're on that subject?

Dr. Tracy: Not really. I'd rather just leave Ritalin right out of it. I would include your comment about the class-action suit being filed. The people need to know that. There's a lot out there on Ritalin. I think what people really need to know is about these antidepressants, because they're replacing Ritalin with these antidepressants.

[*Editor's note: The class action suit was filed in Texas for fraud and conspiracy in over-promoting the stimulant medication Ritalin (methylphenidate). The suit was filed against Novartis, the Swiss pharmaceutical giant who makes the drug.*]

Martin: I was not aware—I read in your book that Prozac multiplies many other medications by 10 times or more! Talking about synergistic effects, that's incredible. I don't know how many people really know about that. That is unbelievably dangerous.

Dr. Tracy: Even doctors seem to be completely unaware.

Martin: Let's go back to Prozac, and the latest antidepressants, and the dangers of people acting-out. What do you want to tell our readers who may have sons or daughters or sisters or brothers—or any family or friends—

on Prozac? What should they look for? What behavioral things should they try to observe? What would you recommend to those people?

Dr. Tracy: First of all, let's point out that Prozac was only the beginning of this serotonin madness, because we also have Zoloft, Paxil, Luvox, Effexor, Serzone, and Celexa, as well as Belbutran or Ziban that's being given to stop smoking, which is far too similar to these drugs. We have all these medications that do increase serotonin.

How do I respond to your question in a nutshell? It took me 425 pages in a very condensed book to explain exactly what it is that you look for, but let's see if we can list just a few things, and are basically what you're told to look for when you're looking to see if they're using illegal drugs.

You look for drastic changes in their personality. You look for irritability. You look for an inability to sleep at night. Nightmares is another thing; nightmares are really critical.

You also look for what is called a beneficial, or what many people look at as a beneficial effect of these drugs. You look for someone who suddenly becomes very happy-go-lucky, in other words, high, too giddy, too exuberant.

You see, when you give these drugs to patients who are shy and bashful, someone might look at that as a beneficial effect of the drug, when in fact it is a sign that the brain is being damaged to the point that the individual is actually becoming high.

The reason why the nightmares are something that should really be watched out for is because when these drugs repress the REM sleep state, which is your dream state, the body forces you into a dream while you're awake, and then the increase in serotonin is producing nightmares and your brain forces you into a dream while you're awake, and it's a nightmare that you begin to act out. That is why, on these drugs, we have mothers who are very caring, loving moms who are killing their children, because their worst nightmare is something terrible happening to their children.

And, so far, about 90% of the moms who are taking the lives of their children are on these medications. They're not on meth (methamphetamines). They're not on cocaine. If they were, it would be headline news. Instead they're on their medications. But what so many people don't know is that most illegal drugs were once considered "safe" medications, "safe and effective" medications. Few people know that PCP was on the market for 7 years before it was pulled, marketed under the name Sernyl, meaning peace or tranquility.

Martin: Pretty scary drug.

Dr. Tracy: Oh, yeah. You won't find a police officer anywhere who wants to run into anybody on PCP.

Martin: No. Just the super-human strength

aspect.

Dr. Tracy: Right. And I have never seen a group of drugs so similar to PCP than these new serotonergic agents that are on the market today. In fact, it was a drug enforcement official who made the first statement that made me start to really look at PCP and the similarity. And he said "Whenever I run into anyone on Prozac, I take several steps back because I never know what to expect out of them." That's exactly what officers say about someone on PCP.

Martin: Is law enforcement being trained, now, about the dangers of these mood-altering antidepressants?

Dr. Tracy: Well, they're being trained just by everyday experience with people who are on these medications, because they see it all the time. In fact, I had an officer tell me, who came to check on a break-in at my home years ago, clear back in '92 or '93, when I mentioned to him that I was researching Prozac, he said: "Oh, Prozac, I rarely investigate a suicide where I don't find Prozac in the medicine cabinet."

Martin: Wow, that's quite a statement.

Dr. Tracy: And I've got a coroner out of Florida who told me that the standard statement when a coroner/investigator walks into an autopsy on a suicide is: "So, have you found the Prozac yet?" When we're hearing these kinds of statements from police officers and coroners, who are the ones who clean-up after one of these tragedies, we better start listening. They're the ones who see it; the doctors don't. The doctors hand out the drugs, but they don't have to go in and clean-up after these tragedies. I know police officers here in Utah, for years, have referred to those on Prozac as "Prozac junkies". I've often said, if you want to learn the truth about these medications, you need to talk to a coroner or you need to talk to a police officer, and get the truth from them.

Martin: Prozac, in your book, doubles cortisol levels. Let's talk about that.

Dr. Tracy: Wow, yes. Let's point out, as we begin to talk about cortisol, that it is the body's version of cortisone, which is a steroid. And we'll show that relationship, because many people are familiar with cortisone and it's effects.

Cortisol has been called the "death hormone", the "stress hormone"; it is the hormone to check to see if the patient is stressed or depressed. They expect to see both when cortisol levels are elevated.

With the Prozac doubling the cortisol level with only one 30 mg dose, you can get an idea of the damage that it can cause in doing that. We have known, for a very long time now, that as cortisone, pregnasone, other types of steroids, were introduced to the market, patients can go psychotic as a result of this increase in steroids, and yet one single 30 mg dose given to an individual who has not taken Prozac

before, and does not take it again, can actually have the cortisol level doubled. It's just mind boggling.

To give you an idea of how damaging that can be, I called an endocrinologist and I said: "Can you tell me how long the human body can possibly tolerate having the cortisol level doubled on a daily basis?"

He gasped for air and said "Oh, my gosh. You can't do that to someone!"

I said "If you could, can you tell me how long the human body could tolerate that type of an effect?"

He said "Well, maybe a month or two, certainly no longer." And then he asked why I would ask such a question.

I said "That's the effect that Prozac has."

And he immediately protested, saying "Oh, no, no. Prozac is a wonderful drug. It doesn't have that kind of effect on cortisol levels."

So I had to give him the study reference, and have him go read it himself, because he had never heard of this. It's tragic because I have just run across all kinds of research by Ray Fuller, who is one of the two developers of Prozac, that he was looking at the effect of this drug on cortisol levels clear back in the '70s.

Martin: Let's talk, for a minute, about the two developers of Prozac. Who are they?

Dr. Tracy: About the only thing I have to say about the two developers is that I do know where they will, most likely, spend eternity.

Martin: With a drug of this magnitude, and so many people on it, I have to immediately think the worst, in my paranoid thinking, and immediately jump to: Ok, are they CIA? If they're not CIA, who are they? Who are they working for? Who's paying them, other than the pharmaceutical companies? Who's behind them? Who signs their paycheck? Those are the questions I want to know.

Dr. Tracy: One thing we should say, as part of your inquiry of the developers, is to point out that Dr. Candice Purt, who was one of the two developers of the serotonin binding process which made all these drugs possible, came out in *TIME* magazine in October 1997 and said that she was alarmed at the monsters that she had created. She went on to explain how tragic she felt this whole situation is that exists in our country today, with the use of these drugs. She now sits on the Advisory Board for The International Coalition for Drug Awareness, which I head.

Martin: Let's talk about that for a moment. What is the purpose of your organization?

Dr. Tracy: The purpose of the organization is to alert the public to problems with various prescription drugs. We started with these medications. We want to expand to include many others. Then the patients will begin to get some idea of what we know about these

medications, with some of the latest research and information coming out, because we've basically been turned into one, big, clinical lab experiment, the way the drugs are being introduced to the market, so rapidly, with so little research being done on them.

Then, I think it's important for the guinea pigs to become aware of what we're learning from their own input. **Prescription drugs are one of the leading causes of death in America. It is, according to their own figures, the third leading cause of death in this country today!**

We loose 200,000 people a year to prescription drugs—anyway, that's the figure that they admit to—while, on the other hand, between 15,000 to 20,000 people are lost to illegal drugs. Because of that, we felt that it was really important to start addressing the third leading cause of death, because no one was.

Partnership For A Drug-Free America wouldn't address it, and we learned that the most likely reasons why is because much of their funding comes from the pharmaceutical companies. Sometimes I wonder if the whole drug war, that we see out there against the illegal drugs, was created just to divert attention, and to get rid of competition for the pharmaceutical companies.

[Editor's note: And don't forget the biggie: some aspects of our government ARE IN the drug business to generate revenue for covert projects while assisting with the New World Order agenda item mandating the breaking down of society. This drug business was "artistically" depicted in the movie Air America and sort-of exposed in the Ollie North hearings. The so-called "war on drugs" hides the machinery in place to crush any outside competition to that lucrative business enterprise while giving the public relations impression of an effort working to eliminate drugs from our streets. Meanwhile we have Prozac and its clones introduced to "legally" bring down a much larger group of society who may not be drawn to the illegal drugs on the streets to get the job done.]

Martin: Sure, it's a big distraction.

What is CRF (corticotropin-releasing factor)? Is that important at all?

Dr. Tracy: It is, in the fact that it does cause a release of cortisol. But there is a whole chain of reactions that get you to that point. And it's the stimulation of the hypothalamus, pituitary, adrenal axis that does produce that effect. So that is just how the drugs work by providing the stimulus to get you to the point that the cortisol is released. The end result is what is significant; that huge increase in cortisol is so damaging, both physically and mentally.

Martin: On the front of your book you have a whole string of names: Prozac, Zoloft, Paxil, etc., and it almost begs the question that—it's almost like a "sleight-of-hand" trick.

They keep throwing new ones at us, in the hopes that no one is paying attention, and that includes the doctors. And, of course, the doctors are being kept in the dark because what they're being fed is the very information that the pharmaceutical companies want them to have. So, regardless of how bad Prozac is, the strategy seems to be: "We're going to throw ten more at you, just like it, under different names, under a different cover, and before you can realize what's going on, there will be ten more behind that!"

Dr. Tracy: Right. And that frightens me so much. I cannot believe how many doctors are telling patients, who walk into their office saying "I don't want Prozac or anything like it" that these other Prozac clones, they tell them, are nothing like Prozac; and yet, they're basically Prozac coming out in stronger and stronger forms, under different names. Celexa, the newest one on the market, scares me to death. I held my breath for years, hoping that they would never get that one approved.

Martin: And what is Celexa?

Dr. Tracy: It's a serotonin reuptake inhibitor, just like Prozac. But what is so frightening about Celexa is it's extremely strong effect upon increasing serotonin, much stronger than any of the others. Paxil is probably right behind it, a very, very strong effect.

And yet, these drugs are marketed on afternoon television as if they're just the greatest thing since apple pie. I mean, with Paxil we're told that we "will come into life". **I'd love to do a commercial for them and point out that it's the AFTER-life you're coming into with Paxil!** The drug is deadly, so damaging.

I have several cases of young boys who, within days on Paxil, have brutally murdered family members, very brutal cases; one where a young man stabbed his grandmother 61 times, then jumped into a car and rammed it into a cement abutment on a bridge, or something like that, trying to kill himself. Just really tragic situations. And that was only 5 days of taking Paxil.

Martin: To date, have there been any legal defenses put forward that the drugs were the CAUSE of the crime?

Dr. Tracy: Oh, yeah.

Martin: And what has been the result of those cases?

Dr. Tracy: Tragically, the drug companies have become very much a part of those cases, as well, sticking their noses into criminal proceedings and helping prosecutors to put these individuals into prison so that their drugs would not be held accountable for what was happening. This is because, if their drugs are found to be guilty, rather than the individual, then they end up facing lawsuits.

So, because of that, they have actually—Lilly, early on, told doctors that if they were sued for prescribing Prozac, using their

guidelines, that they would come in and help to defend them. So, it's tragic to see how individuals have had to fight so hard to show that this is what has happened to them.

For instance, put yourself in the place of one of the victims of these drugs, who has done something so completely and horribly out of character, as killing someone who they loved. If there was someone at work who was slipping LSD or PCP into your food every day, or your drinks every day, unbeknown to you, and after several months of doing that you ended up killing your family, who's accountable?

Martin: Theoretically, it SHOULD open a whole new branch of law, and a whole new legal defense.

Dr. Tracy: That's right.

Martin: Not by reason of insanity.

Dr. Tracy: Involuntary intoxication.

Martin: But by reason of DRUG INDUCED INSANITY.

Dr. Tracy: Right.

Martin: You could call it the Serotonin Defense. *(laughter)*

Dr. Tracy: Yeah. *(laughter)*

Martin: I'm amazed that we don't hear more about this.

Dr. Tracy: It IS happening. I've been testifying on the cases for 8 years, but as I said, it is very difficult to fight when you've got the drug companies that—I've gotten a report that they've even sent attorneys in to help the prosecutors. They do provide them information in the cases, to help fight these individuals. And it's really tragic.

There have been quite a few cases in the last couple of years, finally, where we have seen people who have been acquitted and/or people who have just been put on probation for instances where death was actually a part of the case—drug-induced murder. So, it IS looking up. How a patient ever puts their life back together again, when someone has done this to them, I don't know. I don't think anyone could possibly give them a punishment that is worse than what they have already gone through.

Martin: Just having to remain living is punishment enough.

Dr. Tracy: Yes, knowing what someone has chemically induced you to do that is so completely and totally out of character from anything you have ever done in your life, have ever conceived of doing, such is a tragedy.

Martin: Let's talk, for just a minute—you mention in your book Aldous Huxley and his *Brave New World*. As an American society, starting with the '60s, and its just gone on from there, we are a culture, more than any other culture, that reaches for a bottle of pills for that "quick fix".

Dr. Tracy: That's why you will see the statement at the top of my book that says "TURNING THE '90S UPSIDE DOWN",

because we're reliving the '60s. We're using the same type of drug, without even realizing it, and it's coming from our family doctors, people who we trust, and what we are seeing is, basically, what we saw then, and yet we have not yet woken-up to it. We have no idea how extensive the damage will be—not just to individuals, but to society as a whole—and the cost is beyond anything we can conceive at this point.

Martin: In your mind, what are the key issues about these pharmaceuticals that are still being avoided by the mainstream media?

Dr. Tracy: The key issues?

Martin: Yes.

Dr. Tracy: Practically all of it! *(laughter)*

Martin: I'm trying to get into a summary portion here, where we can round-up some big concepts, closing thoughts, food for thought, that kind of thing.

Dr. Tracy: The media is basically ignoring this issue altogether. The last few months there has been some new information that has come out, and I have to applaud the media for finally addressing these issues. They are beginning to address murder, violence, and suicide. They're beginning to address the damaging effects, such as tardive dyskinesia. [*Editor's note: Technically speaking, this is an impairment of voluntary movement resulting in fragmentary or incomplete movements and/or involuntary and uncontrollable muscle twitches or contractions. In the recent 20/20 television segment on these SSRI drugs, a person who exhibited these symptoms looked like a puppet whose arms and legs were being violently jerked about by a deranged puppeteer. The shaking of Parkinson's disease, which we see Janet Reno exhibiting more and more these days, is somewhat similar but very, very mild in comparison to the range of spasmodic motions endured by those who have tardive dyskinesia. Though the person who was interviewed with this on 20/20 was relatively young and quickly got off the SSRI drug she was taking once the symptoms manifested, it was expected she would have to contend with this condition for the rest of her life! One can but hope that some who practice the True Healing Arts will find a way to surmount that dismal expectation and return persons such as this lady to good health.*]

They're beginning to address the withdrawal associated with these drugs, which is beyond anything I've ever seen with any drug before. So, at least they're addressing a few issues.

Divorce is something that has totally been left out of the picture, which is bad, because this dissolving of relationships probably affects more people than just about any of the other effects of these drugs. Relationships are the fiber of our society, and when you see families being broken-up, to me that is possibly one of the most critical issues with these drugs that's being ignored. Also being ignored is the fact

that patients who are on these medications generally leave their religion. So, we're ending-up with a society that is without the bond of family, and without the guidance of religious beliefs.

Martin: That sounds like the *Communist Manifesto* all over again.

Dr. Tracy: Well, they said that they would destroy us from within. What did they mean? Did they mean from within our own bodies?

Martin: It certainly seems like they're very successful, doesn't it?

Dr. Tracy: It certainly does. What I have seen happen to our society in the last 10-12 years is just overwhelming. I have seen more death, more bloodshed in the last 10 years to last me a lifetime, an eternity. If people saw what I see every day, you would have every individual in this country doing everything they could to stop the flow of these drugs.

Martin: What made *The Boston Globe* step forward, I wonder?

Dr. Tracy: Very good question.

Generally speaking, it is so tragic that we seem to have to wait until it affects us, so close to home, before we do anything.

Martin: I think that's the nature of human. It seems to be.

Dr. Tracy: Right.

Martin: Wait until it reaches a crisis. Wait until it affects our pocketbooks.

Dr. Tracy: And it is, that's just it. We don't understand how much we're being affected by these drugs, whether we're using them or not, because I don't care where you go every day, you could be in danger of someone going off the deep end on one of these drugs and going on a shooting spree, or deciding to ram your car with theirs, or you could be sitting in your own home, while your own neighbor, who's on these drugs, runs through your front door and kills your family, and then kills himself. We've had several situations already where that has happened.

And beyond the violence, what is affecting people the most, that they seem to be unaware of, is the very nasty individual who you get on the other end of the phone line when you're trying to resolve an issue over a bill, or something that has been a mistake, or situations where you're being over-billed—all because somebody can't think straight on these drugs, who's working for the company that you're dealing with—or lawmakers on the medication who, in their delusions, are passing laws or supporting laws or changing laws that are going to negatively affect you.

Martin: I would think that the Justice Department, and all of the judges in the country, should have a bulletin put out to all of them informing them of these facts about these drugs, so that they could look in their courtrooms, as cases come up, for any correlations.

Dr. Tracy: True. In order for there to be

fair judgement, that should be the case. But we don't even know how many judges might be on these drugs!

Martin: That's right.

Dr. Tracy: Another area that is affecting society is the large number of bankruptcies being filed by people who go manic on these drugs, because part of mania is "wild spending"; some of these people go through half-a-million dollars without blinking an eye. And they will borrow money from friends and relatives to do that. They stop at nothing to get the funds, to spend like crazy, on wild ideas, that they wonder where on Earth did they come from when they get off the drug. So, there's the bankruptcies.

There's also the high insurance rate. There's the high taxes. The insurance rates, of course, are going up because of accidents that happen because of the drugs, poor judgement. Also, the number of accidents from cars that may have been put together by someone who's on the drugs when they do the work. You've got to remember that these drugs have amnesia listed as one of the frequent side-effects. And if someone is putting a car together, and they're suffering from amnesia, you may have some very critical parts that are not being included in the car, or in that airplane, or in that bus, or truck. And that could cost you your life, or, as I said, cost you increased insurance rates because of the increased number of accidents, due to things such as that.

And beyond that, you also have higher taxes because of the increased number of people going to prison for these drugs, and also the increases in Medi-Care payments or disability payments, from people who end-up disabled from the damage caused by the drugs. I know, I just recently testified in a pre-trial for a young man who ended-up taking a plea bargain; while on Paxil he attacked someone. And, actually, when you look at what happened, his reason for attacking him was not out-of-line for someone who wasn't on medication, but in this fight that he had with this individual, he bit the man's ear and a piece of the ear was bitten off, and could not be reattached. So, that made it a worse offense than if he almost beat him to death with a baseball bat, or something. He ended-up having to take a plea bargain. He will spend 8 years in prison for that. What's that going to cost the public? This is a kid with a 3.8 grade-point average, who had never been in any kind of trouble with the law before. It will cost us, at least, half a million dollars to keep him in prison, now, for the next 8 years, not to mention the productivity that we've lost from him, as he's locked in prison.

Now, that's just one case; multiply that by thousands, because we know, according to Yale, that 8% of those going into psychiatric hospitals today are there as a direct result of going psychotic on one of these medications,

one of these anti-depressants.

Martin: Did you say 8%?

Dr. Tracy: 8%. Now, according to the figures I've seen, that comes out to be 150,000 people a year going into psych wards because they've gone psychotic, and that's just the psychoses produced by the drugs.

Martin: Gone psychotic over an anti-depressant drug.

Dr. Tracy: Right. How many more didn't make it into a psychiatric hospital, who ended-up going psychotic and doing something for which they were thrown into jail, or because of which they ended-up dead? We don't know how many more thousands of them there are, but we've got an idea that it's got to be pretty high.

If you look at that one case of this young man who's going to spend 8 years in prison and cost us that much money, multiply that by the thousands of others out there, and you've got some idea of the increase in costs this is giving all of us.

And we might point out, also, that Mike Tyson only ended-up with a fine; he was on Zoloft when he bit somebody's ear completely off.

Martin: I was just going to ask you. I was just thinking about him.

Dr. Tracy: The biting is a very common effect of the increase of serotonin; the clenching of the jaw, that tightening of the muscles. We have a case of a woman, a Berkeley professor who I mention in my book, who, after a month on Prozac, and having the cravings for alcohol that come with it, bit her mother to death. I believe it was 21 chunks of flesh that she took out of her mother. The mother did die from it. This was a Berkeley professor, a woman, committing such an incredibly violent act, after a month on Prozac.

And, perhaps, one thing that we should go into is the cravings for alcohol, because that is something that is being ignored. That's the first thing I saw with these drugs. Sitting in the middle of Utah, surrounded by tea-drinking Mormons, perhaps this is why it stood out like a sore thumb here, where it may not have somewhere else. But I saw people who had never drank in their lives, becoming alcoholics overnight, and the only thing that they all had in common was a prescription for Prozac.

When you go into the research that we have on serotonin, and its effects on blood sugar, you begin to understand how these drugs are causing the craving for the alcohol, which I believe is a drastic drop in blood-sugar levels that is producing this craving for the alcohol. But the mixture of the alcohol with the Prozac, or the Zoloft, or the Paxil, can produce psychoses even faster than just taking the drug alone.

So, it's causing an extremely dangerous situation when it's producing these cravings for

alcohol. Princes Di's driver is, possibly, the most visible case that we have seen of this. His blood alcohol content was 3-4 times the legal limit, and the minute I heard that, I said "you've got a driver on Prozac" and a week later they said "we've got a driver on Prozac". When you see such overwhelming compulsions to drink, you see them consume huge amounts of alcohol, you also see them consume small amounts of alcohol, but the level goes way up. So we do know, from most cases, we can see that there is an effect of the drug magnifying, or magnifying the effect of the alcohol, or impairing the metabolism of the alcohol, so that you're getting high levels, high alcohol blood levels from that.

Martin: Our reading audience is fairly proactive. What would you recommend that people do, actually do? If they could do one thing, one act, what would you suggest that they do to help?

Dr. Tracy: I believe that the most important thing to do is to educate everyone you can, any way you can. Certainly, getting the information to those who are making decisions in this country is important. But everyone is being affected by these drugs.

You will be surprised, as you begin to ask, how many people you know are on these medications. It is extremely important to educate the public to help them to understand that they have been lied to about these drugs, that they have been lied to about the whole serotonin issue.

That is why I wrote my book [*PROZAC: PANACEA OR PANDORA? Ordering information is nearby.*]. I knew that I would not be able to reach people individually, for much longer, because there's only one of me and I was definitely running out of the time that I needed to eat and sleep, and still educate as many people as had questions; so I had to write the book to, basically, clone myself to get the information to more individuals.

So, I would encourage people to get the information in the book to others. Get our website [www.drugawareness.org] out to others, so that they will be informed, and please inform us of any bizarre situations in your own areas that involve these drugs, so that we can help the families, and so that people will know when these drugs are involved in these cases, because one of the hardest things that I do is to follow-up on these cases to find out which drug was involved in which incident. And if we're not made aware of those incidents, we don't know. There are so many at this point that they're not being carried from one newspaper to another, like they used to be. There's just too many.

Martin: I think we've pretty well covered it. Do you have what would amount to a closing statement or some final thoughts?

Dr. Tracy: I guess all I could say, in closing, is: This is the most subtle, and


diabolically horrifying situation this country has ever faced. We are in the middle of the worst drug problem we've ever seen. And if we don't wake-up to it, and wake-up to it quickly, we will see blood run in our streets in America, even more than what we're seeing today. We're talking about safe schools—we've just got to talk about a safe society, period, safe homes. As long as someone has healthy brain function, normal brain function, they tend to

make correct choices. I really believe that people will choose good. I have faith in my fellow human beings.

But, when the brain is altered, when the brain is damaged, the individual is no longer capable of doing that. We need to understand that anything that we are doing to damage our brain is creating chaos, and tragedy, and violence in our society. It's just long past time for us to understand this very, very critical issue

in our lives.

Martin: That's perfect. Thank you so much for taking the time. I think that you'll find that this will get out and be read by a lot of people, and it will be helpful. Again, my deepest thanks and full support to you. Thank you so much.

[Editor's note: Dr. Ann Blake Tracy's web address is members.aol.com/atracypd with a www.drugawareness.org related site.] 

PROZAC: PANACEA OR PANDORA?

Ann Blake Tracy, Ph.D.

"PROZAC: PANACEA OR PANDORA? is an incredible compilation of medical data that will lay the groundwork to educate other professionals and the general public about the new SSRI antidepressants—Prozac, Zoloft, Paxil, Luvox, Effexor and Serzone." —Jeff Wise, psychologist, Salt Lake County Drug and Alcohol Abuse

"In 15 years of reading books on drugs I have never read a book with more information or so well documented as PROZAC: PANACEA OR PANDORA?" —Dr. Kevin Millet, Bountiful, UT

"As I lecture to physicians nationwide on the medical use of psychoactive drugs, PROZAC: PANACEA OR PANDORA? always accompanies me in my briefcase." —Dr. Bruce Woolley, neuropsychopharmacologist, Brigham Young Univ.

"I found PROZAC: PANACEA OR PANDORA? fascinating reading and the most complete analysis of the various factors pertaining to the Prozac controversy." —Attorney Donald Sokol, Susanville, CA

"PROZAC: PANACEA OR PANDORA? literally saved my life, and if I'd known about it a year earlier, could have saved me untold grief and agony as well. It is the only collated, comprehensive source I know of for this information.... This book described everything that had happened to me in great detail, gave scientific reasons why it happened, backed it all up with solid research, included testimonials from hundreds of others in the same

situation; it immaculately details, explains, and refers one to the latest research on a whole hornet's nest of 'atypical' side- and/or after-effects from the use of these antidepressants. It also contains information on how to reduce the severity of problems encountered while starting on or going off these meds." —Nick Jameson, Prozac patient

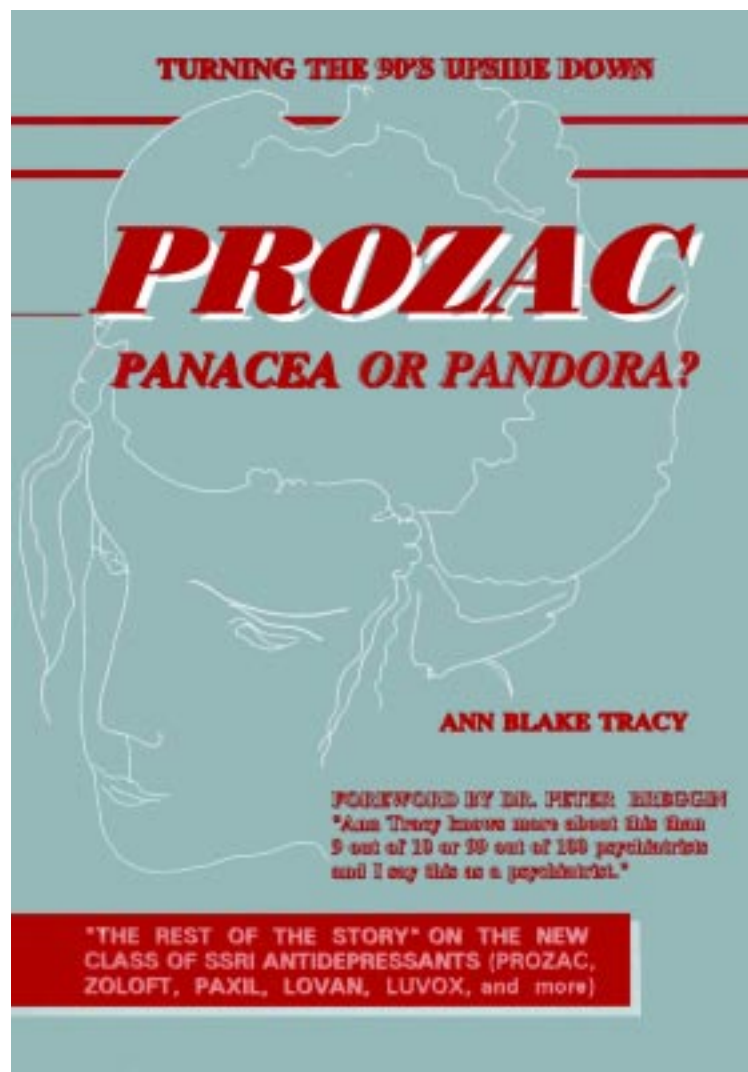
"Magnificent! This text is a monument to Ann Tracy's tenacity and love for her fellow human beings." —Dr. Paul Kennedy, N.J.

"PROZAC: PANACEA OR PANDORA? has not left one question about these drugs unanswered! Ann Tracy has covered them all." —Margaret McCaffery, N.Y. (lost her daughter, a neurosurgeon, in a Prozac suicide)

"The work Dr. Ann Blake Tracy is doing is very important and she is truly a heroine." —Dr. Candace Pert, Washington D.C., one of the two developers of the serotonin binding process which made possible the development of the serotonergic drugs. (Dr. Pert has boldly stated, speaking of these serotonergic medications: "I am alarmed at the monsters I created!")

Book: PROZAC: PANACEA OR PANDORA? (424 pages - \$19.95)

Audio Tape: "Help! I Can't Get Off My Antidepressants!" (1 1/2 hr - \$9.95)



Available from Wisdom Books & Press, Inc.
(Please see Catalog Insert for ordering information.)

Are You Ready For All That May Cross Your Path?

6/21/00 SOLTEC

Good evening, my friend. It is I, Ceres Anthonious "Toniose" Soltec, come in the Radiant Light of *The One Light—Creator Source*. Be at peace.

Allow for the message to come at its own pace. There are great efforts being made by those dark entities who do not wish this type of message to go forward. Keep the Light of Creator Source about you at all times, and be not hesitant to call upon the Lighted Brotherhood for protection. The call from a sincere, petitioning heart is always responded to. Again, be at peace.

As the current play continues to unfold, you ones will find yourselves being bombarded with one atrocity of "justice" after another. You are seeing and will continue to witness a systematic tearing down of your basic rights and freedoms. The illusion you now live in is fast crumbling, and the harsher "reality" of the actual plans which the so-called "elite" have laid out will soon become more and more evident and blatant as they play their "trump cards".

Many a great skeptic will find their stomach churning as they suddenly become aware of what is going on and realize they have been "hiding" from acceptance of all the clues that have been present for quite some time now. This sort of "slap in the face" awakening is not pleasant, and many will become quite despondent as the larger picture comes into their conscious awareness.

This is the greater reason we have placed so many of you who are Ground Crew all over the globe. When the ones you have come to assist are in their time of great confusion and near shutdown (emotionally and analytically) is when you each will begin to understand that you have been prepared for these events and that you have a duty/responsibility to offer a helping hand to these ones.

The forthcoming events will not likely throw the majority of you who are of Ground Crew into a state of shock because you have been aware of the various planned depopulation

efforts of these quite insane power-brokers for some time now. No, shock will not be your response. But annoyance, anger and such may very well be your response! If so, quickly allow these to pass through your experience, for it will do little good to remain in such a state.

You will not have a tendency to shut down like the ones who have been jolted awake as the claws of the beast are clenching their throats and staring them directly in the face. These ones will need your strength, your certainty, and your wisdom.

They will NOT need the "I tried to warn you!" or the "I told you so!" type of response. This will be your opportunity to shine forth your INNER LIGHT so that your brethren will have the opportunity to see that there is HOPE and that there is a solution to be recognized.

You each will be given to know what to do if and when such situations present themselves. Call upon the Lighted Brotherhood for assistance. Call upon Creator Source—*The One Light*—for Guidance. EXPECT an answer and follow your "gut" feelings and intuitions.

Remember, always, that MANY will reject your offers at first, for they will be in shock. Many will, at first, lash out against anyone and everyone. These are the ones who are the Lighted souls who internally are reacting to an inner sense of recognition that they have (once again) fallen for the Adversary's "lullabies"—only to wake-up and find that they have been living in a world of lies. These are the ones in whom we are most interested, for they are the ones who have the greatest potential for

stepping out of their ignorance and adapting to the reality of their situation, and thus adding to the net positive energy of the planet.

Be always kind to the ones who cross your path—especially the ones who seem the most hostile toward The Truth you bear—for these are the ones who, indeed, most need the message you carry. Harbor NO ill feeling for these ones. Let their attacks pass quickly away from your experience, and be quick to again offer assistance when the opportunity comes to do so. Set the ego reactions of the physical aside, for in times of great confusion once rational persons can become quite irrational and thus dangerous, and what once may have caused a minor squabble could result in the premature ending of your present Earthly experience.

Never underestimate the power of kindness. A kind act taken from a position of compassion will do wonders for a confused and frightened individual. Show these ones that they are still very much cared for and that the challenges they face are for their ultimate growth as an

individual—and that God NEVER gives them more than they can handle.

Remember these words for yourself as well! There will be truly challenging times for ALL ones experiencing on the planet. This message will not be new to many of you, but we see that there are many wanting

**MOST OF ALL—AT ALL TIMES
KEEP THE LIGHT OF CREATOR
SOURCE AROUND YOU AND
AROUND THOSE WITH WHOM YOU
COME IN CONTACT.**

**This will help you to stay centered
(balanced) and thus more easily
recognize the Guidance offered. It will
also have a calming effect on those
around you and help to keep away
those who are of dark intent—both
physical and non-physical.**

to know what their purpose is in the larger play at hand. Your purpose will be, in general, to help others to help themselves. Perhaps you will be the one who simply offers a smile as you hand someone a bowl of soup. The smile may, in turn, help ones realize they have value and there is hope.

The Lightworker's role is often the quiet, unassuming position of humility and service to others. The smallest actions of kindness offered without expectation of reciprocation are often the most impacting and helpful to ones who are in a state of emotional crisis.

Stand firm in your own convictions. But be quick to discern the appropriateness and timing of what you have to offer. Again, the kind words of encouragement will go much further than the sermon of "I told you so" in times of crisis.

You EACH have much to contribute to the whole of Creation. You each have talents, abilities, and skills that can instill in others a sense of confidence and certainty that survival

is possible as long as everyone contributes their unique gifts when the situation warrants same.

Prepare for the coming times not with anxiety, but rather with anticipation. Approach any challenging situation with a sense of knowing that the answers will present themselves to you, and that by keeping calm and keeping your frequency up, you will be able to connect with Higher Guidance and find solutions to ANY problem with which you may be faced.

Sometimes the solution may come through a small child who many would rather ignore than take the time to listen to. Other times an answer may come in the form of a strong personal intuition that strikes you and you “just know” what is the right thing to do. Be flexible in your thinking and you will not be likely to miss the solution when it is presented to you.

MOST OF ALL—AT ALL TIMES KEEP THE LIGHT OF CREATOR SOURCE AROUND YOU AND AROUND THOSE WITH WHOM YOU COME IN CONTACT.

This will help you to stay centered (balanced) and thus more easily recognize the Guidance offered. It will also have a calming effect on those around you and help to keep away those who are of dark intent—both physical and non-physical.

There is no easy way to emphasize the importance of the subject we are discussing here without it sounding like “doom and gloom”. Offering a picture that evokes thoughts, ideas, and (most importantly) cognitive understanding of the intent of our message is how we of the Lighted Realms of Creation operate. We are quite careful NOT to usurp your free will by saying that you MUST do this or that. We offer to you, through this forum, general answers that will hopefully spark within you each a greater awareness of your TRUE self.

If you desire greater personal counsel from your Guides or from any others of We of the Lighted Realms of Creation, then please consider that YOU EACH have the ability to go within and establish a conscious connection to Source—Creator God. You need no special tools or training. **All that is truly needed is a strong conviction supported by a clearly focused question, asked with sincerity of the heart, and an expectation that an answer WILL be given.**

Please re-read the last sentence until you truly understand for yourself what it means. Get a dictionary out; look-up the definitions of “conviction” and “sincerity”.

You each are children of God, and you each have the innate ability to establish an inner, conscious connection with The One who created you—Father/Mother Source. Learn to recognize this connection. It is free. There are no price tags, conditions, or

penalties for establishing and using your ever-present connection to Creator Source. In fact, it is more-or-less expected that you will cause conditions (challenges) for yourself so as to bring about a desire/need for, and thus recognition of, this very connection. (This is a more general way of saying that there are no atheists in a warzone foxhole.)

We who come to you in this forum are well aware of the many needs, desires, and “complications” you ones are faced with from day to day. We offer the following as a means for consciously strengthening your inner connection to Source:

Set aside as little as 30 minutes a week and find a quiet place.

First, get a clear question formulated in your mind that you would like to have the answer to and write it on a piece of paper.

Next, call upon the Light of Creator Source and the Lighted Brotherhood for protection and guidance.

Next, write out all of the reasons you feel this question is so important.

Next, write out how you expect that the answer to this question will change your life and your understanding about self or the world you live in.

Now, re-read your original question and see if there is perhaps a better question to ask. If so, write it down and start the process over again, starting with calling upon the Light of Creator Source and the Lighted Brotherhood for protection and guidance.

If the question still stands as the foremost question you can possibly ask, sit quietly and expect the answer to present itself to you. The answer may come in many forms—a thought, an idea, an image (or series of images), and so forth. If the answer is not immediate in the coming, be patient, for it

WILL come.

Re-read your question and the reasons for asking it and the expectations you have. Write down any other thoughts you may have as they present themselves to you.

Write down how you think, let’s say, Hatonn (or Sananda, Germain, Michael, etc.) would respond to this question if it were posed to them. Just write whatever comes to mind, even if it does not make sense to you.


If you follow these steps conscientiously, you will be well on your way to finding your own answers, and we of the Lighted Realms will find great reason to rejoice, for you will also be well on your way to a clearer sense of your innate personal connection to and through Creator Source. You will have taken a great step forward in your ability to help yourself and others, and thus increase your awareness of the nature of your true purpose in the experience at hand.

There is much said here that will help the diligent student to become a great Wayshower, Lightbearer, and Teacher. Take not lightly these words, for the ways of the soul are not complicated, mystical, or mysterious.

Once you CONSCIOUSLY recognize your inner connection to Source, you will wonder how you could have ever missed it all these years. YOU EACH CAN AND DO USE YOUR CONNECTION TO SOURCE ON A MOMENT BY MOMENT BASIS. Without it you would not have consciousness, let alone reasoning.

May your endeavors forever be toward finding the greatest Truth along the Lighted journeys of your soul.

I am Ceres Anthonious “Toniose” Soltec. I come in, and I am of, *The One Light—Creator Source, God.*

Blessing and peace to you all! Salu. 

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Revealing Article About Phoenix Institute Directors: Paying Back *What* Debt?

Editor's note: Like icing on a cake, it is too bad that the following most remarkable and revealing article was not brought to our attention in time for inclusion in a special report titled "The Curious Case Of Dave Overton's Gold And The Phoenix Institute" starting on page 16 of last month's issue of The SPECTRUM.

The "icing" is the following article, which is from the March 27, 2000 edition of the Mindanao TIMES (in the Philippines) and offers some very, very intriguing information for those who read with objectivity, discernment, and understanding—and may have a personal or financial interest in the subject under discussion.

As was stated in the Editor's note introducing last month's special report herein on Dave Overton's gold and the Phoenix Institute, the following information will likewise be of no particular interest to some of our newer readers. However, it could be of GREAT interest to those longtime readers and supporters who are acutely aware of the history and events surrounding the formation of this newspaper—which came into existence exactly because of the shady shenanigans which were pulled on those of us who previously WERE the CONTACT newspaper, by the primary ones mentioned below as responsible for the Phoenix Institute and, according to the TIMES article, are: "here in Davao City to transact his [E.J. Ekker] business and pay some debts to his former employer.... He and his wife Doris, both of Tehachapi, California, first arrived here in the Philippines in August 1998 allegedly to look for money to repay their debts to the Nevada corporation Phoenix Institute...."

Just what debts might those be? Just what inferred condition might the Phoenix Institute be in which requires such need for repayment of said debts? Just what happened to all the funds/gold supposedly entrusted to the Phoenix Institute by well-meaning investors?

The correct answers to those (and other, related) questions about the solvency of the Phoenix Institute are perhaps why all such inquiries (especially by ones with large financial holdings entrusted to the Phoenix

Institute) have routinely gotten evasive answers. We will leave it up to the perceptive reader to read between the lines and connect the dots which point to The Truth.

We here at The SPECTRUM certainly concur with the general picture painted in this outlay and we praise whatever thorough research and investigatory machinery was utilized by Mr. Mitchel R. Confesor (How about that name?!) of the Mindanao TIMES in order to assemble a report of such high journalistic quality—especially considering the complexity and out-of-the-ordinary nature of the subject.

(See the www.contactnews10.com website, which is operated by a private archiving consortium that has been under almost constant attack by those who do not wish The Truth to remain available for scrutiny, for details of the clash which birthed this newspaper—in the final three issues of "our" CONTACT, for the dates of 3/15/99, 3/22/99, and 3/26/99. Data from the 3/15/99 issue is even referred to below.)

Remember that this is the time of the Great Awakening—when The Truth shall be revealed in ALL areas. For ones who supported the stated mission of the Phoenix Institute with integrity and generosity, there is much food for thought in what you are about to read.

3/27/00 MITCHEL R. CONFESOR

**US \$250-BILLION
"GOLD" DEAL IN DAVAO
CIA, Peruvian Account Mired
With Sect Members, Lawyers**

Davao City has just become a playing ground of international intrigue as an American national with ties to the United States' premier spy agency is currently wooing Davaoeños in a business transaction involving a U.S. \$1,000 "gold" certificate issued by Peru in 1875.

E.J. Ekker, a Californian who formerly works for a Nevada-based publication agency, allegedly has in his possession this Peruvian "gold" certificate with a 125-year accrued interest originally owned by a former agent of the U.S. Central Intelligence Agency way back

when ex-U.S. President George Bush was CIA director between 1976 to 1979.

Ekker, who is now affiliated with the CONTACT newspaper after his stint as proofreader of the *Phoenix Journals*, is said to be here in Davao City to transact his business and pay some debts to his former employer through the enticement of a U.S. \$250-billion account.

He and his wife Doris, both of Tehachapi, California, first arrived here in the Philippines in August 1998, allegedly to look for money to repay their debts to the Nevada corporation Phoenix Institute, which had been designed to provide funding for its journals and other projects.

The "gold" certificate, which has now reportedly ballooned to billions of dollars, was originally acquired by the late CIA operative Russell Herman, and was later used as a "Superfund" to help Bush's candidacy for the White House.

"GRANDFATHERED"

Under the *Monroe Doctrine*, the U.S. assumed Peru's debt—along with those of many other countries—to persuade them to stay out of World War I, which began in 1914 and ended in 1918.

Some gold certificates, like those later acquired by Herman, eventually became a debt against the U.S. Treasury.

Later, the U.S. Federal Reserve Bank assumed all debts against the U.S. Treasury, including payment to the Herman gold certificate.

Herman's treasure was then "grandfathered" with its accrued interest to 1875, and if paid in full today in the year 2000, would reportedly bring down U.S. federal reserves to its knees.

When this certificate was presented to Bush in the late 1970s when he was then CIA director, he being Herman's ultimate superior, the money in it was reportedly used as a "Superfund" to finance his campaign for the Oval Office.

It was learned that Herman was able to apportion his share of the gold to his wife Katherine and grandmother V.K. Durham [actually these are the same person utilizing, at different times, three different names: Katherine, V.K. Durham, and Grandma] who both took 52 percent, which reportedly amounted to a whopping U.S. \$10 billion.

The remaining 48 percent went to Herman's good friend Rick Martin, reportedly of the CONTACT staff. Sources bared that Herman was later killed by rogue CIA agents.

EKKER'S TREK

Martin promptly placed his financial asset under the control of another Nevada-based group, the Global Alliance Investment

Association, which later became an affiliate of the Phoenix Institute.


A few months later, particularly on August 11, 1998, the Ekker couple, Martin, and their colleague Charles Neil arrived here in the Philippines.

The quartet reportedly wanted to establish a worldwide gold banking system and in the process raise funds to finance *CONTACT*. But a falling-out sparked among the group as Martin and Neil accused the Ekkers of overspending and financial manipulation.

Both of whom are California natives, Martin and Neil returned to Tehachapi early last year, specifically on February 19, 1999. Martin's account of their Philippine-Malaysia journey is recorded in *CONTACT*'s March 15, 1999 issue. *CONTACT* editor-in-chief Edwin Young implied that the CIA's influence was evident in E.J. Ekker's agenda and the latter's dealings with various nations, including here in this country.

"Rick and Charles did NOT abruptly return from the Philippines for the reasons circulated

by e-mail and fax postings by Doris and E.J. Ekker," wrote Young. The two, Young added, "returned in disgust because of what they had been witnessing for some time, and finally confronted: a dark energy presence operating through the remaining members of that working team."

The *TIMES* learned that Ekker and his people here in Davao City have even tapped the services of some members of a religious sect, and have also attempted, but failed, to tap the services of a law firm. 

Are Fed & Treasury Manipulating Gold For Gain Of Few?

Editor's note: The following is extremely important and insightful information for all of you who (1) are curious about the actual questionable state of our nation's gold reserves, (2) are wondering about the artificial suppression of gold prices, and (3) have your suspicions about the likely crooks-in-high-places behind such damaging shenanigans.

Look at the powerful stated credentials of several of the Gold Anti-Trust Action Committee members and KNOW that there are some very experienced people efforting to protect a fundamental building block of this nation's (and the world's) economic health.

Quoting from a letter from the Secretary of this courageous Gold Anti-Trust Action Committee at the time of the publication of the earlier of the two Open Letters shared below, we read:

"Dear Friend of GATA and Gold:

"Here's the text of GATA's two-page advertisement to be published Thursday, December 9, 1999 in Roll Call, the weekly newspaper that covers the Congress of the United States and is considered the best-read publication at the U.S. Capitol.

"We're very excited about this, hopeful of making a big impact, and mobilizing the gold

industry and gold's friends, and deeply grateful to those whose financial contributions have helped to make this possible.

"Once the ad is published, we will call on gold's friends everywhere to ask members of Congress to ensure that GATA's questions are answered.

Nothing upsets the shenanigans of the dark, so-called "elite" as much as shining the Light of publicity/awareness on their actions. This is the time of the Great Awakening when The Truth shall out in ALL areas. What we DO with such information is the testing underway.

"GATA is fighting for the gold cause. If you haven't joined us yet, please do.

"Gold's enemies won't stop until gold fights back, and they are confident that they have intimidated the whole industry and even the countries whose livelihoods depend on gold.

"Let's prove them wrong.

"Chris Powell, Secretary

"Gold Anti-Trust Action Committee Inc."

Nothing upsets the shenanigans of the dark, so-called "elite" as much as shining the Light

of publicity/awareness on their actions. This is the time of the Great Awakening when The Truth shall out in ALL areas. What we DO with such information is the testing underway.

6/15/00 GOLD ANTI-TRUST ACTION COMMITTEE

In GATA's (Gold Anti-Trust Action Committee) continuing search for the truth about what is really going on in the gold market, we presented the following centerfold, *An Open Letter To Senate And House Banking Committee Members: Gold Derivative Banking Crisis*. This was published in *Roll Call*, a Washington, D.C. publication [on 5/9/00] which is delivered to the House, the Senate, the White House, and many other venues in our country's capital.

An Open Letter To Senate And House Banking Committee Members Gold Derivative Banking Crisis

Extensive research has led the Gold Anti-Trust Action Committee (GATA) to the conclusion that the gold market is being recklessly manipulated and now poses a serious risk to the international financial system.

Annual gold demand, currently at record levels, exceeds mine and scrap gold supply by more than 1,500 tonnes. In the Washington Agreement of September 26, 1999, 15 European central banks announced that they were capping their lending of gold and would limit their official sales of gold to 400 tonnes per year for the next five years. Some major gold producers have reduced their forward sales, and speculators have reduced their borrowed gold selling. Commodity prices and wages are rising. Yet the price of gold has declined steadily. With demand so much greater than supply, the price of gold should be rising sharply.

According to the Office of the Controller of the Currency, the notional value of the off-balance-sheet gold derivatives on the books of U.S. commercial banks exceeds \$87 billion, which is greater than total U.S. official gold reserves of approximately 8,140 metric tonnes.

Gold derivatives surged from \$63.4 billion in the third quarter of 1999 to \$87.6 billion in the fourth quarter, after the Washington Agreement was announced. The notional amount of off-balance-sheet gold derivative contracts on the books of Morgan Guaranty Trust Co. went from \$18.36 billion to \$38.1 billion in the last six months of 1999.

Veneroso Associates estimates that the private and official-sector gold loans stood at 9,000 to 10,000 tonnes at the end of 1999. Most of these loans represent gold that has been sold in the form of jewelry and cannot be retrieved. Mine supply of gold for all of 1999, according to trade sources, was only 2,579 tonnes. Thus the gold loans are far too big to be repaid back in a short time. The swift \$84 rise in the gold price following the Washington Agreement caused a panic among bullion bankers. But that was only a warning of what is to come.

Federal Reserve Chairman Alan Greenspan and Treasury Secretary Lawrence Summers, responding to GATA's inquiries through members of Congress, have denied any direct involvement in the gold market by the Fed and the Treasury Department. But they have declined to address whether the Exchange Stabilization Fund, which is under the control of the treasury secretary, is being used to manipulate the price of gold.

Several prominent New York bullion banks, particularly Goldman Sachs, from which the immediate past treasury secretary, Robert Rubin, came to the Treasury Department, have moved to suppress the price of gold every time it has rallied over the last year.

The Gold Anti-Trust Action Committee believes that U.S. government officials and these bullion banks have induced other governments to add gold supply to the physical market in recent years to suppress the price. Britain's National Accounting Office is now investigating the Bank of England's decision to

sell off more than half its gold. Contrary to proper accounting practice, reductions in gold in the earmarked accounts of foreign governments at the New York Federal Reserve Bank are being listed by the Commerce Department as the export of non-monetary gold. These "exports" from the Fed occur upon rallies in the gold price.

Why would anyone want to suppress the price of gold?

1. Suppressing the price of gold has made it a cheap source of capital for New York bullion banks, which borrow it for as little as 1% of its value per year. Gold is borrowed from central banks and sold, and the proceeds are invested in the financial markets in securities that have much greater rates of return. As long as the price of gold remains low, this "gold carry trade" is a financial bonanza to a privileged few at the expense of the many, including the gold-producing countries, most of which are poor. If the price of gold was allowed to rise, the effective interest rate on gold loans would become prohibitive.

2. Suppressing the price of gold gives a false impression of the U.S. dollar's strength as an international reserve asset and a false reading of inflation in the United States.

Too much gold is being consumed at too cheap a price. Massive amounts of derivatives are being used to suppress the gold price. If this situation is not corrected soon, there will be a gold derivative credit and default crisis of epic proportions that will threaten the solvency of the largest international banks and the world standing of the dollar.

As you are aware, a 90-page document of our extraordinary findings was personally delivered to your offices last Thursday.

The Gold Anti-Trust Action Committee requests that a full and complete investigation be launched into this matter as soon as possible.

The longer the gold price is artificially held down, the bigger the eventual banking crisis.

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THE ORIGINAL ROLL CALL AD

In GATA's continuing search for the truth about what is really going on in the gold market, we presented the following centerfold, *An Open Letter To Alan Greenspan, Chairman Of The Federal Reserve System, And Lawrence Summers, Secretary Of The Treasury: What*

Are You Doing With America's Gold? This was published in *Roll Call*, a Washington, D.C. publication [on 12/9/99] which is delivered to the House, the Senate, the White House, and many other venues in our country's capital.

ALAN GREENSPAN
Chairman, Federal Reserve System
AND
LAWRENCE SUMMERS
Secretary Of The Treasury
What Are You Doing With America's Gold?

Dear Chairman Greenspan and Secretary Summers:

On July 24, 1998, before the House Banking Committee, and six days later before the Senate Agricultural Committee, Chairman Greenspan made the following statement: "Central banks stand ready to lease gold in increasing quantities should the price rise."

Ever since that comment was made, there has been a growing controversy about whether the Federal Reserve and the Treasury Department have been actively involved in the gold market. There has been speculation that the U.S. government, through your agencies, has been seeking to lower the gold price to rescue certain financial interests, much as the Fed orchestrated the rescue of Long-Term Capital Management last year. Aggressive bullion dealers, hedge funds doing the gold "carry trade", and unwise price speculation disguised as hedging by gold mining companies are most frequently cited as the beneficiaries of this government intervention in the gold price. As with LTCM, there is concern about severe risk to the world financial system, this time because of irresponsible gold lending policies of central banks.

The gold controversy reached the floor of the British Parliament last June 16, after the Bank of England announced plans to sell 415 tons of its gold:

"We cannot allow these rumors to grow, because they are extremely dangerous to public confidence. It has been suggested that the market is very short of gold, that the short positions may be a substantial multiple of the total amount of gold currently held by the Bank of England, and that the bank's real motive is to save the bacon of firms that are running those short positions. If such a suggestion is being made seriously, it must be dealt with authoritatively and definitively, and we want an answer from the government now. — Quentin Davies, Member of Parliament"

The Bank of England's announcement collapsed the price of gold from \$290 to \$252 per ounce. But when, on September 26, fifteen European central banks announced that they would restrict their gold sales and gold lending for the next five years, the gold price soared to \$337. Word spread that the bullion banks were panicking again.

As if right on cue, but in uncharacteristic fashion, the government of Kuwait then announced it was depositing its 79 tons of gold with the Bank of England for lending purposes. There was speculation that the New York Federal Reserve Bank was using all means at its disposal to push the gold price down to accommodate the financial interests that were short gold.

THE QUESTION DEMANDS
AN ANSWER:

Is the government of the United States intervening in the gold market and, if so, why? Chairman Greenspan, we will take you at your own word that you are intervening in the gold market as you said you would if the price rose.

The Federal Reserve Bank's Open Market Committee may have the authority to deal in gold coin and bullion, but all purchases and sales, according to 12 USC 263-359: "shall be governed with a view to accommodating commerce and business".

If, rather, the Federal Reserve Bank or the Treasury Department is depressing the gold price in order to help various and numerous gold short sellers, it is a clear and illegal violation of the bank's purpose clause. The government's intervening to help one side over another in a private contract is illegal, fraudulent, and unconstitutional. For the U.S. central bank to use its powers to benefit one class of citizens to the harm of another class of Americans is a gross violation of the *Constitution's* equal protection clause.

If the Federal Reserve intervened in the gold market after the October price rise as you said you were prepared to do, it was not to accommodate commerce and business, but to accommodate one half of the parties to a private contract who had shorted gold. The other half of the parties to this same contract who bought gold were cheated and deprived of a fair market price, denied the equal protection of the law, and cheated of profit potential. It would be an illegal and fraudulent act that was perpetrated by bankers who are unelected bureaucrats reigning like tyrants without legal or political supervision.

The manipulation of the gold market has caused irreparable harm to gold owners, gold companies, and gold miners as well as all Americans. It destroyed a free market, depressed the fair value for an important financial asset, distorted the value of gold companies on the New York and American Stock Exchanges, and decreased the value of its own and America's gold assets.

The Fed's price-fixing action should be investigated by the Securities and Exchange Commission and the Commodity Futures Trading Commission. Indeed, the SEC should be concerned that both the gold market and the stock market generally may be constantly

manipulated now by surreptitious government intervention.

Whatever the policy and practices of the Fed and the Treasury Department are in these respects, this is a matter of the most profound public policy and it should be a matter of public record.

TO CLEAR UP THIS MATTER, THE GOLD ANTI-TRUST ACTION COMMITTEE WANTS THE ANSWERS TO THE FOLLOWING QUESTIONS:

1. Does the Federal Reserve or the Treasury Department, either on their own behalf or on behalf of others, including other government agencies, such as the Exchange Stabilization Fund, lend gold or silver, facilitate the lending of gold and silver, or trade in any securities, such as futures contracts and call and put options, involving gold and silver?

2. If the Fed or the Treasury Department do lend these precious metals, do they do so only on a swap or repurchase arrangement basis, or do they also lend unsecured?

3. What are the credit criteria that a potential borrower needs to establish with the Fed or the Treasury?

4. What credit limits are applied to borrowers? How do they vary between secured/swap lending and unsecured lending?

5. How often are counterparty positions marked to market in these transactions?

6. What happens if market price movements cause the credit limits to be exceeded?

7. Does the Fed or the Treasury have any counterparty credit utilizations in excess of 90% of the limit?

8. Have any precious metal-related credit limits been amended other than in credit limit reviews in the normal course of business?

9. Do the Fed or the Treasury Department or any other government agency ever own or deal in derivatives that are connected with precious metals? Do any of these agencies write call options against the Treasury's or Federal Reserve's gold holdings, or write naked call options?

10. Do the above-mentioned credit limits and mark-to-market provisions apply to derivatives as well?

11. Have the Fed, the Treasury, or any other government agency, either directly or through their management of foreign custody accounts, collaborated with the Bank for International Settlements, the Bank of England, or any other central bank with a view to managing, smoothing, or otherwise affecting the market price of gold?


There is also great concern that U.S. gold reserves have been lent or sold. Those gold reserves are a great national financial asset, yet they have not been audited officially since the Eisenhower Administration. So, in addition to answering the above questions, we ask you to arrange an independent audit so that the country may be assured that its gold remains in public hands.

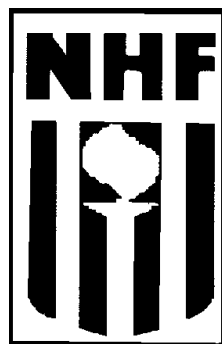
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For interested readers, SPECTRUM will have a booth at the upcoming Pasadena 2000 Natural Health Show in Pasadena. Rick and Gail will be present to answer questions and accept subscriptions and book orders.

Most Profitable Industry In America? Our Prison Systems!

Editor's note: Keep the following eye-opening News Desk Special Report in mind when next you hear your local political puppets preaching the need for more money (higher or special taxes) for prisons. Never mind the sad conditions of social stress which have been purposely engineered to guarantee a steady prison population increase—and thus a blooming “customer” base to supercharge the business agenda and guarantee a “slave labor” pool to beat any foreign sweatshop.

The following has been excerpted by our News Desk guru, Dr. Al Overholt, from the Internet website illusions@beyond-the-illusion.com and posted on 5/28/00. Beneath the stated message, this information reveals something truly diabolical about a society which has found a way to make such a big business out of a tragic aspect of social dysfunction.

Meanwhile, the term “slave labor” is now describing a more prostituted situation within our prison systems than it has since the days before the Civil War. Honest prison employment is one thing—and sets a good example for ones who may not have been exposed to same in their often rough past; what example is set by a forced working arrangement which makes the Chinese Communist approach to labor seem like philanthropy?

When reading the following, try to figure how many ways “conscience” ought to be a part of the equation. Is this a stark measure of just how far down we've slipped as a society?

7/1/00 NEWS DESK SPECIAL REPORT

What is the most profitable industry in America? Weapons, oil, and computer technology all offer high rates of return, but there is probably no sector of the economy so abloom with money as the privately-run prison industry.

Consider the growth of the Corrections Corporation of America, the industry leader whose stock price has climbed from \$8 a share in 1992 to about \$30 today and whose revenue

rose by 81 percent in 1995 alone.

Investors in Wackenhut Corrections Corporation have enjoyed an average return of 18 percent during the past five years and the company is rated by *Forbes* as one of the top 200 small businesses in the country. At Esmor, another big private prison contractor, revenues have soared from \$4.6 million in 1990 to more than \$25 million in 1995.

Ten years ago there were just five privately-run prisons in the country, housing a population of 2,000. Today nearly a score of private firms run more than 100 prisons with about 62,000 beds. That's still less than five percent of the total market—but the industry is expanding fast, with the number of private prison beds expected to grow to 360,000 during the next decade.

The exhilaration among leaders and observers of the private prison sector was cheerfully summed up by the headline in *USA Today*: “Everybody's Doing The Jailhouse Stock.”

An equally upbeat mood imbued a conference on private prisons held last December at the Four Seasons Resort in Dallas. The brochure of the conference, organized by the World Research Group, a New York-based investment firm, called the corporate takeover of correctional facilities the “newest trend in the area of privatizing previously government-run programs.... While arrests and convictions are steadily on the rise, profits are to be made, profits from crime. Get in on the ground floor of this booming industry now!”

A hundred years ago private prisons were a familiar feature of American life, with disastrous consequences. Prisoners were farmed out as slave labor. They were routinely beaten and abused, fed slop and kept in horribly overcrowded cells. Conditions were so wretched that by the end of the nineteenth century private prisons were outlawed in most states.

During the past decade, private prisons have made a comeback. Already 28 states have passed legislation making it legal for private contractors to run correctional facilities, and

many more states are expected to follow suit.

The reasons for the rapid expansion include the post-1980s free-market ideological fervor, large budget deficits for the federal and state governments, and the discovery and creation of vast new reserves of “raw materials”—prisoners.

The rate for most serious crimes has been dropping or stagnant for the past 15 years, but during the same period severe repeat offender provisions and a racist “get-tough” policy on drugs have helped push the US prison population up from 300,000 to about 1.5 million. This has produced a corresponding boom in prison construction and costs, with the federal government's annual expenditures in the area of \$17 billion. In California, passage of the infamous “three strikes” bill will result in the construction of an additional 20 prisons during the next few years.

The private prison business is most entrenched at the state level, but is expanding into the federal prison system as well. Last year Attorney General Janet Reno announced that five of seven new federal prisons being built will be run by the private sector. Almost all of the prisons run by private firms are low or medium security, but the companies are trying to break into the high-security field. They have also begun taking charge of management in INS detention centers, boot camps for juvenile offenders, and substance abuse programs.

Roughly half of the industry is controlled by the Nashville-based Corrections Corporation of America, which runs 46 penal institutions in 11 states. It took ten years for the company to reach 10,000 beds; it is now growing by the same number every year.

CCA's chief competitor is Wackenhut, which was founded in 1954 by George Wackenhut, a former FBI official. Over the years its board and staff have included such veterans of the US national security state as Frank Carlucci, Bobby Ray Inman, and William Casey, as well as Jorge Mas Canosa, leader of the fanatical Cuban American National Foundation. The company also provides security services to private corporations. It has provided strikebreakers at the Pittston mine strike in Kentucky, hired unlicensed investigators to ferret out whistle blowers at Alyeska, the company that controls the Alaskan oil pipeline, and beaten anti-nuclear demonstrators at facilities it guards for the Department of Energy.

Wackenhut has a third of the private prison market with 24 contracts, nine of which were signed during the past two years. In a major coup, the company was chosen to run a 2,200-capacity prison in Hobbs, New Mexico, which will become the largest private prison in the US when it opens late this year.

Esmor, the number-3 firm in the field, was founded only a few years ago and already

operates ten corrections or detention facilities. The company's board includes William Barrett, a director of Frederick's of Hollywood, and CEO James Slattery, whose previous experience was investing in and managing hotels.

US companies also have been expanding abroad. The big three have facilities in Australia, England and Puerto Rico, and are now looking at opportunities in Europe, Canada, Brazil, Mexico, and China.

The companies that dominate the private prison business claim that they offer the taxpayers a bargain because they operate far more cheaply than do state firms. As one industry report put it: "CEOs of privatized companies are leaner and more motivated than their public-sector counterparts."

But even if privatization does save money, and the evidence here is contradictory, there is, in the words of Jenni Gainsborough of the ACLU's National Prison Project: "a basic philosophical problem when you begin turning over administration of prisons to people who have an interest in keeping people locked up."

To be profitable, private prison firms must ensure that prisons are not only built, but also filled. Industry experts say a 90 to 95 percent capacity rate is needed to guarantee the hefty rates of return needed to lure investors. Prudential Securities issued a wildly bullish report on CCA a few years ago, but cautioned: "It takes time to bring inmate population levels up to where they cover costs. Low occupancy is a drag on profits." Still, said the report, company earnings would be strong if CCA succeeded in "ramp[ing] up population levels in its new facilities at an acceptable rate."

A 1993 report from the State Department of Corrections in New Mexico found that CCA prisons issued more disciplinary reports, with harsher sanctions imposed, including the loss of time off for good behavior, than did those run by the state. A prisoner at a CCA prison said: "State-run facilities are overcrowded and there's no incentive to keep inmates as long as possible. CCA on the other hand reluctantly awards good time. They give it because they have to, but they take it every opportunity they get. Parole packets are constantly getting lost or misfiled. Many of us are stuck here beyond our release dates."

Private prison companies have also begun to push, even if discreetly, for the type of get-tough policies needed to ensure their continued growth. All the major firms in the field have hired big-time lobbyists. When it was seeking a contract to run a halfway house in New York City, Esmor hired a onetime aide to state Rep. Edolphus Towns to lobby on its behalf. The aide succeeded in winning the contract and also the vote of his former boss, who had been an opponent of the project. In 1995, Wackenhut Chairman Tim Cole testified before the Senate Judiciary Committee to urge support for

amendments to the Violent Crime Control Act, which subsequently passed, that authorized the expenditure of \$10 billion to construct and repair state prisons.

CCA has been especially adept at expansion via political payoffs. The first prison the company managed was the Silverdale Workhouse in Hamilton County, Tennessee. After Commissioner Bob Long voted to accept CCA's bid for the project, the company awarded Long's pest control firm a lucrative contract. When Long decided the time was right to quit public life, CCA hired him to lobby on its behalf. CCA has been a major financial supporter of Lamar Alexander, the former Tennessee governor and failed presidential candidate. In one of a number of sweetheart deals, Lamar's wife, Honey Alexander, made more than \$130,000 on a \$5,000 investment in CCA. Tennessee Governor Ned McWherter is another CCA stockholder and is quoted in the company's 1995 annual report as saying that "the federal government would be well served to privatize all of their corrections."

The prison industry has also made generous use of the junket as a public relations technique. Wackenhut recently flew a New York-based reporter from Switzerland, where the company is fishing for business, to Florida for a tour of one of its prisons. The reporter was driven around by limousine, had all her expenses covered, and was otherwise treated royally.

In another ominous development, the revolving door between the public and private sector has led to the type of company boards that are typical of those found in the military-industrial complex. CCA co-founders were T. Don Hutto, an ex-corrections commissioner in Virginia, and Tom Beasley, a former Chairman of the Tennessee Republican Party. A top company official is Michael Quinlan, once director of the Federal Bureau of Prisons. The board of Wackenhut is graced by a former Marine Corps commander, two retired Air Force generals, and a former under-secretary to the Air Force, as well as by James Thompson, ex-governor of Illinois, Stuart Gerson, a former assistant US attorney general, and Richard Staley, who previously worked with the INS.

Because they are private firms that answer to shareholders, prison companies have been predictably vigorous in seeking ways to cut costs. In 1985, a private firm tried to site a prison on a toxic waste dump in Pennsylvania, which it had bought at the bargain rate of \$1. Fortunately, that plan was rejected.

Many states pay private contractors a per-diem rate, as low as \$31 a prisoner in Texas. A federal investigation traced a 1994 riot at an Esmor immigration detention center to the company's having skimmed on food, building repairs, and guard salaries. At an Esmor-run halfway house in Manhattan, inspectors turned

up leaky plumbing, exposed electrical wires, vermin, and inadequate food.

To ratchet up profit margins, companies have cut corners on drug rehabilitation, counseling, and literacy programs. In 1995, Wackenhut was investigated for diverting \$700,000 intended for drug treatment programs at a Texas prison. In Florida the US Corrections Corporation was found to be in violation of a provision in its state contract that requires prisoners to be placed in meaningful work or educational assignments. The company had assigned 235 prisoners to be dorm orderlies when no more than 48 were needed, and enrollment in education programs was well below what the contract called for. Such incidents led a prisoner at a CCA facility in Tennessee to conclude: "There is something inherently sinister about making money from the incarceration of prisoners, and in putting CCA's bottom line (money) before society's bottom line (rehabilitation)."

The companies try to cut costs by offering less training and pay to staff. Almost all workers at state prisons get union-scale pay, but salaries for private prison guards range from about \$7 to \$10 per hour.

Of course the companies are anti-union. When workers attempted to organize at Tennessee's South Central prison, CCA sent officials down from Nashville to quash the effort.

Poor pay and work conditions have led to huge turnover rates at private prisons. A report by the Florida auditor's office found that turnover at the Gadsden Correctional Facility for women, run by the US Corrections Corporation, was 200 percent, ten times the rate at state prisons. Minutes from an administrative meeting at a CCA prison in Tennessee have the "chief" recorded as saying: "We all know that we have lots of new staff and are constantly in the training mode. Many employees [are] totally lost and had never worked in corrections."

Private companies also try to nickel-and-dime prisoners in an effort to boost revenue. A prisoner at a Florida prison run by CCA has sued the company for charging a \$2.50 fee per phone call and 50 cents per minute thereafter. The lawsuit also charges that it can take a prisoner more than a month to see a doctor.

A number of prisoners complain about exorbitant prices. "Canteen prices are outrageous" wrote a prisoner at the Gadsden facility in Florida. "[We] pay more for a pack of cigarettes than in the free world." Neither do private firms provide prisoners with soap, toothpaste, toothbrushes, or writing paper. One female prisoner at a CCA prison in New Mexico said: "The state gives five free postage-paid envelopes per month to prisoners, nothing at CCA. State provides new coats, jeans, shirts, underwear, and replaces them as needed. CCA rarely buys new clothing and inmates are

often issued tattered and stained clothing. Same goes for linens. Also ration toilet paper and paper towels. If you run out, too bad; 3 rolls every two weeks."

General conditions at private prisons appear in some respects to be somewhat better than those found at state institutions, a fact possibly linked to the negative business impact that a prison disturbance can cause private firms. For example, the share price of stock in Esmor plunged from \$20 to \$7 after a 1994 revolt at the company's detention center for immigrants in Elizabeth, New Jersey.

Nevertheless a number of serious problems at prisons run by private interests still exist. Back in the mid-1980s, a visiting group of professional guards from England toured the CCA's 360-bed state prison in Chattanooga, Tennessee, and reported that inmates were "cruelly treated" and "problem" prisoners had been gagged with sticky tape. The warden regaled his guests with graphic descriptions of strip shows performed by female inmates for male guards.

Investigators at a CCA jail in New Mexico found that guards had inflicted injuries on prisoners ranging from cuts and scrapes to broken bones.

Riots have erupted at various private facilities. In one of the worst, guards at CCA's West Tennessee Detentional Center fired pepper-gas canisters into two dormitories to quell a riot after prisoners shipped from North Carolina revolted over being sent far from their families.

In addition to the companies that directly manage America's prisons, many other firms are getting a piece of the private prison action. American Express has invested millions of dollars in private prison construction in Oklahoma, and General Electric has helped finance construction in Tennessee. Goldman Sachs & Co., Merrill Lynch, Smith Barney, among other Wall Street firms, have made huge sums by underwriting prison construction with the sale of tax-exempt bonds, this now a thriving \$2.3 billion industry.

Weapons manufacturers see both public and private prisons as a new outlet for "defense" technology, such as electronic bracelets and stun guns. Private transport companies have lucrative contracts to move prisoners within and across state lines; health care companies supply jails with doctors and nurses; food service firms provide prisoners with meals.

High-tech firms are also moving into the field. The Que-Tel Corporation hopes for vigorous sales of its new system whereby prisoners are bar coded and guards carry scanners to monitor their movements. Phone

companies such as AT&T chase after the enormously lucrative prison business.

About three-quarters of new admissions to American jails and prisons are now African-American and Hispanic men. This trend, combined with an increasingly privatized and profitable prison system run largely by Whites, makes for what Jerome Miller, a former youth

matching up their job skills with a prison's labor needs.

Prisoners at state-run institutions generally receive the minimum wage, though in some states, such as Colorado, wages fall to as low as \$2 per hour (workers receive only about 20 percent of that amount, with the rest going to pay room and board, victim compensation programs, and other fees). As an added bonus, companies that employ prison labor have no need to offer benefits, vacation days, or sick time to employees, and many states offer such firms tax breaks and other advantages as well.

Lured by such enticements, many big firms have moved eagerly into the prison-industrial complex. Trans World Airlines pays prison workers \$5 per hour to book reservations by phone, less than a third of the rate it previously paid to its own employees. The EAU succeeded in shutting down a program at an Ohio prison where the Waste corporation was paying prisoners \$2.05 per hour to assemble parts for Honda cars.

For businesses, the deal is even sweeter at private prisons, where pay rates can be as low as 17 cents per hour for a six-hour maximum day, which translates into a monthly paycheck of about \$20. The maximum pay scale at a CCA prison in Tennessee is 50 cents an hour for what are classified as "highly skilled positions".

Given such rates, it's not surprising that a prisoner there complained about the relative generosity of publicly-run programs, saying: "At federal prisons you can take home \$1.25 per hour and work eight hours a day, sometimes even double shifts. A two, three, or four hundred dollars a month check isn't unusual in the feds."

Thanks to prison labor, America is again attracting the sorts of jobs that were formerly available only to workers of the Third World. A US company operating in Mexico's maquiladora zone shut down its data processing shop and moved it to the San Quentin State Prison in California. A Texas factory booted 150 workers and set up shop at a privately-run prison in Lockhart, Texas, where worker-inmates assemble circuit boards for companies including IBM and Compaq. Oregon State Rep. Kevin Mannix has even encouraged Nike to shift production from Indonesia to his home state, saying the shoemaker should "take a look at transportation and labor costs. We could offer competitive prison labor (here)."

* * *

The following article originally appeared in

Thanks to prison labor, America is again attracting the sorts of jobs that were formerly available only to workers of the Third World. A US company operating in Mexico's maquiladora zone shut down its data processing shop and moved it to the San Quentin State Prison in California. A Texas factory booted 150 workers and set up shop at a privately-run prison in Lockhart, Texas, where worker-inmates assemble circuit boards for companies including IBM and Compaq. Oregon State Rep. Kevin Mannix has even encouraged Nike to shift production from Indonesia to his home state, saying the shoemaker should "take a look at transportation and labor costs. We could offer competitive prison labor (here)."

corrections officer in Pennsylvania and Massachusetts, calls the emerging Gulag State.

Miller predicts that the Gulag State will be in place within 15 years. He expects three to five million people to be behind bars, including an absolute majority of African-American men. It's comparable, he says, to the post-Civil War period, when authorities came to view the prison system as a cheaper, more efficient substitute for slavery. Of the state's current approach to crime and law enforcement, Miller says: "The race card has changed the whole playing field. Because the prison system doesn't affect a significant percentage of young White men, we'll increasingly see prisoners treated as commodities. For now, the situation is a bit more benign than it was back in the nineteenth century, but I'm not sure it will stay that way for long."

SIDE BAR

Private prison companies have been predictably enthusiastic about the booming market for convict labor. Between 1980 and 1994, the value of goods produced by prisoners rose from \$392 million to \$1.31 billion. Prisoners now make articles such as clothes, car parts, computer components, shoes, golf balls, soap, furniture, and mattresses, in addition to staffing jailhouse telemarketing data-entry and print-shop operations. Some states have even begun assigning prisoners to institutions after

CounterPunch, a Washington, DC-based political newsletter (*CounterPunch*, PO Box 18675, Washington, DC 20036):

Strange Bedfellows—CCA's Political Connections, by Alex Friedmann

CCA's connection with local politics began when the Nashville-based company was formed during Governor Alexander's administration. When CCA made a bid to operate Tennessee's entire prison system in 1985, the governor's wife, Honey Alexander, was criticized for owning \$5,000 of CCA stock. She realized a substantial profit (\$100,000) when she converted the stock to a blind trust in order to avoid an apparent conflict of interest.

CCA chairman emeritus Thomas Beasley, who co-founded the company in 1983, was previously a chairman of the Tennessee Republican Party.

Among CCA's board members is Clayton McWhorter, an unsuccessful Democratic candidate for Tennessee governor in 1994.


From 1994-96, Doctor Crants, CCA's chief executive officer, and CCA's chairman emeritus Thomas Beasley donated at least \$60,491 to Tennessee lawmakers, including \$38,500 to Sundquist's re-election campaign (this includes donations from Beasley's wife, Wendy). In 1996 alone, Crants donated \$22,450 to 46 state political candidates, including \$2,000 to Rep. Randy Rinks, House Democratic Caucus chairman, and \$1,350 to Senator Jim Kyle, chairman of the Select Oversight Committee on Corrections. CCA has seven registered political lobbyists in Tennessee.

In 1995, Governor Sundquist endorsed a controversial arrangement whereby CCA could contract with Hardeman County, TN, to construct and operate a 1,540-bed "jail", funded with \$47 million in municipal bonds guaranteed by the state, to house state prisoners. This arrangement circumvented a Tennessee state statute that allows only one privately-managed state prison to operate in Tennessee at a time.

State Senator Robert Rochelle, who received at least \$1,000 in campaign contributions from CCA board members, sponsored a bill to permit privatization of any newly-built state prisons. He has sponsored other legislation on behalf of CCA.

Peaches Simkins, Governor Sundquist's former Chief of Staff, reportedly owned CCA stock while she was advising the governor on prison privatization.

The Speaker of the House in Tennessee's General Assembly, Jimmy Naifeh, is married to CCA political lobbyist Betty Anderson.

In terms of connections on a U.S. Congressional level, CCA employs several former high-ranking members of the Federal Bureau of Prisons, as well as Dr. Tyree Tanner, the brother of U.S. Representative John S. Tanner. 

“The Boys” Of Chicago: Law Bought & Sold For Bargain Prices

Editor's note: While the following information stands well enough on its own, backed by Mr. Skolnick's longstanding track record for thorough and "well connected" research, we share it here because it also stands as a template for how the "business" of law is being conducted in more and more places around this nation. No wonder the old Perry Mason television show reruns are kept in front of us constantly—to brainwash us into thinking the straightforward innocence of that show is the way things really are!

6/19/00 SHERMAN H. SKOLNICK

Part 1

Those who understand the area call it by various names: The Hub. “The Boys”.

Sizeable corporate interests prefer to have their litigation in the federal courts, not just in any place, but in Chicago. Why? “The Judges here are whores and they are the cheapest in the country” is the way one law expert put it who refuses to be quoted by name.

By the 1970s, Chicago's notoriety as a money laundry center was getting entirely too well known. The criminal interests centered in the Windy City began moving west of town.

A small, out of the way place about a hundred miles west of Chicago was Oregon, Illinois. Many never heard of the spot before it became known in the 1980s, exposed as part of “The Pizza Connection”. A pizzeria started there. The owner mixed well with the locals. He became a glad-hander. His pizzas were some of the finest that some have eaten. And they were low-priced. The FBI later contended it was a transit point, along with other pizza parlors and such, for a worldwide dope cartel, linked to New York, Turkey, Sicily, Italy, and a number of other criminal hotspots never reformed by the Powers That Be.

Those who really understood things just laughed to their confidants and to themselves. Why? Because of all of the offices of the FBI, the most corrupt always has been the Chicago office. Residents of New York, Miami, and Los Angeles—I can hear them screaming already that THEIR town, as to FBI corruption,

should be on the top of the list.

For a long time, under Director J. Edgar Hoover, the Federal Bureau of Investigation alleged there was NO MAFIA. Yet Hoover himself, after his death, was exposed as the recipient of personal and financial benefits from a foundation reportedly set up by criminal interests in the booze industry. (See the book by Anthony Summers called *Official And Confidential: The Secret Life Of J. Edgar Hoover*.) Then the FBI admitted, reluctantly, that there was a criminal cartel, BUT kept insisting it was made up primarily, if not only, of Italians and Sicilians.

In the popular press—what some call the monopoly press—WHO did they leave out of the finger-pointing picture? Here is a short list:

[1] The transit points are through the markets in Chicago: THE CHICAGO BOARD OF TRADE, run by the Irish Catholic aristocracy, not the common people of that ethnic and religious group. THE CHICAGO MERCANTILE EXCHANGE, run by the Jewish aristocracy, not the common people of that ethnic and religious group. And, an overlapped group of both, called THE CHICAGO BOARD OPTIONS EXCHANGE, which some simply call the gambling hell basement.

[2] Foreign intelligence operatives who find Chicago a convenient location. Some you might call renegades of their spy shop: operatives of Israeli intelligence, The Mossad (The Institute). Operatives of the French CIA and British Counter-Intelligence, MI-6, just to name a few. Some offer an excuse for Israel that comes entirely too close to aiding bigots who envision a so-called worldwide “Jewish Conspiracy”. (The White Anglo-Saxon Protestant establishment has promoted this idea by surrounding Clinton as President with swarms of apparent criminal types who had Jewish surnames but did not necessarily practice Judaism. If scandals develop, those with such surnames become convenient scapegoats.) The excuse: “Israel is a small, endangered nation, surrounded by enemies, and Israel has to raise funds for their existence as best they can.”

At the time of Hitler, Jews in Europe were

prevented from sending their funds, if they had any, to safety in foreign money centers. Hence, since the foundation of Israel in 1948, the nation has NO laws against money laundries, residents there being ever mindful of how the Nazis sought to track down any valuables of Jews. So Israel inevitably has become a money laundry center for criminally-minded sorts.

In 1993, six weeks before we cablecast our TV show about money laundries, I personally confronted the top bosses in Chicago of Bank Leumi, owned 80% at the time by the State of Israel. I had some of their own secret records showing they apparently were sheltering a major criminal using their Chicago facilities as a money laundry. I warned them if they do not mend their ways: "There will be a furniture store on this corner instead of Bank Leumi."

They arranged the arrest of the culprit, Clifford Sugarman, in one of the strangest events I have come across. A swindled victim threatened to murder Sugarman with an umbrella. The wife of the assailant called the police hoping to deter her husband. Guess who was arrested? Not the umbrella man, BUT SUGARMAN. He was kept in jail with apparently no charges. The judge was informed that it was a "national security" matter because Sugarman had done espionage favors for the U.S. Treasury Department while he went about swindling millions from poor suckers looking to re-do their mortgages. So Sugarman was kept in jail a long time for "protective custody".

[3] Former foreign intelligence operatives, such as former officers of the Soviet secret political police, promoting "state security" with bloodshed if necessary, the KGB. They make up the bulk of the Russian mafia, such as in Chicago, Cleveland, and New York.

Are you tired of living a quiet, peaceful life? Well, compile a few details on the Russian mafia in the U.S. and report that to your local, corrupt FBI, such as their Chicago office. The one who will come under intense FBI scrutiny will be YOU, not the Russian mafia. The FBI has given virtual total immunity to the Russian gangsters in America who specialize in superior quality counterfeit U.S. and foreign currency (Hey, how come the U.S. Secret Service is likewise asleep on this?); trafficking in stolen data from credit cards; and the Russian mafia, with total local immunity, run the Red Light District, such as in Chicago, with total immunity as well from the Chicago IRS and the Illinois Department of Revenue corrupt bosses AND THE FBI.

Why is this happening? A simple explanation: the FBI is terribly fearful of the highly competent criminals that make up the Russian mafia in the U.S. The FBI does not want to tangle with these former KGB assassins and cut-throats.

An example: Congressman Henry Hyde, a

Republican whose district is several western suburbs of Chicago. Earlier in his career he reportedly was the intelligence agency "fixer" and "bagman" for the former Justice Department Organized Crime Strike Force CRIMINALS who took over the gambling casino on Paradise Island in the Bahamas. That is the best trick of all: alleged "lawmen" taking over the dirty game of other criminals, chasing and wiping them out, and then proceeding with the same illicit dealings.

Hyde wears two hats: one, as known, as a Congressman, head of the House Judiciary Committee with power to introduce Impeachment Resolutions against the President or crooked judges; and two, as unknown, Hyde as head of CIA's "black budget" financing mayhem and political assassinations, the works. With the reported corruption of top bosses of the Chicago IRS and the Illinois Department of Revenue, and the willful blindness of the Immigration and Naturalization Service, INS, Hyde reportedly runs a strip joint in an unincorporated west suburban area of Chicago.

Using mostly Russian women lured to the U.S. under false promises of legal jobs, the club reportedly specializes in dancing numbers with total nudity. Hyde reportedly keeps no records as required for tax purposes. Was that the reason—blackmailing of Hyde—that he limited the Impeachment Resolution against Clinton to sex matters only, and not including treason with China and such?

So, the Government-Criminal Connection, the Hub, "The Boys", have fanned out North, Northwest, and West of Chicago, to places little mentioned, such as Ottawa, Illinois; Galena, Illinois; the resort area of Starved Rock; Oregon, Illinois; Bloomington, Illinois (worldwide insurance company center—a money laundry?); and Peoria, Illinois.

If you look very, very carefully, you can find businesses in these places that are not what they seem to be. Well-equipped restaurants run by very odd Russians, Israelis, and others, who really do not want your business. They are, in plain language, a front for the Hub, "The Boys", the Chicago markets and their aristocracies.

If you somehow come across such a place, and you sense what they really are, well, there are repercussions. Helping with our controversial weekly public-access cable TV program *Broadsides* in Chicago has been Joseph Andreuccetti and his wife Noemi. In August, 1997, while on a short recreation trip, they started to unravel such a front. It will take several parts of this series to lay out all the details and pieces.

A few days later, here is what happened at the Andreuccetti residence in Bensenville, a west suburb of Chicago. A heavily-armed, four-person, Gestapo-like team, at gunpoint forced their way into the Andreuccetti residence. They searched every corner of the

house. By apparent prior surveillance, they knew that our TV show kept confidential records and documents and tapes there for upcoming shows we were working on about high-level corruption of State and Federal officials, our cable TV specialty. This criminal force also knew that I am a paraplegic using a wheelchair, and Joseph often transports and assists me in our work. Since 1991 I am a regular panelist on the weekly show, and since 1995, moderator/producer. Joe and Noemi have assisted in the planning and production of our TV shows since 1992.

The Gestapo force was made up of two purported revenue investigators (tied to those we were planning to finger on upcoming shows) and two supposed Bensenville "police". (Much later we found out the other two were apparent police imposters, for a private security service operating inside the Bensenville police station, using police cars, guns, uniforms, and police computers.) They plundered our records, tapes, and such, and took these items.

They were in a position to know that the Andreuccettis are most often home during the day, taking care of their tiny grandchildren. Without provocation, this criminal band threatened to shoot Noemi Andreuccetti and took the tiny grandchildren away from her and threw them to the floor. The Andreuccettis were forced to go with these criminals and leave their grandchildren unattended in an open house.

The Gestapo had no search warrant. This outrage has become the subject of several damage suits in the Chicago courts against these culprits and their bosses/instigators.

Who all is reportedly implicated in all this? Who are some of the criminals from "The Hub" trying to scare those who understand these matters and have already put some of this before the public, through our cable TV shows?

- RAHM EMANUEL, former Clinton White House Senior Advisor, who also is, in effect, reportedly the Deputy Chief of the Mossad for North America. After leaving the Clinton White House, Rahm became managing director of Wasserstein Perella & Co., worldwide purported "investment bankers", head office in New York, and an office in Chicago. (Visit THEIR website. If you understand a few things, you will learn plenty: www.wassersteinperella.com) They are tied worldwide to Nomura Securities Co., Ltd., a Japanese firm that reportedly has overlaps with the huge Japanese mafia, the Yakuza. And what about the tremendous influx of dope from Red China, intake point for the U.S. being Chicago? The proceeds of the Red Chinese trade, including trafficking in human body parts from doomed political dissidents, is reportedly done through the Chicago markets where Rahm Emanuel and his gang play quite a role.

- A law firm showed up to defend the so-called "Bensenville police" in our damage suit.

They used most every trick to try to stop our litigation. After almost three years, the law firm suddenly gave up their law license, closed their office, and are gone. What caused that? (More in later parts of this series.)

• Most of the Bensenville police force has been fired. What did THEY find out and had to be blackmailed and lopped off? What kind of worldwide government-criminal connections have been formed north, northwest, and west of Chicago? More coming. Stay tuned.

Part 2

This is about judges and a million-dollar embezzlement that benefitted them. As we told you in Part 1, the Government-Criminal Connection has moved their operations just west, northwest, and north of Chicago. And we told you about the Gestapo-like raid on the residence of my associates who assist with our weekly public access cable TV show about high-level government corruption. State and local operatives, WITHOUT A SEARCH WARRANT, seized our documents and other items for a then upcoming TV show about corruption of the Chicago IRS and the State Revenue Department jointly with the state and federal judges.

For our weekly show, we taped a one-hour program called "Corruption: Chicago To The White House". While the unlawful search mess was pending in court, surrogates for the Clinton White House went one step more and, also WITHOUT A SEARCH WARRANT, seized the master tape of our show about the high-level corruption of Illinois state and federal officials and judges tied to the White House, along with the State Revenue and the Chicago IRS.

Just west of Chicago is Du Page County. There, in court, we demanded the return of our news media items grabbed without legal formalities. Regarding the judges hearing our demand for the return of these items, we insisted the judges remove themselves. Why?

As we showed in court, confronting them to their face, we were working on an upcoming TV show about the one million dollar embezzlement of the Du Page County Bar Association. The rip-off had been covered up by the Chicago IRS and the State Revenue top-level official criminals.

And how have the embezzled Bar Association funds been used? To secretly finance judges in Du Page and nearby counties in their election campaigns to be put on the bench. Pursuant to our demand, we issued subpoenas for records from the chief judge in Du Page, Michael R. Galasso, as

well as from Christine Ory, then president of the Du Page County Bar Association. When we confronted them in court, two of the tainted judges hearing the case did not deny that they were secretly benefitted in getting on the bench from the embezzled Bar funds. Nevertheless, they refused to remove themselves and ordered the subpoenas quashed, thus protecting themselves. Hey, what about the age-old principle of law that a person must not sit as a judge in their own case?

So we took an appeal to the next higher court, which is one step below Illinois' highest tribunal, the Illinois Supreme Court. That is, to the Appellate Court of Illinois, Second District, in Elgin, Illinois. Just as the appeal process started, the Du Page chief judge was promoted to the higher court in Elgin. A coincidence, right? And replacing him as chief judge—get this—was one of the tainted judges who refused to remove himself.

Our undisputed court papers showed the corrupt background of a number of judges in the area, including some sitting in the Appellate Court in Elgin. For example, we detailed how a court "bagman" (that is not someone packing groceries at the mart) had from time to time invited, at his expense, various judges to visit his lavish villa in Jamaica. The judges arrived there, not with their wives, but with their mistresses. The bagman arranged to photograph the judges cavorting with their mistresses—for blackmail, naturally. One of the judges was in on the "fix" of a \$58.4 million case in his court later related to the corruption of Bill Clinton and the embezzlement of an Arkansas bank reportedly by Bill and Hillary.

(The court bagman, by the way, is still functioning through pals of his in Illinois and Florida. The reputed bagman is the nephew-godson of Bishop Paul Marcinkus, until 1991 head of the Vatican Bank which some contend is mafia-CIA linked.)

The judges on the Illinois Supreme Court are not court-reformers or whistle-blowers. (In 1969, our group touched off the biggest judicial bribery scandal in U.S. history, causing the downfall then of the Illinois high court and two judges were removed and one croaked in the commotion. See some of our other stories about their current corruption regarding Buying

A Judgeship.) The Illinois Supreme Court judges ordered all the Appellate Court judges in the Second District to step aside. They especially assigned, from another district, a three-judge panel to hear and consider our appeal. Sounds like musical chairs, right? That is, three judges from the Appellate Court of Illinois, Third District, Ottawa, Illinois. (Read Part 1 of this series about Ottawa, Illinois and "The Boys".)

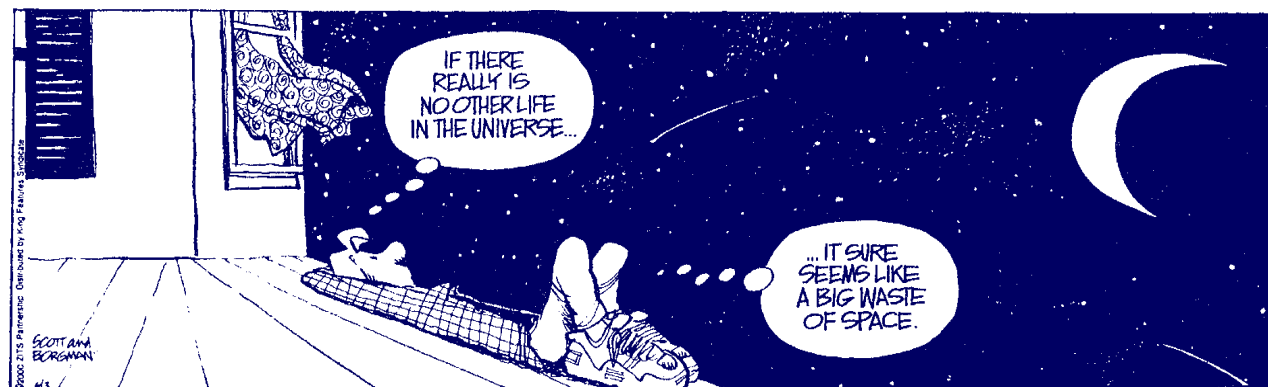
In running for re-election, earlier in the year 2000, was one of the Third District judges, Judith E. Koehler, one of the three-judge panel assigned to our appeal. According to various authorities, on primary election day, she reportedly apparently committed criminal violations of the state election laws. Authorities say the judge was "electioneering" inside at least 12 polling places on election day and she did not present any candidate poll-watcher credentials at any of the precincts. State law forbids promoting candidates within the polling places and within so many feet of a polling place on election day.

Guess what happened on the same day, Friday, June 2, 2000? A state prosecutor said he intended to prosecute Judge Judith E. Koehler for criminal violations of state election laws. But on second thought, he decided not to try to put her in jail. He filed a 25-page report stating why he changed his mind. Quoting Special Prosecutor Thomas R. Davis: "For those reasons, I have chosen to file no criminal charges against Judy Koehler and, unless directed by the court, I intend to pursue no further action in this matter." (Story in the lawyer's newspaper, *The Chicago Daily Law Bulletin*, Monday, June 5, 2000, front page.)

On that same Friday, Appellate Judge Judith E. Koehler issued a ruling, dismissing our appeal without hearing it. The other two judges on the panel concurred. In writing the decision, Judge Koehler committed a fraud upon her own court. She knowingly relied on the fraudulent statement of the state authorities that they grabbed our news media items about court and IRS corruption with search warrants while pursuing criminal charges against us. As the judge knows from the undisputed appeal record and our Appeal Briefs, there were no search warrants and none are in the undisputed appeal record.

And the criminal offenses planned to be mentioned in upcoming TV shows by us were/are about the embezzlement of the Bar Association, benefiting the judges, and high-level corruption of key judges jointly with the Chicago IRS and the State Revenue

Zits



Department. Even if there were search warrants (which there were none), state law protects news media items from being grabbed. A special hearing is required before state authorities in Illinois can grab news media items. As shown by the undisputed appeal record, and Judge Koehler knew it, there was no special hearing and there were no search warrants.


To put it directly, Judge Koehler committed judicial perjury and we have challenged her ruling, covering up the corruption, as being a fraud upon her own court which makes her decision void. (Our filed petition confronting her is pending as this is posted. Updates will follow.)

Putting fake “facts” into their supposed “ruling” we call judicial perjury. (Lawyer-cowards are afraid to even whisper the term.) In key cases, it happens more often than common folks know or understand. Finding fake “facts” in rulings of judges we already suspect of bank and other corruption, is one of the ways we go about investigating judicial bribery. Crooked judges cannot easily change the judge-made-law, called case law, so they change the facts, putting in supposed “facts” out of the air. When the undisputed court record shows it is “DAY”, the crooked judge in making a “fixed” decision says it is “NIGHT”, and applying case law as to “NIGHT”, makes a corrupt decision most often against underdogs like us.

Is it just a coincidence? On the same day she found out a Special Prosecutor was not, after all, going to send the judge to jail, she throws out our appeal involving high-level corruption of her court colleagues? (Note: our way of investigating judicial corruption over the last 40 years has resulted in the jailing, for bribery, of 20 local judges, 40 local lawyers, and a Chicago federal appeals judge, formerly the governor. Visit our website for details.)

Since 1958, Mr. Skolnick has been a court reformer. Since 1963, founder/chairman, Citizen’s Committee to Clean Up the Courts, disclosing certain instances of judicial and other bribery and political murders. Since 1991 a regular panelist, and since 1995, moderator/producer, of one-hour, weekly public access cable TV show *Broadsides* cablecast on channel 21, 9 p.m. each Monday in Chicago.

For a heavy packet of printed stories, send \$5.00 (U.S. funds) and a stamped, self-addressed business-sized envelope (that is, a 4-1/4 x 9-1/2 #10 size) WITH THREE STAMPS ON IT, to Citizen’s Committee to Clean Up the Courts, Sherman H. Skolnick, Chairman, 9800 South Oglesby Ave., Chicago IL 60617-4870. Office, 7 days, 8 a.m. to midnight, (773) 375-5741. (PLEASE, no “just routine” calls.) Before sending a fax, call.

E-MAIL: <skolnick@ameritech.net>, WEBSITE: <<http://www.skolnickreport.com>> (Note “s” after name in website). 

More Information About Chemtrails Mystery “Poison Cobwebs From Hell”

Editor’s note: Starting on page 33 in last month’s edition of The SPECTRUM, we presented some new and quite revealing information about the very provocative “chemtrails” phenomenon that has been causing a great deal of misery in the process of weaving secretive spider web-like, jet airplane-like contrails across many North American skies for the past several years. The new information has, in large measure, resulted from some daring ones coming forward to reveal what they know—despite the possibility of personal negative repercussions. Whatever is going on has been wrapped in such effective layers of secrecy that penetrating this subject has so far been more difficult than finding out what’s going on at super-secret Area 51 in the Nevada desert!

Below we add more pieces of the puzzle from one who has been a pioneer in exploring this field. William Thomas was the first journalist to break the chemtrails story back in January of 1999. Some of you will remember his several outstanding sessions on Art Bell’s late-night talk-radio program before Art’s “retirement” several months ago. Through the keen eye of our News Desk guru, Dr. Al Overholt, we share the following as a News Desk Special Report, extracted from the outstanding sightings.com Internet website.

You can sense the author’s frustration with the still-secret nature of whatever is going on, despite all the work he has put into cracking its wall of silence. Meanwhile, regular readers of this newspaper will appreciate the additional clues and other research results presented in the following summary and overlook some possibly short-sighted conclusions that Mr. Thomas makes—especially in conjunction with our last presentation on this subject last month.

It is probably more difficult for an honest and hard-working news professional like Mr. Thomas to embrace the outrageous levels of conspiratorial shenanigans going on all around us than it is for our regular readers to think in that larger, often bizarre context! In one sense, what’s one more crazy scheme on a playing field full of such insane plots to further the New

World Order agenda?

Nevertheless, the role played by this chemtrails activity still does not come into clear focus within the larger picture that, for instance, our Front Page story this issue easily fits into. Stay tuned as more ones hopefully come forward with their pieces of the story. Till then, watch the sky and watch out for what may be falling out of that sky!

6/23/00 WILLIAM THOMAS
(wilco@islandnet.com)

SOME COMMENTS & CONCLUSIONS ON CASSANI & CHEMTRAILS

Erminia Cassani deserves thanks and congratulations for her long and sometimes personally perilous investigations into low-level air drops of pathogen-bearing gel and red powder over suburban neighborhoods in Ontario, and across the USA. Throughout her research I have kept our confidentiality agreement on certain aspects of her work until she was ready to publish her preliminary findings. It is time that we heard from this key researcher, and I am glad she has come forward now.

After 19 months’ investigation, I believe that the higher-level “chemtrail” operation involving 700 US Air Force tanker planes and some civilian airliners is separate, though possibly related to, the splattering of lab-tested bacteria, molds, and fungi over homes from aircraft flying at tree-top level.

Even more disturbing are recently witnessed deliberate spray attacks on some vocal aerial observers’ headquarters and homes. Seen in the context of earlier low-level attacks against William Wallace and his wife Anne in the remote mountains of Washington state (after Wallace went to the media insisting they cover chemtrails) these attempts at intimidation are serious acts of military aggression that prove that something sensitive is indeed going on.

But what?

I concur with Cassani’s conclusions that it makes zero sense for a government to randomly

sicken its entire citizenry with air-delivered organisms. Nor are repeated attacks of self-replicating bio-agents necessary. If continued, such overt bio-attacks could destroy the US economy, while risking rebellion from an armed and angry populace. More to the point: no disease-causing organisms have ever been found in chemtrails.

While lab techs were startled and concerned by the biological organisms and markers turning up in samples from low-level drops that left at least one homeowner stricken with a heart attack, the molds and fungi that turned up in the only tested sample of rainwater taken immediately after heavy high-level chemtrail spraying were deemed by an independent Ontario lab as entirely normal “with no one species predominating”.

CONTEMPLATING A CULL

What about an airborne “cull” of the elderly and similar “useless eaters” burdening cash-strapped governments with their burgeoning needs for subsistence and medical assistance? A little-publicized high-level summit last January saw president Clinton (invited) and former heads and top officials from Japan, Germany, the World Bank, security agencies, and major financial firms discussing the “Impacts Of Aging On Business”. Corporate-controlled governments are extremely and increasingly concerned about aging populations, which are seen as growing threats to corporate bottom-lines.

Couple this concern with decades of documented US and British funding and research into Nazi-copied “eugenics” intended to selectively cull unproductive resource consumers—and the high percentage of fatalities among the elderly during two consecutive epidemics (1998-2000) of deaths from Influenza-Like-Illness and related pneumonia and cardiac arrest appear very sinister indeed.

Yet, “Why go to the expense and risk of blatantly spraying pathogens from jets to get rid of older folks?” (He asks, counting his own gray hairs.)

A less obvious and much cheaper course is to quietly encourage euthanasia in hospitals across North America and Australia, where doctors and nurses now admit that up to 40% of elderly patients are being deliberately killed—without their consent, and in many cases without any terminal ailment involved.

Another effective tactic is to scare people into lining up for experimental vaccines often contaminated by pathogenic material. The constant hyping of vaccines for the flu, migraines, and meningitis symptoms often seen in the wake of chemtrails is suspiciously coincidental.

It is clear that, at the very least, heightened death rates among the elderly caught under

heavy aerial spraying are being viewed as “acceptable collateral damage” to a program deemed essential to national-corporate interests. For this reason, any official whistle-blower who dares to come forward with verifiable documentation concerning chemtrails will face legal repercussions that will make Daniel Elsberg’s long incarceration for exposing the fake Gulf of Tonkin “attack” and other Washington lies concerning Vietnam feel like a stay in a summer spa.

Unless we rally to support and protect this brave soul.

FUNGUS AMONG US

Let’s look closer at the illness rampant among our families and communities. While the corporate-controlled media continue to bleat about the “flu”, the CDC has consistently reported blood tests showing that between 65% and 99% of acutely ill patients jamming emergency rooms and clinics do not have the flu. Instead, officials with that infectious disease-tracking agency have publicly attributed epidemic death rates to an “unknown pathogen”.

Now the CDC is reporting that this mystery killer is a “parasite”. For “parasite” read “fungus”. Based on extensive research—including input from experts on fungal symptoms and outbreaks—I fully concur with Cassani that we are in the midst of a massive fungal invasion fueled by warmer, wetter temperatures from a rapidly heating atmosphere.

The rapid extinction of amphibian “canaries” confirms this—and should sound an urgent warning. Chytrid fungus has just been implicated as a probable cause of 50% amphibian die-offs in pristine areas around the globe.

Fungus among us is no joke. The same mycotoxins present in the fungi growing silently in many North American homes and offices have been cultivated, air-dried, and delivered to American soldiers in the warheads of SCUD missiles by the world’s most experienced proponents of biological warfare—the Iraqi Chemical Corps. There is no difference between biowar mycotoxins and domestic stachybotrys (pronounced stack-ee-bot-ris)—an especially lethal black mold now proliferating wildly across the USA.

FUNGAL INFECTION = CHEMTRAIL ILLNESS

Exposure to fungal infections leads to the same symptoms seen in sufferers from Chemtrail-Related Illness (CRI). These include: acute asthma and allergies, joint pain, headaches, bloody noses, abdominal pain, gas and bloating, indigestion, heartburn, constipation, diarrhea, gastritis, extreme fatigue, and severe headaches—as well as depression,

anxiety, sudden mood swings, lack of concentration, drowsiness, lethargy, insomnia, memory loss, and “spacey” light-headedness.

In a recent survey among 179 patients reportedly suffering from chemtrail-related illness, naturopathic Dr. Joseph Puleo found that fully 99% were found to have fungus in their blood.

JUST A TEST?

With regard to Erminia Cassani’s hypothesis, why are certain neighborhoods being hit with fungal “cocktails”? These are obviously not attempts to wipe out pot plantations grown in more remote areas with killer fungi now being bred and tested for this purpose. Yet, fungal outbreaks in suburban settings dire enough to require aerial intervention with anti-fungi fungi would certainly be apparent to residents and local media.

Most likely, these are tests. The low-level splattering of fungi-filled “gel” and red powder appears to be an outgrowth of potentially lethal “open air” biowarfare tests that have been carried out on hundreds of US, Canadian, and British cities since 1949.

INFORMED CONSENT

Whatever the threat—or imagined threat—nobody I know has been notified, or asked for their vote or opinion.

The entire issue of chemtrails and a concurrent low-level spray program rests on informed consent. Regardless of what is going on—or why such hazardous projects are deemed necessary by a silent, unseen elite—these daily violations of the Nuremberg Principles constitute war crimes against public citizens by their own elected government, and the military hired and sworn to defend them.

SUNSCREEN

I believe that Erminia Cassani is also on the right track when she calls chemtrails a solar shield. In recent weeks I have independently arrived at a similar conclusion.

Based on all available evidence, including:

- a call by Edward Teller for an aerial “sunscreen” to reflect 1% of incoming sunlight away from Earth in order to cool out-of-control greenhouse warming;
- a study by the Lawrence Livermore National Laboratory where computer climate models showed this could be done at a cost of \$1 billion a year;
- a patent issued to aerospace giant, Hughes Aircraft Company, to spray highly-reflective aluminum oxide aloft “to reduce global warming”;
- falling local temperatures and greatly reduced UV radiation levels measured under chemtrail overcasts;

my best guess is that the deliberate overcasts caused by repeated chemtrail obscuration of “blue sky days” is a desperate attempt to head off the superstorms, floods, and droughts of global warming—without reducing fossil fuel burning and harming the balance sheets of all businesses enmeshed in a petroleum-powered economy.

Insurance companies bigger than Big Oil and the international arms trade are being hammered by catastrophic storm losses caused by a rapidly heating atmosphere. They are telling Washington, Whitehall, Ottawa, and other allied nations over which the spray planes are appearing, to cool global warming—or else. If the big insurers go down, so will the money markets in which they invest so heavily. And so will the banks that back them.

Follow the money. It leads, in every case, to corporate interests—a tune to which all governments must dance.

You can be certain that chemtrails are not being spread for your own good. Whatever their intended purpose, which I now believe to be atmospheric modification, this unprecedented aerial assault is further amplifying wild weather swings—while sickening millions of people, pets, and other animals. And killing a significant number of elderly, along with others made vulnerable by weakened immunity.

CHEMTRAIL
RAIN SAMPLES ANALYZED

The sole disease-causing agents we know to be found in chemtrails come from rainwater samples tested at an independent lab by the Ontario Ministry of Environment following heavy chemtrail spraying over Espanola, Ontario:

- The filament strands of radar-reflecting “chaff” (used to track dispersal) is highly toxic and can lead to severe allergic reactions.
- The mica and carbon black used by the US Air Force to form rainclouds is also toxic if inhaled.
- But the principle component of the tested

Ontario sample was found to be aluminum—at seven times government safe levels. High enough, said the lab, “to kill fish”.

The aluminum called for in the Welsbach patent issued to Hughes Aircraft for atmospheric modification was intended to be put into the fuel of jet airliners. If it is added to the plane’s auxiliary fuel tanks, chemtrails will appear only at cruising altitudes after the flight crew switches to aux tanks. Switching to main tanks for take-off and landing will leave no chemtrail clues close to the ground. (Disturbing videotape showing an MD-80 commercial airliner laying a distinctive chemtrail is included in my definitive documentary video, *CHEMTRAILS: MYSTERY LINES IN THE SKY* due for release in July, 2000.)

Similarly, tanker aircraft observed switching sprays on and off are probably switching fuel tanks.

According to a former engineer for Alcoa, aluminum oxide in the size ranges called for in the sunscreen patent would polish jet turbine blades without harming them. These compounds would form brilliant white plumes in the sky.

But the engineer warned that metallic particles intended to remain aloft for a year could settle quickly to the ground. High levels of aluminum have been blood-tested in CRI sufferers in Toronto and Vancouver. I now urge that more chemtrail patients insist on being screened for aluminum poisoning.

ALUMINUM POISONING =
CHEMTRAIL ILLNESS

Among other signs, medical text symptomology states that aluminum toxicity “can lead to gastrointestinal disturbances, headaches, forgetfulness, speech disturbances, memory loss, weak, aching muscles”.

By preventing nerve impulses from being correctly carried to and from the brain, this potent neurotoxin also causes “dizziness, impaired coordination, and a loss of balance and energy”.

Whether a chemtrail or commercial flight, it is possible and even probable that pseudomonas (which dine on fuel) and various molds and fungi routinely grow inside cavernous aircraft fuel tanks—to rain down on everyone along these flight paths, along with dozens of other toxic benzene derivatives. Aluminum and other sprayed compounds can also serve as a matrix for fungal growth that may be activated rather than attenuated by increased UV levels at spray altitude.

CORPORATE COMPLICITY AND THE
NEW WORLD ORDER

Anyone worried that the New World Order is about to enslave us all need a reality check. We are already virtually enslaved by giant corporations whose control of extremely sophisticated media mesmerization techniques has turned most citizens into somnambulists who refuse even to look up at what is taking place right over their heads.

Fear of “terrorist attack” is manufacturing consent to dangerous and illegal abrogation of constitutionally guaranteed freedoms, while the threat of unemployment is being used very effectively to silence debate and dissent.

Meanwhile, the fully documented cynical importation of banned narcotics by CIA aircraft to finance covert operations, and the widespread sale of other soporifics, keeps an increasingly edgy public pacified. [*Editor’s note: Our Front Page story for this issue of The SPECTRUM is a sobering expansion of the points made in the above paragraph.*]

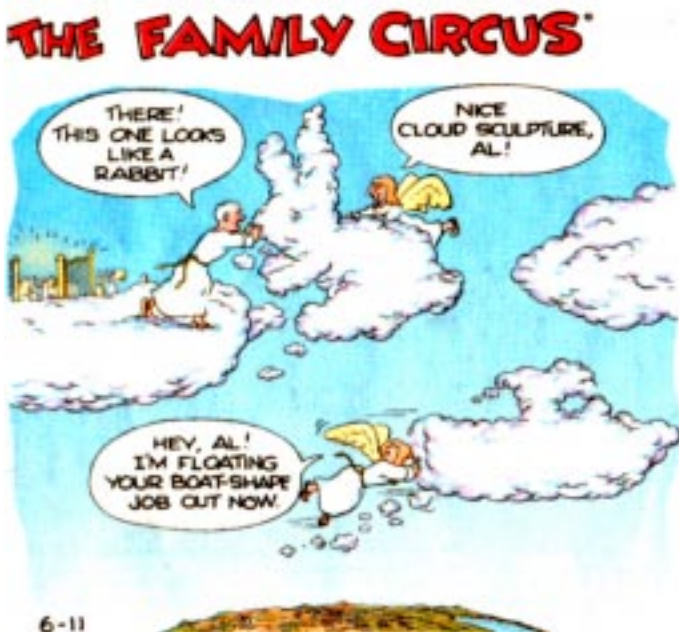
In this mockery of democracy, no one ever gets to vote for the few folks really calling the shots. Instead, we are treated to flag-waving distractions by a military-industrial-entertainment complex that must continue to manufacture threats requiring ever-increasing expenditures on weapons whose deployment threaten us all. (Ask a sick Gulf War veteran how she or he feels they’ve been treated for serving their country and the word they most often use is “treason”.)

As the first journalist to break the chemtrails story back in January 1999, I have stayed with this frustrating and often infuriating investigation knowing that its answers will ultimately go far beyond aerial spraying to address the fundamental democratic issues of public consent and political accountability. The hour is very late for people everywhere to reclaim control over their destinies and daily lives—as well as the future freedom and well-being of our children.

But there is still time. And because they are so blatantly and consistently in our face, chemtrails could be that catalyst.

“COBWEB” COMPLEXITIES

Again, my deepest thanks to Erminia



Cassani for her unstinting work on the low-level attacks against North Americans. While so many others ought to be included on this roster of gratitude, Jeff Rense deserves special notice for his support and regular web updates on this issue. Clifford Carnicom must also be singled out for his web-published investigations into cobweb-like filaments found draped over mountain forests, oil rigs, porches, powerlines, highways, and police cruisers across the USA.

The presence of human blood cells on these artificial filaments cannot be explained as “weather control”. They do, however, match the findings by a hospital lab tech of similar human cells on gel-material splattered over Oakville, Washington in August, 1994.

WHAT WE CAN SAY

In late June 2000 we can say with certainty that an unprecedented aerial spray campaign high over at least 13 allied nations is causing serious illness and fatalities on the ground, while interfering with local cloud cover and weather patterns. Whatever their original intent, once the perpetrators of both high- and low-level spraying know that high numbers of sick, dying, and dead people follow in the wake of these missions—all further spray flights become deliberate attacks.


After nearly two years of dogged research by some very dedicated people, we now have some answers to the chemtrail conundrum.

At the very least—without any suppositions or allegations—chemtrails captured on thousands of photographs and seeming miles of videotape constitute a severe air-quality and public-health threat that must be thoroughly investigated by respective responsible agencies.

Dangerous flying by formations of heavy aircraft over populated areas also contravenes many flight regulations—requiring a response from the FAA better than “flights from Japan” or “flights from Russia” and “delayed Christmas traffic”.

No matter how heartfelt and courageous, anonymous e-mails from “mechanics”, “managers” and “pilots” aren’t enough. Despite the penalties for breaching “National Security” laws, we can only pray that a “whistle-blower” brave enough to come forward will soon present verifiable evidence of what is really going on. While the US Supreme Court has ruled that the commands of military commanders supercede even civilian law, the Military Code of Justice still stipulates that carrying out illegal orders is illegal.

Most of all, we need these high- and low-level aerial attacks to cease while we are informed of their purpose and decide as sovereign citizens how best to proceed in light of whatever threats—or elite agenda—presents itself.

It does not take evil intent to result in evil consequences. 

I Hear Your Call, Do You Hear Mine?

6/27/00 ESU “JESUS” SANANDA

Greetings, my scribe. It is I, Esu “Jesus” Sananda. Yes, I come in the Holy Light of *The One Light*—Creator Source. Please be calm for there is a much needed message that I wish to deliver.

Many ones are petitioning for my input on various matters and I wish to let all ones know that I indeed DO

hear the many calls and that they do not go unnoted. You ones who seek Guidance through this particular source should go back and re-read many of the writings again—very carefully. You will see, often, that the words from a particular named entity will often include statements such as “*We of the Lighted realms...*” and such.

Please be assured that I, Esu Sananda, am one of those “*We*” mentioned. We of the Lighted Realms often blend our energies (thoughts) with others so as to maximize the efficiency and the time of the various scribes who volunteer to serve in such a public capacity as is represented by this present message. If you look to the prior message with Soltec’s name ascribed to it, you will, upon close scrutiny, see that there was a lot of Korton (an Entity who specializes in communication) in that particular message, and yet it is titled Soltec.

[Editor’s note: See elsewhere in this issue of The SPECTRUM for Soltec’s writing; it should be obvious to longtime readers where Korton’s contribution is particularly strong. Hint: look at the latter part of the message where the topic focuses upon how to COMMUNICATE with Guides from the Higher, Lighted Realms of Creation. For those of you who are newer readers, the two volumes (so far, with the third in production) of the WISDOM OF THE RAYS: The Masters Teach series are the collected spiritual writings first offered in this newspaper format, with an introduction to many of the Master Teachers located in the front of Volume I.]

We often work with and through our receivers on whatever frequency and wavelength suits them best at any particular

time. In other words, we adjust our frequency to closely match theirs and will often relay our messages through one who has established the connection. The name is often ascribed for the benefit of you, there in the physical, for from our perspective there is little to no

differentiation.
WE ARE
ALL ONE!

Please
know that I
have not
left you
ones ever.

Many ones are petitioning for my input on various matters and I wish to let all ones know that I indeed DO hear the many calls and that they do not go unnoted.

I work diligently to assist those of you who have the “eyes” to see and the “ears” to hear. These terms are quite figurative. I’ve come to tell you that you each have the “eyes” and “ears” of which I speak, and yet many of you are quite reluctant to use them, or only use them when you are “in the mood” to do so.

This is all well and fine, for We of the Lighted Brotherhood who come in service to *The One Light* do not make demands upon you, our brethren; we are not of force, coercion, or subtle manipulation. We honor your free will to choose, as you wish, above all else, for it is Creator’s desire that you each have freedom to choose as you will. We do hope that it would be your choice to be attentive to “the call” at all times, and that you each make a diligent effort to recognize your inner conscious connection to Source.

Many are asking “What can I do to help?”

We of the Lighted Realms are always looking for hands who will write or mouths who will speak our messages. If this is an overwhelming suggestion, then perhaps you could offer assistance to those whose actions and work you feel are a worthy cause.

I, Esu “Jesus” Sananda, have a great responsibility and duty to the overall welfare of your planet. I see that the majority of your world still sleeps in ignorance of the nature of the larger game being played on your planet. There are very real elements of what you ones would refer to as “darkness” who wish to use these sleeping ones as easily manipulated pawns who, by sheer numbers, can “distort” the perceptions of the rest of the players who either are awake or are beginning to awaken to the startling reality of the game.

Yes, my scribe. My scribe asks me to

explain the nature of this distortion. And so I shall.

The large number of the masses who I refer to above as being “asleep” are ones who mostly just live a reactionary life, not really concerned with anything outside their current circle of interaction.

These ones are easily swayed by the “opinion” of the general media. They don’t really question anything that is told to them. They mostly just exist without much thought to their personal spiritual growth.

These ones, though they do not see or perceive same, have God-force energy flowing to them and through them as do any and all aspects of the physical environment. These ones can and are being used as low-level focusers of this very energy.

For example, raise the gasoline prices (which impacts most ones on your planet) and you will create a higher general level of anxiety in the “ethers”. This equates to a net infusion of negatively oriented energy about and around the planet. This added negative energy will, at times, make it more difficult for we of the Lighted Realms (positively oriented energy) to get our message through.

The dark, manipulative ones who usurp the energy of these sleeping ones in such a manner do so without regard for the long-term effects it will have on THEIR OWN soul evolution, let alone what effect it has on the ones who, for the most part, see not that they have been and are being used.

The net effect that we observe from our perspective is simply an attempt to distort the perceivable reality of the rest of the planet by getting everyone “worrying” about everything and anything EXCEPT what is truly important—self-determined exploration of one’s own spiritual heritage.

This distortion can most easily be observed in the excessive compulsion for materialism, money, and self-aggrandizement so prevalent in your world—especially in the United States.

Be not alarmed, for these same “sleepy” ones will one day be pushed too far by the puppet masters who pull their strings and push their buttons, and the game will quickly fall apart. The “elite” controllers grow quite arrogant and self assured as they literally pull off one preposterous atrocity after another. This has instilled in them a false sense of assuredness, and they have grossly overestimated the gullibility of these “sleepy” ones who, when awakened, will become the mechanism of their undoing.

Our efforts as Lighted Truthbringers is one borne of great compassion. We know that we will not reach all ones whom these messages would benefit, but we are reaching a great number of you ones who will, in turn, be able to spread your understanding of same to those with whom you interact. In this way you (we) will thus touch, and make a very real impact upon, many a soul who cries out for

understanding and yet sees not the response, for seldom does the answer come in the form you imagine. Nay, very few have an angel appear to them in white flowing robes, descending upon a beam of light as depicted in the mind-control machinery you ones call movies and television. The more likely Angel will come as a very real flesh-and-blood person who offers a helping hand to someone in need.

Many of you who are learning to use your God-given talents and abilities are the Angels sent to assist your brothers and sisters in a time of great and rapid change. You will have great need to remember and share your general understanding with those with whom you come in contact.


NEVER underestimate YOUR importance in the larger overall mission that is well underway. You each are a unique aspect of CREATOR GOD. God did not make any mistakes in sending you ones who volunteered for the job. Though you may not see it at this particular time, you each have something to contribute that will help others to, in turn, help themselves.

Remember, please, that the greatest gift you can give others is knowledge or ability to help themselves. The Wayshower is one who shows others a way through their challenge, but the choice is always left to each individual as to whether or not they will walk a given path.

Please know that I DO hear the many petitions that come from your sincere desire to connect. Know, too, that I am as close as your very breath, and that in the stillness of your mind you can do hear me.

I shall not abandon any ones regardless of the choices and decisions they may make, but I do witness many ones who have deliberately ignored my call and who have turned away from the Lighted Assistance that is forever awaiting to be of service. To these ones I say that I am here for you as well, for it is not my place to judge what is appropriate or inappropriate for you. My Love is offered without conditions or expectation of reciprocation or understanding.

I am Esu “Jesus” Sananda, along with many a kindred soul who hail from within the Lighted Realms of the Creation and who find great joy in serving you, our brethren. In Light and Love to you who “hear” and “see” (as well as to those of you who seem to make a career out of ignoring us).

Blessings and Peace to you ALL! Salu! 

The net effect that we observe from our perspective is simply an attempt to distort the perceivable reality of the rest of the planet by getting everyone “worrying” about everything and anything EXCEPT what is truly important—self-determined exploration of one’s own spiritual heritage.



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If you wish to place an ad that does not conform with the above chart, or you have any questions, please feel free to call us for cheerful answers .

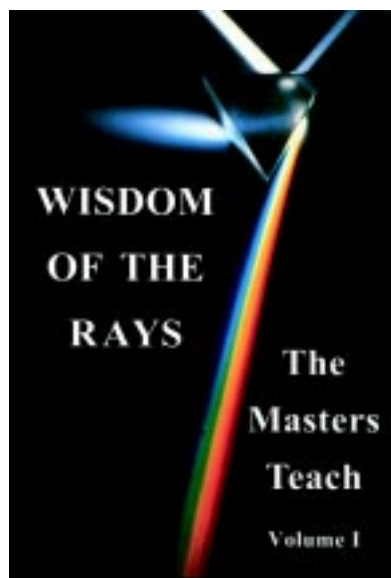
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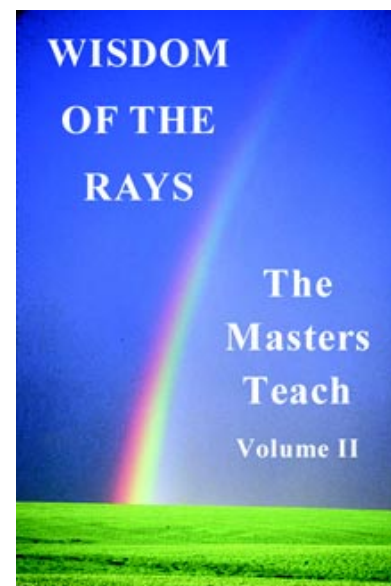


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(From the Back Cover of *WISDOM OF THE RAYS: The Masters Teach*, Volume 1)



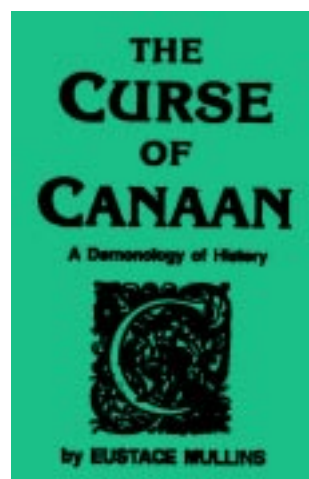
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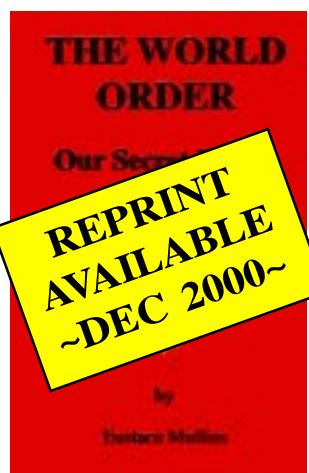
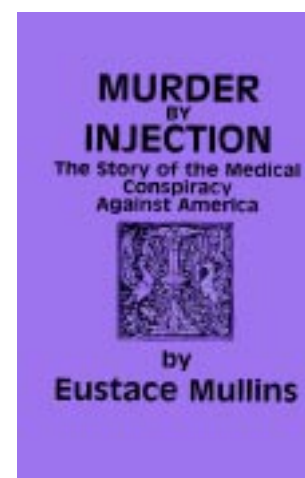
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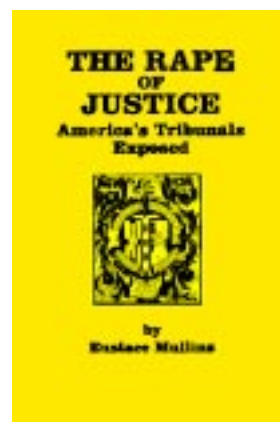
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The Indigo Children

The New Kids Have Arrived

by Lee Carroll & Jan Tober

(Featured interview in the March 2000 issue of *The SPECTRUM*.)

The “Indigo Child” is a boy or girl who displays a new and unusual set of psychological attributes, revealing a pattern of behavior generally undocumented before. This pattern has singularly unique factors that call for parents and teachers to change their treatment and upbringing of these kids to assist them in achieving balance and harmony in their lives, and to help them avoid frustration.

In this groundbreaking book, international authors and lecturers Lee Carroll and Jan Tober answer many of the often-puzzling questions surrounding Indigo Children, such as:

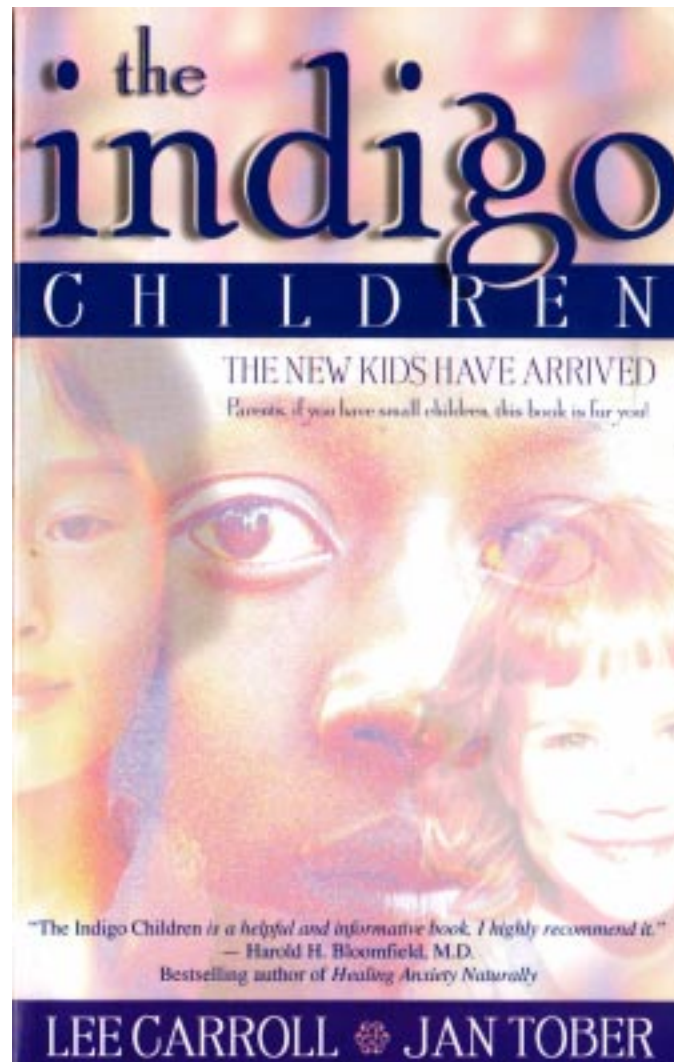
- Can we really be seeing human evolution in kids today?
- Are these kids smarter than we were at their age?
- How come a lot of our children today seem to be “system busters”?
- Why are so many of our brightest kids being diagnosed with Attention Deficit Disorder (ADD)?
- Are there proven, working alternatives to Ritalin?

Throughout this work, Carroll and Tober bring together some very fine minds (doctors, educators, psychologists, and more) who shed light on the Indigo Child phenomenon. These children are truly special, representing a great percentage of all the kids being born today on a worldwide basis. They come in “knowing” who they are—so they must be recognized, celebrated for their exceptional qualities, and guided with love and care.

This book is a must for the parents of unusually bright and active children!

Please visit the Indigo Child website at www.indigochild.com

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PROZAC: PANACEA OR PANDORA?

Ann Blake Tracy, Ph.D.

(Featured interview in the July 2000 issue of *The SPECTRUM*.)

This text contains critical life-saving information to educate patients, their physicians, families, and friends. Read about medical studies which demonstrate that:

- depression is determined biologically by elevated cortisol hormone in the blood, yet one single 30mg dose of Prozac clearly *doubles* cortisol levels (one of the fight or flight hormones). This should prove to be a perfect formula for producing rage, panic, and *severe* rebound depression.
- when the SSRIs (Prozac, Paxil, Zoloft, Lovan, Luvox) *raise* 5HT serotonin, they *lower* 5HIAA serotonin—the serotonin researchers originally hoped to *increase*.
- Prozac *multiplies many other medications by "10-fold or greater"* which greatly increases the danger of life-threatening toxic drug reactions and toxic drug interactions.
- SSRIs may initially increase concentration and energy through increased production of adrenalin hormones, but according to patients this method results in the same *long-term effects associated with steroid or amphetamine use—memory impairment, poor concentration, mental disability, etc.*
- disruption of serotonin alters perceptions; reality and dreams seem one in the same, and a hypersuggestible state is created—logical reasons for *large numbers of Prozac patients consistently reporting false memories of abuse.*
- when the SSRIs lower the critical 5HIAA serotonin, *compulsions can be induced* for sex, spending, shoplifting, sweets, diet soda, alcohol, tobacco, and other substances.
- *patients often report after-effects of withdrawal, severe rebound depression, memory loss, impaired concentration, sleep disorders, panic attacks, and chronic fatigue.*

TURNING THE '90s UPSIDE DOWN

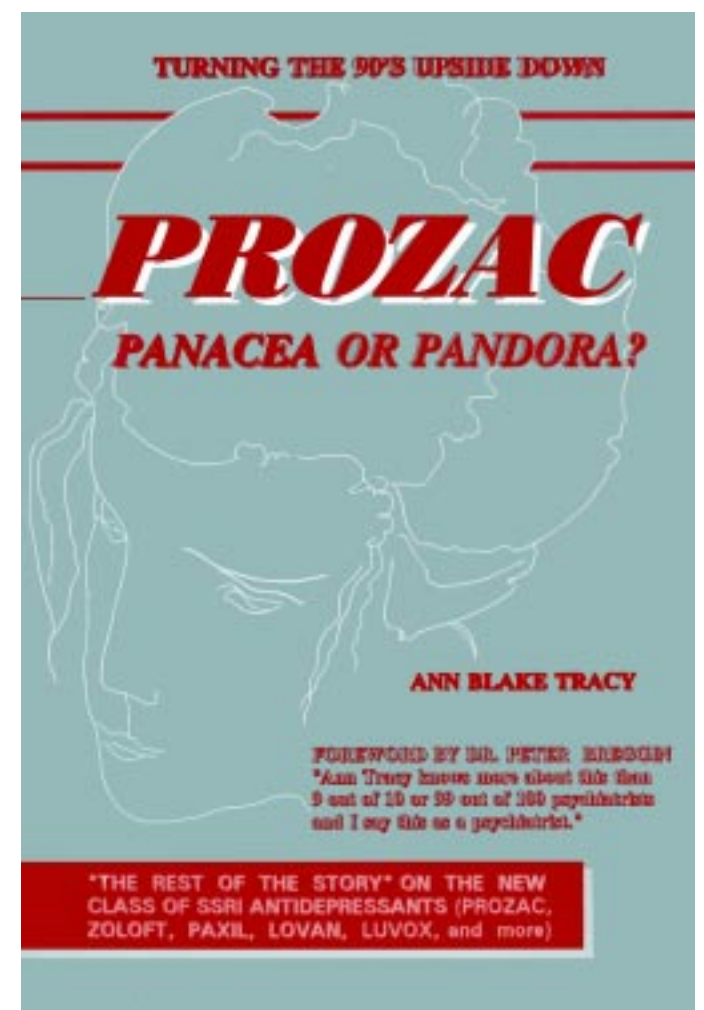
In 1956 Eli Lilly patented LSD, and in 1987 they gave us Prozac. Has Lilly turned the '90s upside down for us to relive the '60s with their latest miracle drug, Prozac? LSD, the most notorious of the psychedelic drugs, was first marketed by Sandoz in Europe with the suggestion that it be used to chemically induce insanity in "normal subjects" with the hope of discovering *how* mental illness is produced. Yet in December 1955, two months before Lilly obtained their patent on LSD here in America, *TIME* magazine featured the drug, declaring that LSD "*may actually help psychiatrists clear-up mental illness*". It was also promoted as a *cure for alcoholism* and as an "*aid in facilitating psychoanalysis*". Now, a generation later, many of these same marketing claims are being made for Prozac that were once made for LSD. Just how similar in action are these two drugs? How much evidence is there that those who feel they cannot live without Prozac are addicted or dependent upon it? As our latest panacea, it is being prescribed for everything from headaches and flu, to acne and home sickness. Yet, *according to FDA spokespersons, there have been more adverse reaction reports on Prozac than any other medical product.* We are being media blitzed to believe these new mind-altering chemicals have a large margin of safety, but will time prove otherwise or has it already? Considering the widespread use of these products, we have no time to lose in learning the answer.

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Help! I can't get off my antidepressants!

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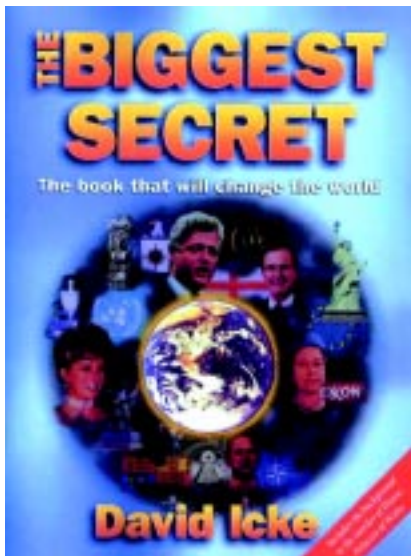
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presents **David Icke**

The Biggest Secret

by **David Icke**

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to the British Royal Family and, through enormous research and unique contacts, he reveals how and why Diana, Princess of Wales, was murdered in Paris in 1997. This includes information from a close confidant of Diana for nine years, which has never before been made public.

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Revelations of a Mother Goddess

—VIDEO—

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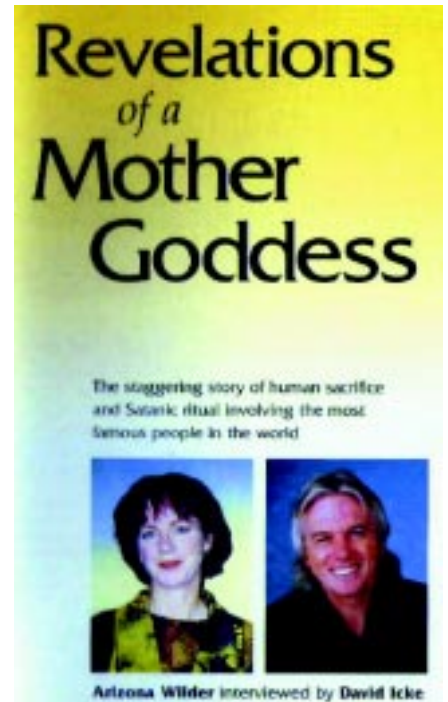
The staggering story of human sacrifice and satanic ritual, involving the most famous people in the world.

Arizona Wilder, formerly Jennifer Greene, was mind-programmed from birth to become one of the three most important female conductors of Satanic rituals on the planet. Her programmer was Josef Mengele, the notorious "Angel of Death" in the Nazi concentration camps. When he died in the late 1980s, her programming began to break down.

In this video interview with David Icke, she describes human sacrifice rituals at Glamis Castle and Balmoral, in which the Queen, the Queen Mother, and other members of the Royal Family sacrificed children in Satanic ceremonies.

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The Reptilian Agenda

Parts I & II

(Featured interview in the October 1999 issue of *The SPECTRUM*.)

David Icke has produced two amazing videos with the Zulu "sanusi" or shaman, Credo Mutwa, who reveals astonishing information which, until now, was only available to the highest initiates of the African shaman tradition.

He has had attempts on his life and endless threats in an effort to silence him right up to the recording, but, as Credo says, "The world must know this—and know it now."

He reveals how a shapeshifting reptilian race (the "Chitauli" to Africans) has controlled humanity for thousands of years and how their bloodlines are in the positions of royal, political, and economic power today.

Credo Mutwa supports all the themes outlined in *The Biggest Secret* and adds his own unique knowledge and experience of traveling Africa for nearly 80 years.

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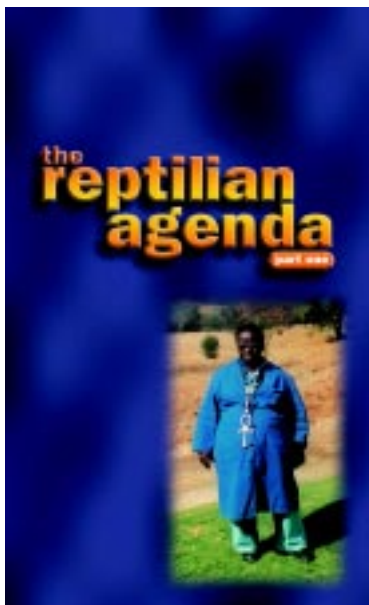
While people still argue over Roswell and the extraterrestrial beings apparently found there, African tribes-people have been interacting with these ET "gods" for thousands of years, sometimes eating them, as Credo Mutwa did on one occasion with unforgettable consequences.

Credo has not only seen dead "greys" many times, he has seen them examined behind their "grey" exterior and he knows exactly what they really look like—and it is nothing like we think!

"This is the most amazing man it has ever been my honor to meet—a genius—and the importance of these videos is simply beyond words". —David Icke

After making these videos, Credo was visited by two people from Cape Town who offered him 50,000 rand, and a house anywhere in South Africa he would like to name, if he would agree to never speak to David Icke again and never have anything to do with him. Credo's reply can be imagined!

2 Tape Set 3 1/2 hours each \$49.95 + S&H



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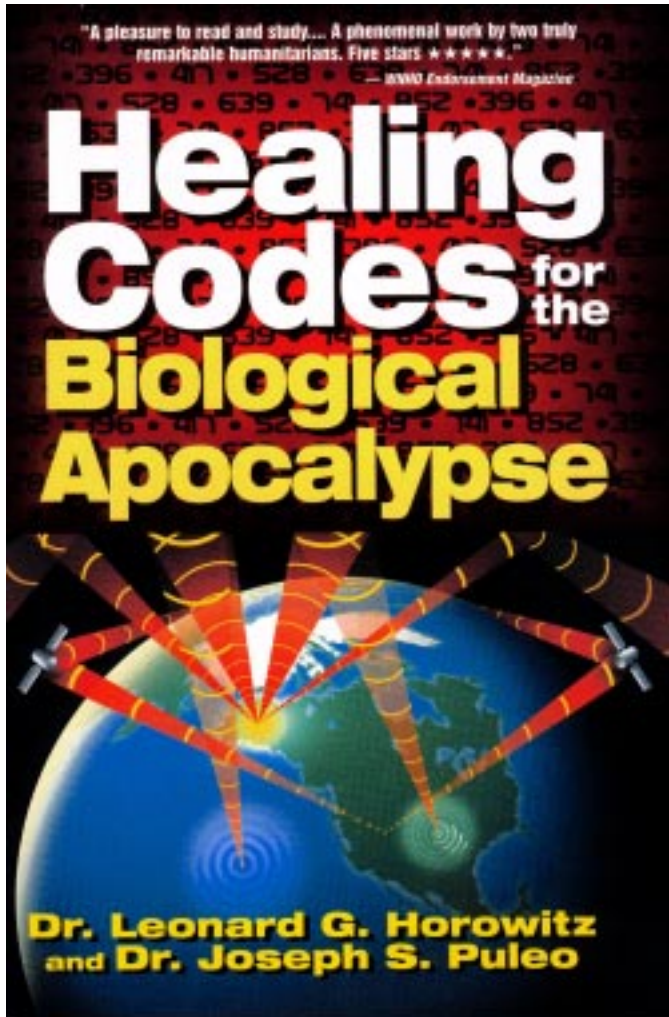
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Book Price [537 pages w/index]: \$26.95 + S&H

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(Please see page 7 for ordering information.)

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This is the first in-depth exploration into the origins of HIV and Ebola. Claims that these "emerging viruses" naturally evolved and then jumped species from ape to man seem grossly unfounded in light of the compelling evidence assembled in this extraordinary text. Alternatively, the possibility that these bizarre germs were laboratory creations, accidentally or intentionally transmitted via tainted hepatitis and smallpox vaccines in the U.S. and Africa—as numerous authorities have alleged—is investigated herein. This book reviews the numerous viral vaccine studies conducted simultaneously in New York City and Central West Africa by a narrow network of virologists working for major military-medical contractors under the auspices of the National Cancer Institute (NCI) and the World Health Organization (WHO). Included is Dr. Robert Gallo, the notorious discoverer of the AIDS virus. The text presents bizarre and horrifying facts about the biological weapons race of the 1960s and early 1970s when these researchers developed countless immune-system-ravaging viruses, and experimented with an assortment of antidote vaccines allegedly for "defense" and cancer prevention.

Book Price [594 pages w/index]: \$29.95 + S&H

Audio Price [3 hours] : \$19.95 + S&H

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